

Women's Page

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Foremost in any lawn work is to pick your seed wisely. More seed is often sown than the ground can support. On a square foot of ground, allowing for some loss, 8,000 seeds should supply all the grass the soil can possibly support. A pound of Kentucky bluegrass will average well over two million seeds. Check the label before you buy. Beware, we are advised, of "southern" grasses that may be planted this spring, thrive through the summer, and die next winter.

Enclosing \$1.00 for her charter subscription to Lancaster Farming, Miss Katie S. Esh of R1 Gordonville sends along an interesting recipe, if one can judge from the title. Why not try her

RING-A-LINGS

Soften two cakes yeast in one-fourth cup warm water

Combine

Three-fourths cup hot scalded milk

Put in large bowl, stir until butter melts, then add

One-third cup sugar

Two teaspoons salt

Two teaspoons grated orange rind

Two unbeaten eggs

Four to four-and-one-half cups sifted Pillsbury flour

Cover, let stand one-half hour

Roll out to a 22-by-12 inch rectangle on floured board

Spread half of dough along 22-inch side with Nut Filling

Fold other half over filling

Cut crosswise into one-inch strips

Twist each strip four times, hold one end down on baking sheet for center of roll; curl strips around center, tucking end under each time. Let rise in warm place until doubled in size.

Bake in moderate oven, 375 degrees 15 minutes until light, golden brown. Take from oven and brush tops of rolls with

One-fourth cup orange juice

Three tablespoons sugar

Bake five minutes longer

NUT FILLING

Cream one-third cup butter, blend in one cup sifted confectioner's sugar, add one cup filberts, ground or chopped very fine.

* * *

Sounds good, Miss Esh — how about you readers sending in some more? Let's hear from you.

* * *

Every season about this time, Bob Mason down at Sebring, Florida sends his enticing farm produce leaflets — describing oranges, of course, with word that the Temples last but a short season, from January through March and Valencias are coming up. Valencias are available on the markets usually from mid-March through June, full of juice with a fine, rich flavor. He suggests Ambrosia — Food of the Gods — orange chunks, sliced bananas, shredded coconut

Lots of things have happened

Farm Women No. 20 Hold Sewing Session

Farm Women's Society No. 20 held an all-day sewing session, making cancer pads, on Wednesday, March 7, at the home of Mrs. Glen Ressel, Bartville.

The session was attended by Mrs. Park Reinhart, the president; Mrs. Joseph Best, Mrs. Jack Ferguson, Mrs. Mervin Anderson, Mrs. Hayes Hastings, Mrs. Russell Hart, and Mrs. Elam Hess and her son, Mike.

A covered dish luncheon was held during the session.

On Wednesday, March 14, the group will sew at the home of the president, Kirkwood RD. A covered dish luncheon also is planned.

Sewing cancer pads has been the annual project of the society for several years. Completed pads are turned over to the Visiting Nurse Association.

The Weed's Mission

By Margaret Eythinge

Tall grew a weed outside a garden gate,
Inside a gladiolus in splendor grew.
"Why do you with the autumn blossoms wait?"
The flower asked. "There is no need of you."
In truth, I know not why you live at all —
Only a few, pale, yellow blooms you bore
And worthless are your seeds. Pray, droop and fall.
I should not grieve at seeing you no more.
I grace the world, for evening's brightest skies
Are not more rich in gold and red than I
And every day the ling'ring butterflies
Beg me to stay till they must say, 'good-by.'"

"Yes, you are beautiful," the weed replied,
In patient voice, "and I am plain indeed.
But God knows why." Just then a bird, bright-eyed
And scarlet-beaked, saw the clust'ring seed,
And lighting on a slender branch he ate.
With many a little chirp of thankful glee,
Then spread his wings and perched upon the gate,
And blessed his wayside friend in melody.
"Ah!" said the weed, when he had flown, "proud flower,
A hungry, south-bound bird you could not feed
Though you rejoice in Beauty's gracious dow'r —
That boon was granted to an humble weed!"

in the orange farming business since the war — the King Oranges, rough, zipper skinned, not good looking but sure good eating. Then there's a tangerine-orange cross, Tangelo, that is being produced on a limited scale.

There's never a more beautiful sight than to travel through an orange grove at the height of the blossom season, a rich, heady odor that permeates everything, as lasting as the gardenia or jasmine. The colors are never to be forgotten.

Every farmer has his troubles, and one hurricane during the war is well remembered. It struck during the ripening season, just before the fruit was to be picked. Next morning — after several hours of pounding wind — the ground was covered with oranges, not yet ready for market, good only for salvage.

* * *

Earlier we mentioned fish — and this being the Lenten season, there is plenty of fish to use. Fish is high-quality protein food with valuable mineral and vitamin content. Fish from the sea is a wonderful source of iodine.

Here are some tips from Mary L. Mitchell, Chester county home economist:

Plan to cook fish the day it is purchased.

