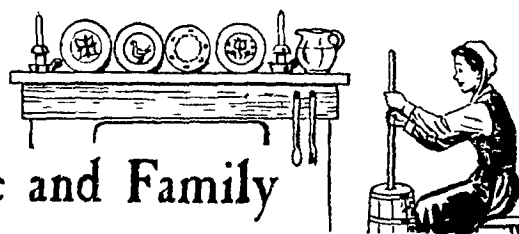




ONE OF THESE SIX young farmer's daughters will be elected as Lancaster County's candidate for Miss Milkmaid. Judging will be held at 7:30 p. m. May 3 at the East Lampeter High School. The girls are (L. to R.), front row: June Long, 16, Peach

Bottom; Barbara Hoffmeier, 17, R1 Holtwood. Back row: Ramona R. Groff, 18, R4 Lititz; Marion Wolf, 17, R2 Denver; and Thelma E. Welk, 17, R2 Holtwood. (LF Photo)

For the Farm Wife and Family



(Continued from page eight)

- 2 teaspoons onion salt
- 1 teaspoon Worcestershire sauce
- ¼ cup fine bread crumbs
- 4 slices bacon

Combine and mix well lamb, egg, onion salt, Worcestershire sauce, and bread crumbs. Form into four patties Place a slice of bacon around each patty and fasten with a toothpick Place patties on rack in broiler pan 3 inches from heat source. Broil 4 minutes on each side Serve hot.

REQUEST

Does anyone have a recipe for Potato filling We have a request for one so let's hear from you

If you have a plentiful supply of beef in your freezer these days,

why not prepare some of your round steaks as Swiss steaks It seems to go farther that way. Pounding flour into the steak and long slow cooking combine to make even tough cuts tender

SWISS STEAK

- 2 pounds round steak, cut 1 to 2 inches thick
- ½ cup flour
- 2 teaspoons salt
- ¼ teaspoon pepper
- 1 tablespoon fat
- 2 cups tomatoes
- 1 cup chopped celery
- 1 medium onion sliced

Pound the flour and seasonings into both sides of the meat with the edge of a heavy plate or mallet. Brown in hot fat in a heavy skillet Add tomatoes, cover and cook slowly 350, degrees, for 1½

(Continued on page ten)

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