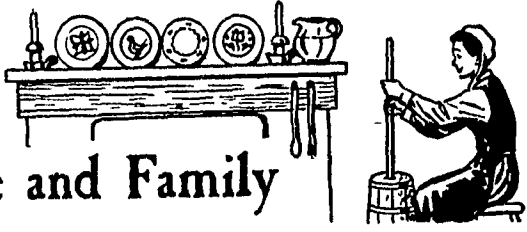


## For the Farm Wife and Family



### Fresh Strawberries Have Multitude Of Uses in Cooking and Canning

With the welcome strawberry season upon us, it is time to think about all the ways this delicious fruit can be used. Fresh or frozen strawberries make a pretty garnish on fruit cups, custards, fresh pineapple, or on fruit salads. Also use them in gelatin salads along with other fruits. Brighten your breakfast with this frozen fruit. They furnish you with the Vitamin C you need. Spoon them in grapefruit, on cereals, waffles, or even pancakes. Strawberries are always a favorite in desserts, especially the old-time favorites. Try them in pie, either baked or chiffon. Use them in shortcakes, or as a topping on meringue, sponge or angel cake along with whipped cream. Don't forget strawberry sundaes and parfais. And, teenagers especially may like to try a strawberry milkshake.

Strawberry Shortcake is one of the most popular of the strawberry desserts. Rounds of crisp piecrust or wedges of a one-egg cake may provide the foundation for heaping servings of this delicious fruit. But for many, a

rich biscuit dough makes the perfect "short" cake. Here is a recipe for

**STRAWBERRY SHORTCAKE**  
 2 cups flour  
 3 teaspoon baking powder  
 1/4 cup sugar  
 1/2 teaspoon salt  
 1/3 cup shortening  
 2/3 cup milk  
 Softened butter  
 Strawberries

Mix and sift dry ingredients. Cut fat into mixture until the size of a pea. Make a well in the mixture and add milk gradually to make a soft dough. Toss on floured board and knead gently. Pat or roll to 1/4-inch thickness.

Place half the dough in a greased pan and spread surface with melted butter. Top with remainder of dough. Bake at 450 degree for 20 minutes.

Remove shortcake to large plate and separate the layers with a fork. Place crushed, sweetened berries on the lower layer, replace second layer and again cover with cut-up sweetened berries. Serve with plain or



A VIENNA CHICKEN LOAF, a party sandwich popular with the teenage set is being made here by Miss Bonnie Bare, Witmer, (left) and Miss Ginnie Glass, R5 Lancaster, at the Farm and Home Day at

Camp Hill Tuesday. On Wednesday they were relieved in their demonstration duties by Miss Phoebe Griffith, Ephrata, and Miss Elaine Gockley, Ephrata, who demonstrated how to hem a dress. (LF Photo)

whipped cream

Mrs. Harold Grube answers some requests in her letter.

I enjoy reading your paper very much. I tried several of the recipes and liked them very much. In last week's paper I read those two questions that Mrs. Witmer asked about so I thought I would give her my answer.

No. 1—use one or two day old eggs and add a lot of salt when you cook them. Then let them set in cold water about an hour

before removing the shells.

No. 2—This is my recipe for meringue. Use two tablespoons sugar per egg white, a dash each of salt and cream of tartar (add sugar gradually). Last of all add two tablespoon marshmallow.

Mrs. Shissler of R3 Elizabethtown requested a Walnut Cake recipe—

**WALNUT CAKE**

Mrs. Harold Grube

2 cups sugar  
 1/2 cup lard

1 teaspoon vanilla  
 Dash of salt  
 1 cup milk  
 3 cups flour

(Continued on page 9)

**HEAR**

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 Each Sunday

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 Norristown WNAR 8:00 A. M.  
 Hanover WHVR 1:00 P. M.

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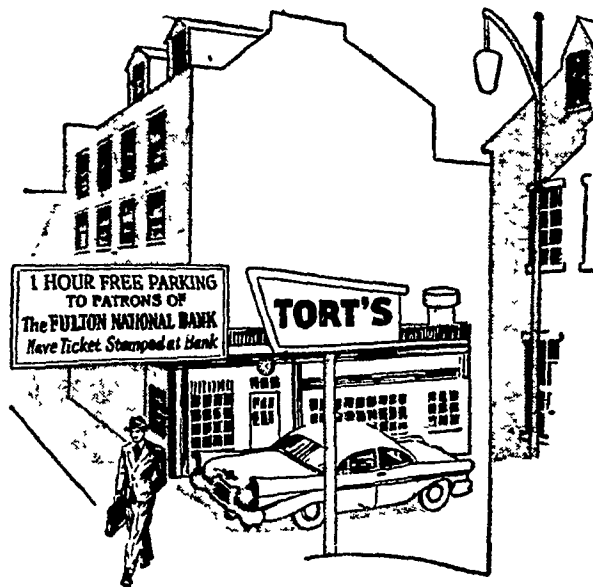
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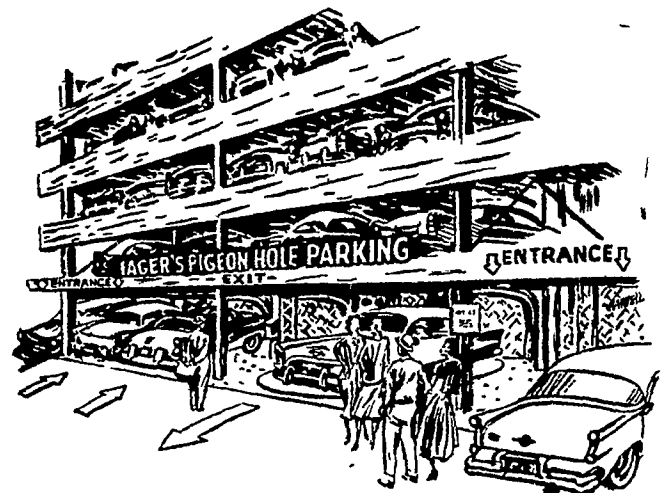
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