

Pennsylvania Entries



PETERBOROUGH, N. H. — Pennsylvania's entries in the 1956 National Junior Guernsey Show in Waterloo, Iowa are shown above. They are, left to right, John B. Furry, Martinsburg; Reba T. Bushong, Columbia; Linda M. Lodge, Cambridge Springs; Charles K. Young, Mt. Joy; and Allen L. Campbell, Grove City.

One teaspoon soda
Two mashed bananas with one-half teaspoon salt
Two cups flour sifted

* * *
Need incentive to help you reduce? Paste to the refrigerator door, the bread box and the cookie jar a picture of the girl (or man) who is about the size you'd like to be. This should give you the will power to stick to your diet and remind you that you must keep hands off.

* * *
Here are some recipes from a reader from R1 Millersville who says that her family of five especially likes this pumpkin pie recipe.

PUMPKIN PIE

Mrs. Wilmer Bitner,
R1 Millersville

Three and one-half cups pumpkin
Two cups brown sugar or one of granulated sugar
One tablespoon flour
One-fourth cup brown butter
One-fourth teaspoon nutmeg
One-fourth teaspoon cloves
One teaspoon cinnamon and sprinkle some on top of pies
Two or three eggs
One and one-half cups milk

Add all the ingredients but brown butter last before you put in pie crust. This makes three nine-inch pies. Bake at 375 degrees until brown about 15 or 20 minutes.

Look For Danish Cabbage

"Danish" cabbage appears on the market during fall and winter months. These heads mature late and are normally smooth, round, and slightly flattened. They are very hard and compact, explains Elsie Bamesberger, Penn State extension consumer education specialist.

PIE CRUST

Three cups flour
One teaspoon salt
One cup Crisco
Three tablespoons water to each cup flour and work it with fork before you add the water to size of peas.

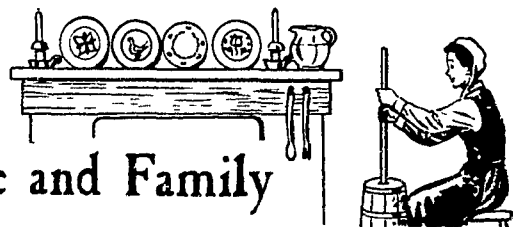
* * *
Mrs. Bitner also sends along this recipe for the ever-popular sugar cookies.

SUGAR COOKIES (LIGHT)

Mrs. Wilmer Bitner,
R1 Millersville

Two eggs
Two cups 10X sugar
One cup Butterine (or Crisco)
One teaspoon vanilla and one-fourth teaspoon lemon
One pinch salt or few grains
One cup thick milk or butter milk
Sift
Three and one-half cups flour
One teaspoon soda
Two teaspoons Calumet baking powder

For the Farm Wife and Family



Mix the sugar and butter thoroughly with your hands or spoon. Then beat eggs one at a time. Then the flavor and salt. Add the dry ingredients with thick milk or buttermilk. Drop on greased cookie sheet with a teaspoon and sprinkle sugar over the top with a raisin or chocolate chip. Bake at 400 degrees for 10 minutes. This makes 4 dozen cookies. I used Gold Medal flour for better baking.

One cup sugar
Three eggs lightly beaten
Three-fourth cup butter
Four cups sweet milk
Pinch of salt

* * *
Mrs. Snavelly also sends along a recipe for a walnut cake. Walnuts are plentiful now so why not try this cake as a dessert for that Thanksgiving Dinner?

WALNUT CAKE

Mrs. John O. Snavelly,
R2 Manheim

Two cups granulated sugar
Three eggs

(Continued on page 10)

* * *
For a lunch time treat, serve grilled cheese, tomato, and bacon sandwiches. Broil the bread on one side first. Then spread the other side with butter and add a slice of cheese, tomato, and two strips of bacon. Precook the bacon first if you like it well done. Broil until cheese melts.

Mrs. John O. Snavelly, R2 Manheim writes thus:

I enjoy your paper very much. Here is a receipt that Mrs. David Longenecker, Manheim R2 asked for in a recent paper.

SWEET POTATO CUSTARD

Mrs. John O. Snavelly,
R2 Manheim

Three cups mashed sweet potatoes

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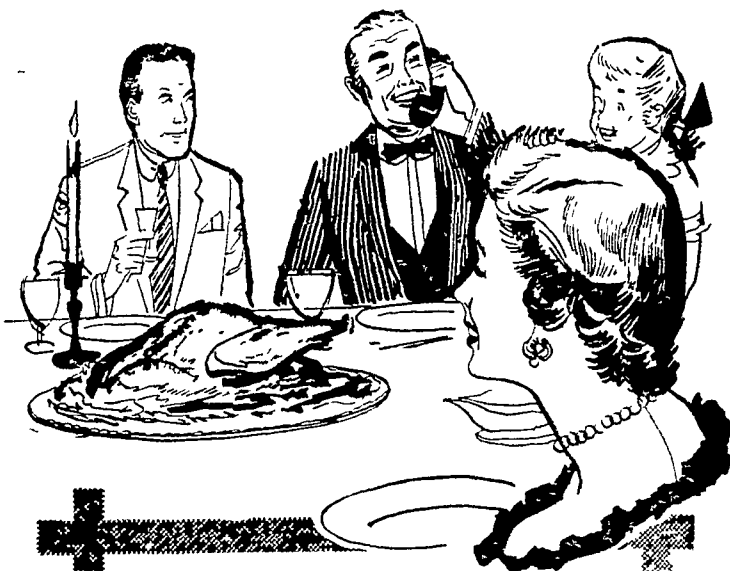
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