

For Farm Women . . .

(Continued from page eight)

Ingredients alternately with sour milk. Stir until a smooth dough is formed.

Work dough with hands for five minutes. Let chill several hours in refrigerator. Turn dough onto lightly floured board and roll one-quarter inch thick. Cut with large, round cookie or doughnut cutter with center removed.

Glaze with a beaten egg (dip small piece of cheesecloth in beaten egg and rub lightly over cookies). Place one inch apart on greased cookie sheet, bake at 350 degrees to 20 to 25 minutes.

One of our long-time readers is Grace Chalfant of R3 West Chester, who this week submits what she calls

A POOR MAN'S SPONGE CAKE

Four eggs
One-half teaspoon salt
Two cups sugar
Two cups flour
One cup milk
Two tablespoons butter
One teaspoon flavoring
Beat eggs until very light, beat in salt, sugar and flavoring. Add butter to milk and bring to boiling point, add to first mixture. Sift flour before measuring. Beat in flour and baking powder. Mix well. Pour in baking pan quickly, and bake 25 or 30 minutes at 350 degrees.

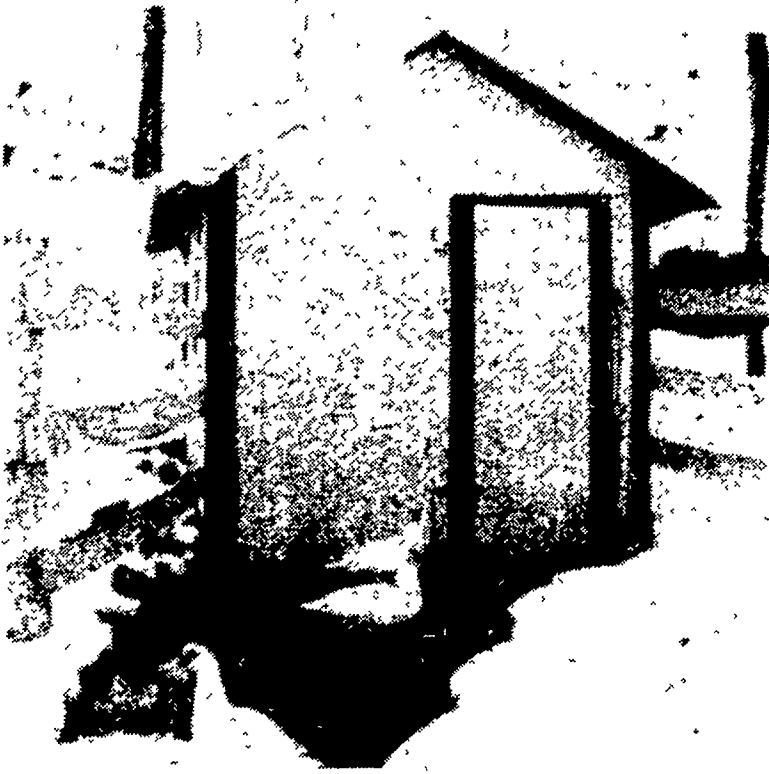
"This is very good," she adds.

Another from this West Chester reader, for

QUICK BAKED BEANS

Two cups canned baked beans
Two tablespoons brown sugar
One tablespoon prepared mus-

Wintertime — In March



Wintertime found these ducks unprepared, but unabashed at the spring house of the Jerome Rhoads' farm operated by Aldus Peters in southern Lancaster County. March, however, did leave as a lamb, after throwing one of the most lion-like spells in recent years during the last two weeks of the third month. (Photo by Elsie Peters).

tard
One-half cup water
Combine all ingredients and place in greased casserole. Bake in moderate oven. You can put some catsup in it if you wish, she tells

Strawberry season's coming, Mrs. J. E. Wetzel of 406 East Orange Street in Lancaster writes Lancaster Farming. "Here," she writes, "is a recipe that I think will interest all, as strawberries have been on the market all winter and will soon be home-grown:

