For the Farm Wife and Family



there are still three meals a day sound? You could easily substito prepare. Most likely a lot of tute leftover turkey in this casyou have extra folks for meals serole. these days and are looking for quick and easy dishes to prepare.

The Egg and 1...

Are really pals, these

days. We see more

of each other. Since

I've been getting Dr.

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lay more! Avi-Tab

is some pepper-

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when you need poultry

medicines ask for

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F. W. FISHER

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Avi-Tab soon!

Christmas may be over but How does Scalloped Chicken

SCALLOPED CHICKEN

- 2 cups cooked chicken meat (diced)
- 1 pint broth in which chicken
- was cooked 2 tablespoons flour Salt and pepper

Bread crumbs 2 cups sliced cooked potatoes Thicken the broth with a paste made of the flour and two tablespoons of fat and season with salt and pepper. Fill a pudding dish with alternate layers of bread crumbs, chicken and potatoes, with crumbs on top. Pour in the gravy and add a few bits of butter and bake 15 to 30 minutes in a moderate oven (350 degrees).

Here's a casserole that is easy to prepare and very nutritious. Serve it with a tossed salad and you have a hearty meal.

MACARONI MELODY

One pound hamburg One-half pack macaroni cooked and drained Tomato soup

Put meat in skillet and brown out layer of meat and macaroni in casserole and pour tomato soup all over Vegetables may be

Macaroni can be combined as well with fish as with meat. This recipe calls for salmon

SALMON MACARONI

One 6-once package quick-cooking elbow macaroni

One tablespoon butter One tablespoon flour One teasoon salt

One cup milk

One cup canned salmon

One cup diced carrots, cooked tablespoons coarsely grated

One tablespoon onion, chopped Four tablespoons catsup

Cook macaroni until tender in boiling, salted water; drain. To make white sauce, melt butter; blend with flour, milk, grated cheese. Stirring, cook until thickened. Place alternate layers of macaroni, salmon, carrots, onión, and sauce in 14-quart greased casserole. Cover top with catsup and bake in moderate oven (350 degrees) for 20 minutes. Serve hot from casserole.

Several weeks ago we had a request for a cottage cheese pie and our good friend Emma Fox has sent us a recie for one.

COTTAGE CHEESE PIE Emma Fox, R3 Ephrata

Two and one-half teaspoons cornstarch One-half cup cream

One-half pound cottage cheese One tablespoon melted butter Two eggs

Two-third cup sugar Two teaspoons lemon juice

Grated rind of one-fourth lemon One-four teaspoon cinnamon

Dissolve cornstarch in cream. Drain cheese and rub in through a sieve twice. Add butter. Separate eggs. Beat yolks until light. Add sugar and beat until thoroughly blended Add cheese, cream, lemon juice, rind, and cinnamon. Beat egg whites stiff and fold in, reserving a little. Line a greased pie tin with pastry. Brush with reserved egg white. Pour in cheese mixture. Bake in moderate oven (350 degrees) 25 to 35 minutes. Sprinkle with powdered sugar and a dash of cinnamon.

We have had recipes for sweet potatoe patties, pies and puddings but here is a different way to serve sweet potatoes. Mrs. Fox sends along this recipe for

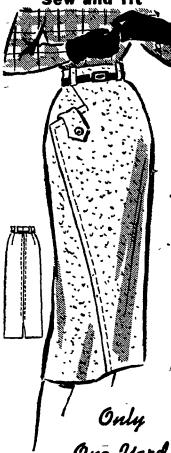
SWEET POTATO NUGGETS Two cups mashed cooked sweet

potatoes One large egg — well beaten One-half teaspoon salt One-four teaspoon pepper

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Pinch of salt Beat egg whites stiff and add cooked mixture slowly to beaten egg whites — beating continuously. Pour in three baked pie shells. Cover with ground coconut and sprinkle with red sugar. Chill.-

TO ALL OF

OUR FRIENDS,

1957.

Farming

Lancaster

Eight marshmallows

One-fourth cup milk

One-half cup flour

fat until brown.

Miles O. Nolt says:

One egg-well beaten

One-half teaspoon salt

One-fourth teaspoon pepper 1

One cup crushed_corn flakes

Place one marshmallow in cen-

er of each part. Mold balls be-

tween palms of hands Blend sec-

and egg and milk Sift together

sait, pepper, and flour. Roll po-

tato balls in flour mixture. Dip in

egg and milk mixture. Roll in

crushed corn flakes. Fry in deep

This recipe comes from the

Since Christmas and New Year

are well on the way I would like

to share this delicious fresh

FRESH COCONUT CREAM PIE

Mrs. Milés O. Nolt, R1 Manheim

Measure coconut milk and add

Cook together in double boiler:

One and three-fourth cups su-

One fresh coconut ground

milk to make one quart

One-half cup flour

Three egg yolks

gar

coconut cream pie recipe.

northern part of our county. Mrs.

A "P. S." from Mrs. Nolt: We enjoy reading the paper and t's interesting to try other folks favorite recipes.

From Coatesville comes this recipe for

SEVEN MINUTE ICE CREAM ... Violet Preston,

621 E. Main St., Coatesville

Two egg whites One-fourth cup sugar

Two tablespoons white corn syrup,

Two egg yolks One-forth teaspoon salt

Two teaspoons vanilla One pint whipping cream

Beat egg whites until almost stiff and continue to beat as sugar is added. Then add corn syrup. Add egg yolks, salt and vanilla. Mix well. Whip cream and add to egg mixture. Mix well. Then chill. It is now ready to

HOUSEHOLD HINTS

serve This is very good.

A spoon is much better for scraping burnt toast than a knife. The "bowl" of the spoon catches the crumbs and eliminates a lot of cleaning up.

Always remove from lamp shades before using. If you don't, the heat from the electric light bulb will shrink the Cellophane and pull the shade out of shape.

Empty all aluminum utensils after using if you want to prevent pitting The salt water or moist food left in them will cause little holes.

When cleaning walls, remember - dust hangs downward so brush in an upward motion to

(Continued on page 7)

HEAR

The Mennonite Hour Each Sunday

Lancaster WLAN 12:30 P. M. Norristown WNAR 8:00 A. M. Hanover WHVR 1:00 P. M.

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New Year





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