



HOME ECONOMISTS at the USDA have combined potato strips and cheese with milk to make a stasty nutritious oven dish. Ingredients for this dish include: 3 or 4 medium sized potatoes cut in strips, 1-2 cup milk, 1 tablespoon butter or margarine, 1 teaspoon salt, pepper, 1-2 cup thinly shaved processed cheese and 1 tablespoon finell cut parsley. Pare the potatoes and cut into strips as for french fries. Place the strips into a greased baking dish and pour the milk over them. Dot with butter and sprinkle with salt and pepper. Cover and bake in a hot oven (425 degrees) for 40 minutes, or until the potatoes are tender. Sprinkle with cheese and parsley and bake, covered, for 5 minutes more. This makes 4 servings, 2-3 cup each. (USDA Photograph)

(Continued from page 8)

is almost tender.

Prepare the vegetables; cut carrots and turnips in halves and cabbage in quarters. Boil whole beets separately until tender 30 to 45 minutes.

One-half hour before serving, skim excess fat off liquid and add the prepared vegetables except cabbage and beets. Add cabbage for last 15 minutes of cooking.

HEAR

The Mennonite Hour
Each Sunday

Lancaster WLAN 12:30 P. M.
Norristown WNAR 8:00 A. M.
Hanover WHVR 1:00 P. M.

Place the hot meat in the center of a large platter and surround it with vegetables including quartered and buttered beets. Four servings.

MASHED POTATO-MEAT PIE

Put hot meat stew in a baking dish. Top with hot or cold mashed potatoes. If cold mashed potatoes are used, moisten potatoes first with hot milk and beat until fluffy. Bake uncovered in a hot oven (400 degrees) until potatoes are lightly browned and heated through.

CLAM CASSEROLE

2 cups milk
2 cups crumbled unsalted

crackers (24 large or 32 small)

2 7 or 7½-ounce can minced clams

4 eggs, well beaten

¼ cup minced onion

1 tablespoon minced pimiento

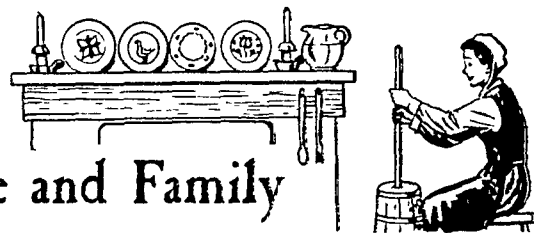
1 teaspoon salt

¼ teaspoon pepper

Pour milk over crackers; let stand 20 minutes. Add other ingredients including clam juice and pour into a greased 2-quart casserole. Bake in a moderate oven about 45 minutes or until a knife inserted halfway between edge and center of dish comes out clean or with only a fleck of the mixture on it.

This casserole combines meat and vegetables —

For the Farm Wife and Family



HAMBURGER CASSEROLE WITH DROP BISCUITS

1 pound ground beef
1 small onion, chopped
2 tablespoons lard or drippings
1 teaspoon salt
¼ teaspoon pepper
1 (11-ounce) can condensed tomato soup
1 package frozen or 2½ cups green beans, cooked and drained or one No. 2 can green beans
Drop biscuit batter

Brown meat and onion in lard or drippings. Season. Add condensed tomato soup and green beans. Pour into an oiled casserole or square pan 8½ x 8½ x 2". Drop biscuit batter by tablespoons on top of meat mixture. Bake in a hot oven (45 degrees) from 12 to 15 minutes or until

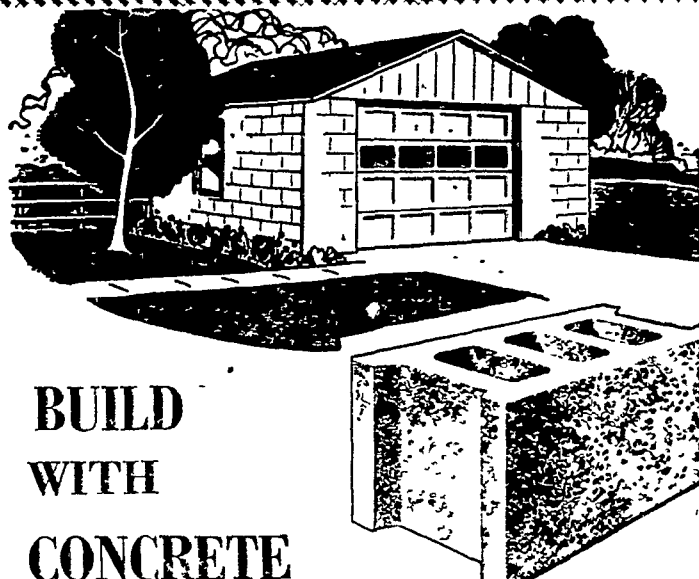
biscuits are browned. Serves four to six

There is nothing more delicious than baked corn or cornpudding. This recipe combines corn with noodles.

CONFETTI CORN PUDDING

4 ounces medium noodles
2 cups milk
1 teaspoon sugar
1 teaspoon salt
¼ teaspoon pepper
1-3 cups drained cooked whole kernel corn
2 tablespoons chopped green pepper
2 tablespoons chopped pimiento

2 eggs, beaten
Cook noodles. Meanwhile, scald milk. Stir in sugar, salt and pepper. Cool to lukewarm. Combine (Continued on page ten)



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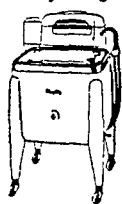
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