STRAWBERRY FLUFF

Combine in a small mixing bowl:
One cup soft, crushed strawberries
One unbeaten egg white
One-half cup sugar
Beat till mixture holds its shape, about five minutes.
"Good on all kinds of cake or Jello. Makes about two cups. Children love it, and it's so good for them," Mrs. Wetzel advises

Some of our readers are from a long way off yet, and after several weeks, we've heard again from the Huffmans out in Salina, Kan. Truth is, we neglected to answer their last letter, like so many others, so Roy and Betty wrote an admonishment. "Got the little message in Lancaster Farming, and was quite flattered, however, I didn't get the crossword puzzle. You had it on the back (or reverse) of one of the two coloring pictures and was confiscated before I had a chance." Sounds like this Army Air Force family's son Jon stepped in quick. Thanks.

From Ephrata comes another welcome letter from Mrs. David M. Hess, out on Route 2.

After you called me the last time on the phone, I looked through Lancaster Farming and decided I do want this newspaper a year once as I would like to try the recipes I hope I'm not too late for the special offer of \$1.00 for 52 issues (you're not). I would like to enclose a recipe which I like to make on a busy day, such as housecleaning, shopping, etc.

SIX LAYER DISH

One large potato
One-fourth cup rice (uncooked)
One large onion
Three medium carrots
One pound hamburger
One pint canned tomatoes and juice, or just juice
Salt, sugar, pepper to taste.
Place bacon strip on top and bake about two hours at 350 degrees.

Can't finish this up without a few Household Hints, and, thanks to Violet Preston of Coatesville, here are a few:

HOUSEHOLD HINTS

If corners of your rugs curl, place two straight lengths of coat hanger wires all way in rug hem. This makes it lie flat. I tried this. It works.

Here is another idea I use:

To keep sewing needles right where you want them when you need them, cut a strip of rubber sponge and force into hole of spool. Needles inserted in the

Cancer Crusade Launched in Lancaster County

An urgent appeal was addressed to the people of Lancaster City and County to support the Lancaster County Crusade today by Nathaniel E. Hager, General Chairman.

"The success of our Crusade," said Mr. Hager, "will depend to a large extent on stepped-up giving from local business and individuals. Sufficient funds for the National Cancer Society have not been forthcoming in the past. Last year, 98 grants for research scholarships had to be refused because of lack of money. Expensive laboratory equipment could not be purchased for the same reason. We hope that everybody will recognize the importance of our appeal this year."

Threat To Industry

"The disease of cancer, the nation's greatest killer next to heart disease, poses a great threat to the personnel of all our industries, as well as their families. Loss of valuable workers through cancer will surely be eliminated in the near future, if sufficient funds can be obtained in America for cancer research. When you consider that one family in three has a cancer victim at some time, and one person in four contracts some form of this disease, the urgency of this appeal is easy to realize."

"Cancer has two strong allies," said Mr. Hager, "fear and lack of knowledge. To deal with this threat, the American Cancer Society has organized an attack on three different levels: education, service, research. The educational program publicizes the danger signals of cancer, and advocates regular physical checkups. The service program involves treatment of cancer patients here in our community. The drama of the research program is being enacted in 15 different universities, laboratories and hospitals throughout the nation."

Only Matter of Time

"With this kind of a program, it is only a matter of time until the cure and prevention of cancer will be an assured fact. Across America, thousands of dedicated men of science are engaged in this race against time. An early discovery of the answer will save hundreds of thousands of lives."

"If County people will face up to this great challenge, and increase their contributions this year, they will be safeguarding the future of their own family, as well as the health of the entire community. The slogan of the Cancer Crusade this year is a good one — 'Fight cancer with a check-up and a check.' Lancaster County's goal is \$43,000. We can surpass this goal only through increased contributions all along the line."

HEAR

The Mennonite Hour
Each Sunday

Lancaster WLAN 12:30 P. M.
Norristown WNAR 8:00 A. M.
Hanover WHVR 1:00 P. M.

sponge will not fall out.

Many thanks for your letters, interest is picking up, and some may be delayed until next week. Keep them coming. We appreciate your interest, and want you to share your favorite recipes, household hints, poems, or just plain letters. Meanwhile that's all for this week, and come Friday a week, we'll see you again.

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