

THE USE OF APPLIQUE makes this friendship quite both noval and beautiful Bright, bold colors are usually best for

this design, although pastels and prints can be combined for a pleasing effect. (Copyright: Weekly Star Farmer)

For Farm Women \dots

(Continued from page 8) BEAN PATTIES

2 cups baked beans · 1 egg, beaten Fine dry bread crumbs Bacon drippings or other fat

for browning Mash beans; mix with egg Shape into patties (8 small or 4 large) and roll in crumbs Brown on both sides in a little hot fat.

Lima beans are teamed up with sausage in this recipe for LIMA BEAN AND SAUSAGE

CASSEROLE One cup large dry lima beans Two and one-half cups water One teaspoon salt Three medium-sized carrots,

sliced One-half pound sausage

Two tablespoons chopped onion Soak beans in water. Add salt and boil gently for 30 minutes Add carrots the last 5 minutes. Do not drain.

If bulk sausage is used blend onion with it, shape into small patties, and brown in fry pan. If link sausage is used, cut in 1/2 inch slices and brown with the onion. Add the cooked sausage and two tablespoons of the drippings to the beans Bake at 350 degrees in a covered casserole until beans are tender, about hour. It necessary, add extra water durıng bakıng. Makes 4 servings.

BEAN AND MEAT STEW

Three-fourths cup dry beans Two cups water One-fourth cup finely chopped

salt pork One half cup chopped onion

One-half pound ground lean

Two cups cooked or canned ternatoes

Salt and pepper

Soak beans in the water and boil gently until almost done Meanwhile, fry salt pork crisp in a large fry pan and remove Brown onion lightly in the pork fat, add meat, and cook about 5 minutes Add pork Add tomatoes and beans, you may need to add more water Season with salt and pepper to taste Makes 4 servings

BEANS WITH FRIZZLED BEEF One-fourth cup butter or mar-

Two ounces dried beef, torn in-

to medium sized pieces (34 cup loosely packed) Two tablespoons flour

One and one half cups milk Two cups cooked dry beans One teaspoon Worchestershire

Pepper

Melt fat over low heat, add beef and cook until edges curl Add flour and stir until it is well! blended with the fat. Pour in the milk slowly, stirring constantly. Cook until smooth and thickened,

surring constantly Add beans tasty, nourishing soups. Ham if needed Heat thoroughly 4

Dry beans, neas, or lentils make

and season with pepper, add salt | bones usually provide the flavorful broth used as a base for these soups SPLT PEA OR LENTIL SOUP

One cup dry split peas or lentils

For the





Six cups boiling water Ham bone

One small onion, chopped Salt and pepper

Add peas or lentils to the water with ham bone and onion Boil gently about 2 hours - until of consistency desired for soup Remove the ham bone If lentils are used, press soup through a coarse sieve to remove skins Chop meat from bone and return it to the soup. Season and reheat Makes 4 servings.

If there is little or no meat the bone, garnish bowls of soup with thin slices of frankfurters or bologna, or add one-half cup ground peanuts before reheating the soup

BEAN CHOWDER

Three-fourth cup dry beans Three cups wate

red tomatoes

One and one-half teaspoons salt Three-fourth cup diced potato One small onion, chooped Three fourth cup cooked or can-

One and onehalf teaspoons flour One to two tablespoons butter, nangarine, or drippings

One and one-half cups milk Soak beans in the water, add tomologist.

salt, and cook until almost done. Aud potato and onion, cook 30 minutes With the longer-cooking beans you may need to add more

Mix fldur with a little of the lomato and add to the beans with rest of tomato the green pepper, and fat Cook 10 minutes, stirring occasionally to prevent sticking Stil in the milk and reheat quickly 4 servings.

Dry beans also go well in salads

BEAN-PEANUT SALAD Two cups cold cooked dry beans One cup salted peanuts One teaspoon grated onion One-half cup coarsely chopped

celery Thick dressing to moisten Salt and pepper

Mix all ingredients together lightly Chill Serve on salad greens 4 servings.

Chlordane Poisons -- Chlordane poisns ants. It's also poisonous to people, so keep it away from children, food, dishes, and cooking utensils, cautions J O. Pepper, Penn State extension en-

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