

For the Farm Wife and Family

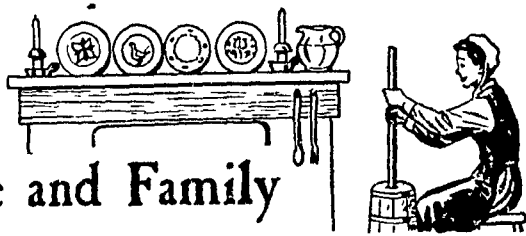
For Farm Women . . .

(Continued from page 9)

tion here's Macaroni Skillet Goulash. It doesn't use sauerkraut or sour cream, but it is a stew-like mixture, and it tastes wonderful.

MACARONI SKILLET GOULASH

- 3 tablespoons fat
 - 1 pound ground beef
 - 1 small colve garlic, minced
 - 1 1/4 cups tomato juice
 - 1 tablespoon Worcestershire sauce
 - 1 tablespoon vinegar
 - 2 teaspoons salt
 - 1 teaspoon dry mustard
 - 1 teaspoon paprika
 - 1/2 teaspoon pepper
 - 2 1/2 cups water
 - 4 ounces elbow spaghetti
- Melt fat in large heavy skillet.



Add beef and garlic and cook until browned, stirring occasionally. Combine tomato juice, Worcestershire sauce, vinegar, mustard, paprika, and pepper. When meat is browned, add tomato juice mixture and water. Bring to boiling cover and reduce heat. Simmer about 25 minutes, stirring occasionally. Add macaroni, cover and cook about 10 minutes longer. Makes four servings.

Always a popular combination, macaroni and cheese collaborate here in an egg-rich sauce. The mixture bakes in a ring mold, and turns out to be an attractive crown that can be filled with broccoli in cream sauce or any other colorful vegetable that your family is partial to.

MACARONI AND CHEESE CROWN

- 6 ounces elbow macaroni
 - 1 1/2 cups milk
 - 2 cups shredded sharp Cheddar cheese (one-half pound)
 - 2 eggs
 - 1/4 cup enriched flour
 - 1/2 teaspoon salt
 - 1/8 teaspoon pepper
- Broccoli in Cream Sauce

Cook macaroni. Meanwhile, scald milk. Add cheese and stir over low heat until cheese is melted. Beat eggs in large bowl. Blend in flour, salt and pepper. Add milk mixture to eggs gradually and stir until mixture is smooth. Rinse macaroni with warm water and drain well. Add macaroni to cheese mixture and mix well. Spoon into well-greased 1 1/4-quart ring mold. Set in large pan and fill with hot water to a depth of about 1 inch. Bake in slow oven (325 degrees) 45 to 50 minutes or until set. Remove from oven and let cool five to 10 minutes. Using spatula, loosen macaroni ring from sides of pan. Unmold, and fill center of mold with Broccoli in Cream Sauce.

BROCCOLI IN CREAM SAUCE

- 1/2 cup butter or margarine
- 1/2 cup shivered blanched almonds
- 1/4 cup enriched flour
- 1/2 teaspoon salt
- 1/8 teaspoon pepper
- 2 cups milk
- 10 ounce packages frozen broccoli pieces, cooked

Melt butter or margarine in saucepan. Add almonds and brown slightly, stirring occasionally. Stir in flour, salt and pepper. Add milk gradually, stirring constantly, and cook until thickened. Stir in cooked broccoli and turn into center of macaroni ring. Makes six servings.

One of our readers who lives all the way down in Orlando, Florida has sent us a recipe for

an applesauce cake which we're sure you'll want to try.

APPLESAUCE CAKE

Mrs. Miles Risser, 5231 Adamson St., Orlando Fla.

- 1 quart applesauce
 - 1 box raisins
 - 1 cup sugar (brown is best)
 - 1 cup lard
 - 4 or 5 cups flour
 - 3 teaspoons cinnamon
 - 1 teaspoon nutmeg
 - 1 teaspoon allspice
 - 1 teaspoon cloves
 - 2 teaspoons baking soda in one-half cup of cold water (add last of all)
- Bake in long pan at 300 degrees. Walnuts may be added. Will keep a whole week without getting hard.

CRANBERRY MOLD

- 1 cup ground raw cranberries
 - 1 cup ground unpared apple
 - 1 cup sugar
 - 1 package lemon-flavored gelatin
 - 1 cup hot water
 - 1 cup pineapple syrup
 - 1/2 cup seeded Tokay grape halves
 - 1/4 cup broken California walnuts
 - 6 pineapple slices
- Combine cranberries, apple, and sugar. Dissolve gelatin in hot water; add syrup, chill till partially set. Add cranberry-apple mixture, grapes, and nuts. Pour into individual molds, chill till firm. Unmold on pineapple slices on crisp lettuce. Pass mayonnaise. Makes six servings.

REQUEST

One of our readers would like a recipe for a soft Spice Cookie. We're sure some of you ladies have a recipe for these cookies that you especially like so won't you help our reader out?

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