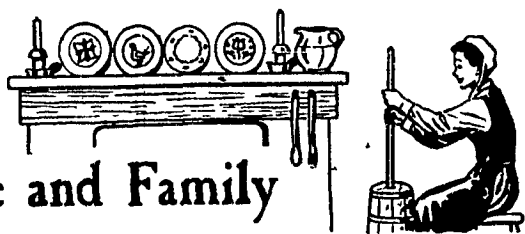


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(Continued from page 9)

SOME FACTS ABOUT CABBAGE

The greener the vegetable the more vitamin A it has so search out the greenest head of cabbage you can find. This vegetable is also valuable for Vitamin C, and is in a class with citrus fruits and tomatoes when eaten raw.

If it is to be cooked, the secret is to boil the shredded leaves quickly for about 5 minutes. Then drain well, season, and serve with butter, cream and shredded cheese, or a cheese sauce.

For crispness, which is of first importance in a salad, store the dampened head of cabbage in a plastic bag in the refrigerator, or place it in ice water for 15 minutes. Shred just before serving and for variety combine with tomatoes, onions, and green peppers; diced pineapple; apples and carrots; raisins and nuts, or chopped onion, pimento and chopped peanuts.

Farm Women's Society News
Farm Women 9 Hold Food Sale Netting \$66.56

A food sale held Saturday in the Conestoga Fire Hall netted Farm Women Society 9 \$66.56.

At the Societies last meeting, a contribution was voted to the American Cancer Society drive. The women also passed a resolution favoring the establishment of a state park at Fishing Creek.

Roll call was answered by telling "Now is the time to . . ." Mrs. Marguerite Kreider read the Scripture for the meeting which was attended by 17 members and one visitor.

The April meeting of the Society will be held April 12 instead of April 19 as originally scheduled. The hostess will be Mrs. Margaret Hagen as co-hostess.

Mrs. H. S. Keifer, R3 Ephrata sends us a recipe for a Walnut Custard which she says is especially liked during the holidays I suppose we can say the holidays are about over but I believe this pie would taste good 'most any time.

WALNUT CUSTARD

Mrs. H. S. Keifer, R3 Ephrata
2 well-beaten eggs
Add:
3 tablespoons flour
1 cup sugar
½ cup molasses
1 cup water
½ cup ground walnut meats
Mix well and bake. Will make one large pie.

HOT EGG-SALAD BUNS

10 hard-cooked eggs
¼ cup butter or margarine
½ cup mayonnaise
½ teaspoon chili powder
1 teaspoon garlic salt
¾ cup minced celery
12 frankfurter rolls
Paprika
In large bowl, chop hot eggs; add butter, toss to combine. Add mayonnaise, chili powder, garlic salt, minced celery; stir to blend. Hollow out top of frankfurter rolls. Pile egg salad in each. Sprinkle paprika on top.

Wrap each in foil. Refrigerate. About 20 minutes before serving: Start heating oven to 400 degrees. Bake rolls 8 to 10 minutes or until hot. Makes 12.

Mrs. Earl Rettew, R3 Manheim sends us a recipe for a "Chocolate Cake for 13 kids". If you don't have 13 "kids" of your own I'm sure it won't be hard to find some to eat this cake.

CHOCOLATE CAKE—for 13 kids

Mrs. Earl Rettew, R3 Manheim
Sift, then measure.
3 cups flour
Sift again with:
2/3 cup cocoa
1 teaspoon baking soda
1 ¼ teaspoons baking powder
1 teaspoon salt
Work with a spoon until soft.
½ cup shortening
Add gradually:
2 cups sugar
Beat until light and fluffy.
Add:
2 eggs well-beaten
Blend well;
Add sifted flour mixture with two cups sour milk or buttermilk or water.

UNION PIE

Mrs. Rebecca King, R1 Gordonville
Three eggs, beat whites last
One cup sugar
One cup dark Karo or any dark molasses
One cup sour cream
One cup sweet milk
Three tablespoons flour
One level teaspoon soda
One teaspoon cinnamon
Mix egg yolks, sugar, molasses, flour, and cinnamon. Then add cream and milk. Put soda in cream.

MOLASSES COCONUT PIE

Mrs. S. Wayne Grube, R1 Lititz
½ cup sugar
2 tablespoons flour
2 eggs

Farm Women 14 Hold Dinner For Husbands

Husbands and friends of the members of Farm Women Society 14 were entertained at a dinner at 6:30 p. m. March 13, at the Garden Spot Restaurant, Strasburg.

The Rev. Clarence Lefever showed pictures of the Holy Land at J. Clarence Groff's Greenhouse following the meeting.

The next meeting of the society will be at 1:30 p. m. April 10, at the home of Mrs. F. Edwin Rohrer, R1 Paradise. Co-hostesses will be Mrs. John Breneman and Mrs. Henry Rohrer.

1 cup molasses
1 cup water
1 cup coconut

This same recipe can be used for Walnut pie, using one-half cup walnuts instead of coconut. Put in unbaked pie shell.

WALNUT PIES

One and three-fourths cups greens
Bake rolls 15 minutes or granulated sugar
One and three-fourths cups molasses
Four egg yolks
One cup walnuts or coconut
One cup flour
Four cups sweet milk
One-half teaspoon soda
Beat whites of eggs and put in last.

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