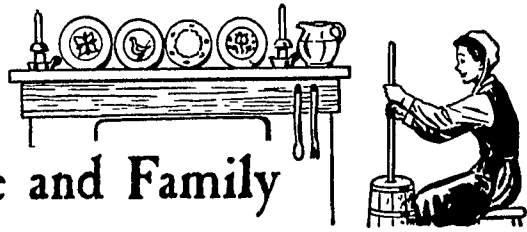


For the Farm Wife and Family



There's Nothing Much Better These Days Than a Cool Drink

Today we have a few recipes for some refreshing drinks to cool you off on these hot summer days. Make fruit drinks often for your family, not only for the cooling effect they have, but also for the vitamins they contain.

TANGY LEMONADE PUNCH
1 can frozen lemonade concentrate
3 1/4 cups cold water
2 cups orange juice
1 cup canned whole-fruit apricot nectar
1 cup ginger ale
Thoroughly mix lemonade concentrate with next three ingredients. Chill thoroughly. Just before serving, add ginger ale. Pour into

eight tall ice-filled glasses. If desired, garnish with mint leaves and fresh or thawed frozen sliced strawberries or raspberries.

ORANGE-BERRY PUNCH
1/4 cup granulated sugar
1/4 cup water
1 6-ounce can frozen orange-juice concentrate
2 cups cranberry juice cocktail
2 tablespoons fresh, frozen, or canned lemon juice
1 cup sparkling water
In saucepan, combine sugar, water, bring to boil, stirring until sugar dissolves, cool. Add orange juice and remaining ingredients. Mix well, pour into six tall ice-filled glasses.

PASTURES

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glasses. If desired, garnish with bit of fruit or mint leaves.

MINT-ORANGEADE COOLER

1 cup orange juice
1/2 cup granulated sugar
12 snipped mint sprigs
1 cup orange juice
1/4 cup lime juice
1 1/2 cups sparkling water
Bring one cup orange juice to boil. Add to sugar and mint, cool, strain. Add one cup orange juice and lime juice. Just before serving, add sparkling water. Pour into four ice-filled glasses with frosty rims.

FROSTY RIMS — For a "frost" on the rims of your tall glasses, dip edge of each glass lightly first into lemon juice, then into granulated sugar, chill a while.

ORANGE DELIGHT

Fill tall glasses with crushed ice or ice cubes, to each add heaping teaspoonful of slightly thawed frozen orange- or pineapple-juice concentrates. Then fill to top with ginger ale, sparkling water, or lemonade mix with spoon. If desired top with bits of fresh fruit or mint.

GRAPE ZIP

Among four tall ice-filled glasses divide two cups grape juice mixed with three tablespoons honey or lemon juice and one teaspoon confectioner's sugar. Fill with sparkling water or ginger ale.

GOLDEN SPECIAL

1 1/2 cups nutmeg
1 1/2 cups cinnamon
1 1/2 cups orange juice
1 1/2 cups pineapple juice
1 1/2 cups grape juice
1 1/2 cups sparkling water

Combine all ingredients in a pitcher. Stir thoroughly. Chill in refrigerator. Pour into tall glasses.

LEMONADE AT ITS BEST
Combine two cups fresh lemon juice, four teaspoons grated lemon rind, one and one-half cups granulated sugar. Pour into glass jar, cover. Keep on hand in refrigerator. At serving time, allow one-fourth cup syrup for each glass. Fill with ice cubes and water. Makes two and two-thirds cups syrup.

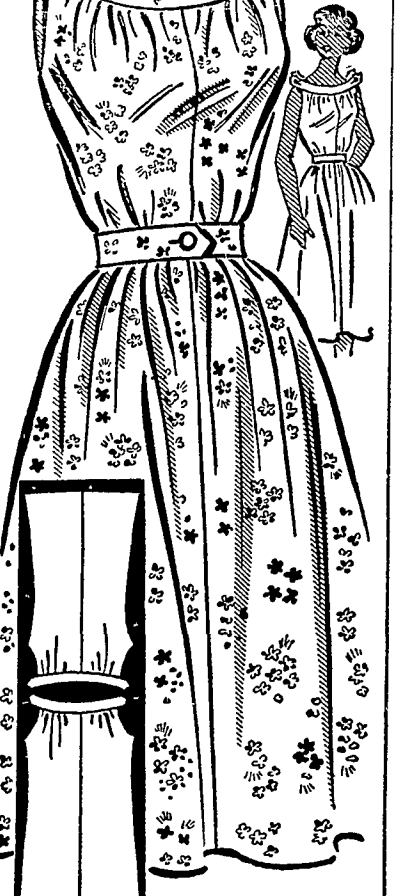
JIFFY LEMONADE — Just open can of frozen or canned lemonade concentrate, add water and ice and enjoy a pitcherful of luscious lemonade in no time at all.