Frozen fish should be kept frozen until ready for use, to cook partially or completely thawed.

Never refreeze fish. Do not soak frozen fish in water, or flavorful juices will be lost.

Cook fish slowly. Too often fish are over-cooked. And a household hint on cooking fish:

To make the smell of cooking fish more pleasant, scorch a little brown sugar or vinegar in a frying pan.

That's about it for this week. Keep your cards and letters coming, and again we'll see you soon.

SELECT PANS

Select baking pans that are slightly smaller than the oven interior to allow free circulation of hot air. It's more convenient to use two small pans which fit side by side than one large pan, says Sanna Black, Penn State extension home management specialist.

Ironstone Platter \$16 in Grill Sale

A pink-flowered ironstone platter sold for \$16 in the sale of household effects held at the Adam Grill home in Reamstown last week.

Also selling, with H. H. Leid, Denver, as auctioneer, was a one-horse wagon at \$11, chickens at \$2.05 each, ironstone platter \$2.50, chest of drawers \$15 and buggy rope \$7.50.

PORK PURCHASES

WASHINGTON — (USDA) — Pork purchases of 9,612,750 lbs in the week to March 8, 1956, under the continuing program to assist hog producers brought overall purchases of pork and lard to 165,700,750 lbs since November when the special USDA program got underway to help expand the consumption of pork products, the USDA reported today.

Farm Women 11 See Pictures From Hawaii

Colored slides of Hawaii and Mexico, taken by Mrs. Ellis Esbenschade, and a display of articles purchased there during her recent trips, highlighted the February meeting of Farm Women's Society 11 at the home of Mrs. Lottie Herr, unicorn. Assisting were Mrs. Harry McCannon and Miss Janet Sines.

Mrs. Walter DeLong was co-hostess and Mrs. James Retzer presided. The meeting opened with singing, and minutes of the previous meeting, read by Mrs. Harry McCormsey, were approved. Response to roll call was "I Remember When." Mrs. Harry Shank gave the treasurer's report. Mrs. Horace McCormsey, corresponding secretary, was asked to report the meeting.

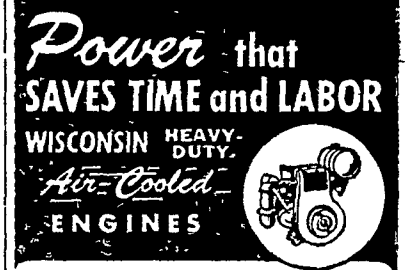
The president gave a full account of the Executive Board meeting which she attended in Lancaster recently. Big Sister gifts were distributed. Mrs. Shank was program chairman.

After delicious refreshments were served, the meeting adjourned, with the next date set for the last Thursday in March with Mrs. E. Robert Nolt in Lancaster.

Try this combination of vegetables for a salad; chunks of cauliflower, shreds of endive, sliced cucumber, and tomato wedges, Louise W. Hamilton, Penn State extension nutritionist, says it's good.

NEED LOVE

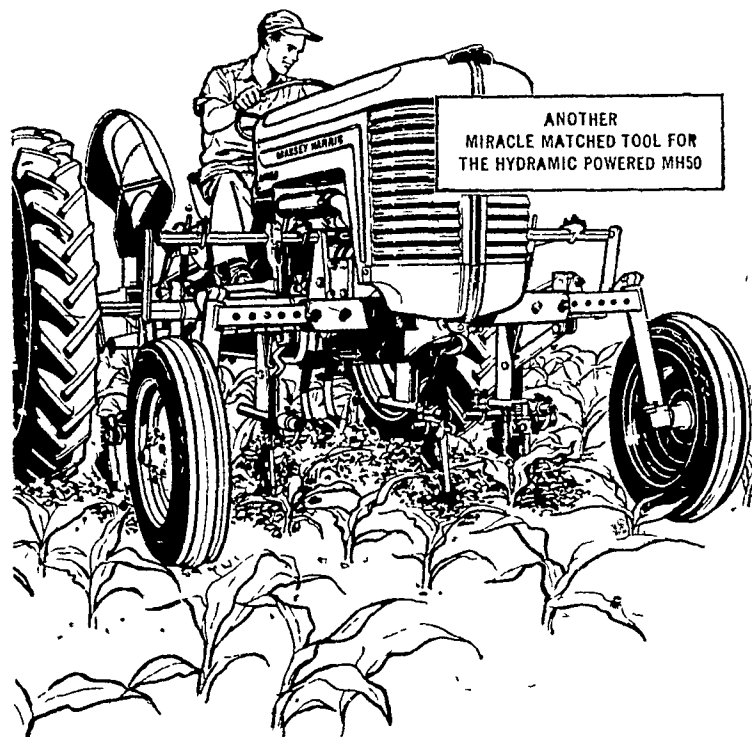
Being loved and understood as adults is wonderful; as children, it's essential. So says Marguerite L. Duvall, Penn State extension family life specialist.



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