For the Farm Wife and Family



(Continued from page 9)

the most listless eater to help himself to second servings. The tasty sauce is just the right compliment for this inexpensive and wonderful tasting egg loaf.

EASY EGG LOAF WITH QUICK CREOLE SAUCE

Ingredients for Loaf:

- 1 egg, beaten
- 4 cups hot cooked white rice ½ cup chopped whole canned pimiento
- ½ cup grated sharp cheese 1½ cups grated American
- cheese ,4 hard-cooked eggs, coarsely diced
- teaspoon salt
- teaspoon pepper
- 1 tablespoon butter or mar-

garine

Ingredients for Creole Sauce: ·

- 1/4 cup butter or margarine (one-half stick)
- 1/2 cup chopped onion
- 12 cup chopped green pepper 2 tablespons flour
- ½ cup water
- #2 can tomatoes
- 1 teaspoon salt
- 1/8 teaspoon pepper

invited to join.

To prepare loaf. Mix together the beaten egg, rice, pimiento, cheese, hard cooked eggs, salt and pepper. Thoroughly grease a loaf pan $(9\frac{1}{4}$ " x $5\frac{1}{4}$ " x $2\frac{1}{4}$ "). Be careful to grease the bottom thoroughly Cut up the one tablespoon of butter or margarine and distribute it over the bottom of the loaf pan. Pack the rice mixture into the loaf pan Press in

the loaf pan. Place in a preheated 350 degree oven and bake for 45 minutes. Remove from the oven. Cut around the edges to loosen the loaf from the sides of the pan. Place the serving platter over the loaf pan. Invert pan and platter together Lift pan off the platter.

Method for preparing creole sauce: Melt the butter or margarine in a saucepan over a low heat. Add the onion and green pepper and cook, stirring occasionally, until the onion is tender. Place the flour in one corner of the saucepan Gradually blend the butter or margarine into the flour. Cook, stirring, several minutes Gradually add the water, stirring constantly. Gradually add the tomatoes Add the salt and pepper. Cook until thickened. If the tomatoes do not have very much juice, add additional water to make the sauce the desired degree of thickness.

Serve the sauce over and around the loaf or in a separate dish This recipe makes nine serv-

Egg fixed this way with gloriously browned bread crumbs, fluffirmly. It is important that the fig white rice, golden cheese and

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rice mixture be well packed into | tomato sauce are a certain suc-,

TOMATO SAUCE AND RICE

- 2 cups water
- 1 teaspoon salt
- 1 cup uncooked white rice 1 tablespoon grated onion
- ¼ cup water
- 1/4 teaspoon Tabasco Sauce 1 cup grated American cheese
- 5 to 6 eggs, depending on
- servings desired 4 teaspoon salt
- 1/8 teaspoon black pepper
- 1 8 ounce can tomato sauce
- 1/2 cup dry, not toasted, coarse bread crumbs
- 2 tablespoons butter or mar-

Cook rice as directed previously Stir onion, water and Tabasco sauce into rice. Spread over a greased glass baking dish about 12 inches by eight inches by two inches Sprinkle with half the cheese Make depressions in the rice mixture. Break an egg into each depression. Sprinkle eggs with the salt and pepper. Pour on the tomato sauce. Sprinkle with the bread crumbs, then with the cheese. Cut up the butter or margarine over the top.

Bake in a pre-heated 425 degree oven 15 to 18 minutes for soft eggs and about 20 minutes for firm eggs. Serve immediately. This recipe makes five to six sei vings.

(Continued on page eleven)

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