THREE FRUIT TEA PUNCH
3 cups strong tea
1 cup fresh, frozen or canned lemon juice
2 cups orange juice
2 1/2 cups pineapple juice
1 cup granulated sugar
1 1/2 cups chilled grape juice
Block of ice
Orange slices
Combine tea and fruit juices. Add sugar. Chill in refrigerator. Garnish with orange slices and grape juice. Makes six tall glasses.

TO TALLY PUNCH
3 cups strong tea
2 cups fresh, frozen or canned lemon juice
2 cups orange juice
2 1/2 cups pineapple juice
1 cup granulated sugar
1 1/2 cups chilled grape juice
Block of ice
Orange slices
Combine tea and fruit juices. Add sugar. Chill in refrigerator. Garnish with orange slices and grape juice. Makes six tall glasses.

PEACH PUNCH
Combine two parts chilled pineapple juice with one part chilled grape juice. Then that punch delicate pink with maraschino cherry.

Printed Pattern



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juice. To serve, pour into tall glasses.

FRUIT-PUNCH MEDLEY

1 6-ounce can frozen orange-juice concentrate
3 cups pineapple juice
2 cups water
1/2 cup granulated sugar
1/2 cup fresh, frozen, or canned lemon juice
1 1/2 cups ginger ale
Combine ingredients except ginger-ale, stir to dissolve sugar. Add ginger ale. Pour into eight tall ice-filled glasses.

LEMONADE AT ITS BEST
Combine two cups fresh lemon juice, four teaspoons grated lemon rind, one and one-half cups granulated sugar. Pour into glass jar, cover. Keep on hand in refrigerator. At serving time, allow one-fourth cup syrup for each glass. Fill with ice cubes and water. Makes two and two-thirds cups syrup.

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2 cups orange juice
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1 cup granulated sugar
1 1/2 cups chilled grape juice
Block of ice
Orange slices
Combine tea and fruit juices. Add sugar. Chill in refrigerator. Garnish with orange slices and grape juice. Makes six tall glasses.

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Block of ice
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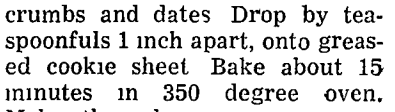
PEACH PUNCH
Combine two parts chilled pineapple juice with one part chilled grape juice. Then that punch delicate pink with maraschino cherry.

4 cups orange juice
1 1/2 quarts grape juice
2 cups granulated sugar
2 quarts cold water
1 quart chilled ginger ale
Block of ice
Combine tea, juices, sugar, water; chill. Just before serving, add ginger ale. Pour over ice in punch bowl. Makes 60 punch-cup servings.

Nothing goes better with a cool drink than a cookie, so why not try some of these.

PEANUT BUTTER QUICKIES
1 can sweetened condensed milk
1/2 cup peanut butter
2 cups fine graham-cracker crumbs
1/2 cup chopped, pitted dates
Heat oven. Mix milk and peanut butter until smooth. Mix in crumbs and dates. Drop by teaspoonfuls 1 inch apart, onto greased cookie sheet. Bake about 15 minutes in 350 degree oven. Makes three dozen.

APPLESAUCE COOKIES
1 3/4 cups sifted cake flour
(Continued on page 9)



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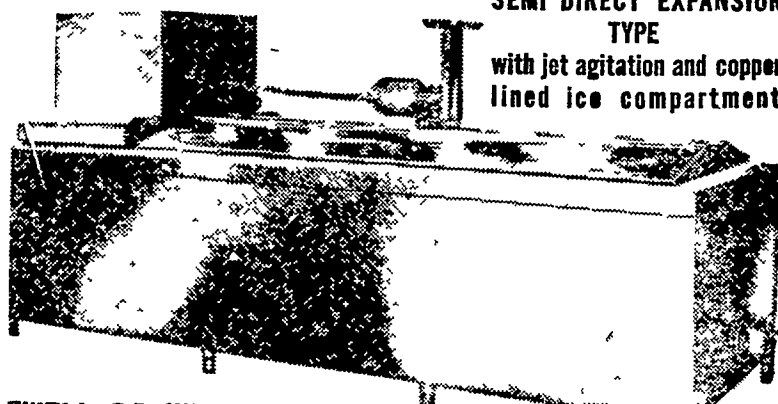
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