

For Farm Women

(Continued from page 10)

- Mix Together
- 1/2 cup hot water which raisins were cooked in
- 1 teaspoon soda in the hot water
- 1/2 cup milk
- 3 cups flour
- 1 pound raisins
- Add 3 egg whites last
- Makes 25 cakes. Bake in oven at 400 degrees.

We'll be looking for letters and recipes from some more of our friends next week.

Farm Women's Society News

Farm Women 20, 19 Treat County Home Guests

Farm Society 20 visited the Lancaster County Home on Wednesday with Farm Society 19. The societies served ice cream and pretzels to the guests.

Society 20 also planned a St. Patrick's Day party to be held tomorrow night at the home of Mr and Mrs. Thomas Ferguson, Kirkwood RD. at their meeting last Thursday in the home of Mrs William Herr, Quarryville

RD. Also at the meeting members voted to make a donation to Heart Haven. Mrs. Park Reinhart, president, presided. Roll call was answered by exchanging covered dishes.

Miss Nancy E. Bower, assistant extension home economist, spoke on "Color in the Home" and illustrated her talk with swatches of material and photographs to show how the home would look if furnished as she had suggested.

It was reported that the society is presently conducting a drive to increase membership. The next meeting will be held at 2 p. m Thursday, April 4, in the home of Mrs. John Ferguson, Unionville, Chester County. Assistant hostess will be Mrs Reinhart, her sister.

Society 1 Hears Mrs. Mary Hess

Mrs. Mary Hess, a retired missionary, who served 36 years in Africa, was the guest speaker at a meeting of Society 1 March 2 at the home of Mrs Abram Bollinger, R4 Lititz.

Contributions of food were brought for the Crispus Attucks Center. An invitation from Society 10 was read inviting the ladies to accompany them to the Flower Show in Philadelphia, March 27.

A contribution of \$5 was voted for the Health Fair at the Y. M. C. A Mrs Howard Wolf gave a report of the executive board meeting, and a food sale at the Snyder farm on March 20 was announced.

Mrs. C. H. Nissley distributed material for cancer dressings to be made by the members

Mrs. Roy Bollinger was co-hostess, and Mrs. Wolf presided. Miss Patty Bollinger had charge of the devotions and entertained with piano selections.

The next meeting will be held April 6 at the home of Mrs. Clayton Sangrey. Harting's bakery will demonstrate cake decorating.

Farm Women 2 Plan Spelling Bee

Farm Women 2 plan to hold an old fashioned Spelling Bee at 7-15 p. m. next Friday, March 22, in the Penryn Fire Hall. There will be four classes and three prizes given to each class.

Entertainment will be furnished by the Holstein No. 4 Quartet from Lampeter. Mrs. John Roth, Florin, will give a monologue. Farm Women 2 will also present a play. There will be refreshments and a sale will be conducted at the end of the program.

Admission will be free, but donations will be accepted at the door.

The Society met Saturday in the home of Mrs. Alvin Graybill, R4 Manheim. Mrs. John O. Snavely, president, presided.

Society 22 to Serve At Crispus Attucks

Farm Women 22 met March 12 at the home of Mrs. Clarence Rohrer, Smoketown.

The women will serve at the Crispus Attucks Center in Lancaster, April 4. On April 10, the group will entertain at the County Home.

Also planned is a mother-daughter banquet May 8 at Miller's Restaurant.

The next meeting of the Society will be held at 1:30 p. m. April 9, at the home of Nancy Bare.

Farm Women 10 Guests Of Society 13 Saturday

Farm Women 13 entertained members of Farm Women 10 at a meeting Saturday in the Farm Bureau building, Dillerville Rd

Mrs. Chester Buzzard, Lancaster, spoke on "The Parable of the African Violet," and displayed a number of her violet plants. Marimba selections were played by Mrs. Chester Christ.

Planning Spring House Cleaning Adds Speed and Reduces Work

Warm days bring thoughts of spring housecleaning, which in turn means extra work to some homemakers. But needless chores can be eliminated if there's a plan of attack.

Miss Ruth Kimble, extension home economist, Lancaster county, suggests listing all the jobs to do. Decide which ones should be done daily, weekly, monthly, or seasonally. Then spread out the work so not all is undertaken the same week or even the same month. With improved methods and equipment, cleaning is now a year-round job.

One method of reducing work is to eliminate parts or all of some jobs. Then divide the work into three stages. First is the "get ready" stage. Be sure all the right or best tools, equipment, and supplies are assembled before you start. A cart, basket, or wheel table with all cleaning materials cuts down on steps and reduces time.

Second is the "do it" section. Motion and posture are usually involved in this performance part of the job. Make both hands work, stretch as little as possible, reduce strain in back muscles by keeping them straight, and exert pull and push on the

stronger leg and arm muscles. Bend at the knees and hips.

The third part of every job is "clean-up." All tools and supplies must be put away in their proper place. Allow time for this. It's important both to safety and the general principles of good management.

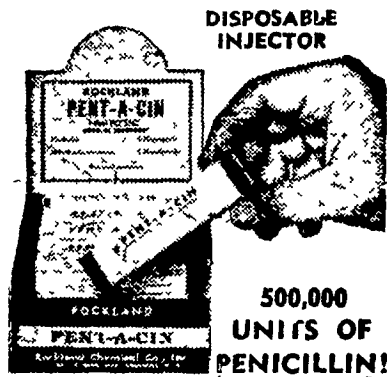
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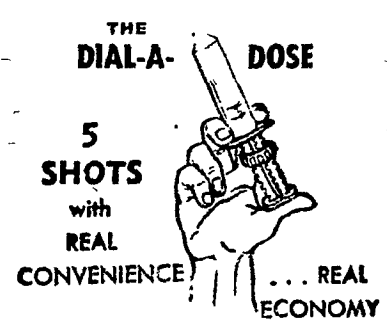


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