

For the Farm Wife and Family

You know, sitting inside by a warm fire with the snow drifting around outside makes you realize how beautiful a Pennsylvania winter can be. Of course, it was a bit treacherous underfoot for both walking and driving, and with many of the roads down in our end of the county blocked several times, travel was more than difficult.

What a change this has been from Christmas. How well the snow-capped evergreens would have looked during the holidays

Winter time is a wonderful time for planning. You can sit and thumb through the catalogs — no wonder we used to call them "dream books." You can sit and plan what you're going to plant this spring, or better still bring out your movies, snapshots or color slides of those summer days, and see what a difference the season can make.

Free To Women...

One year charter subscription to LANCASTER FARMING to one housewife each week who submits the best letter . . . recipe . . . home-making hint. Send your letter to LANCASTER FARMING, Quarryville, Pa.

We've variety of all kinds for this week's Women's Page and this week's winner of a free subscription is Mrs. W. C. Hibshman of Terre Hill.

Mrs. Hibshman writes: "I received a copy of Lancaster Farming and enjoyed reading the Women's Page. Here is a recipe for a chocolate cake which sounds different, but is very delicious."

CHOCOLATE CAKE

One cup sugar
Two cups flour
One and one-half teaspoons soda
Four tablespoons cocoa
Sift together these ingredients, then add
One cup cold water
Mix well and bake in a 350-degree oven.

Of all the types of lettuce to be found in markets, the crisp headed iceberg seems to be the most popular in America. When choosing your lettuce, look for heads that are fresh, crisp, tender and fairly firm to hard.

Lettuce keeps well in the refrigerator and can be stored there for several days, even a week if the lettuce is very fresh when purchased, in a plastic bag or in the hydrator. Wash lettuce either before it is put away or just before use. During washing, be sure to remove any bruised or rusty outer leaves. Thoroughly drain the washed lettuce and pat dry with a towel.

A very simple salad, but one that pleases everyone, is made by cutting the head of lettuce into wedge-shaped pieces. Pour over it your favorite dressing and serve on individual salad plates. Wilted lettuce salad, made with crisp bacon is another favorite. This is simple to make and can be quite elegant.

If your nylon curtains have begun to droop, try starching them with permanent starch and pressing them lightly with a steam iron. This will work wonders. When you are ready to store these curtains, it is very im-

portant to remove all starch. Some housewives have had a good deal of trouble with their new 'wonder fabric' curtains and drapes falling into holes. Manufacturers tell us this is because we have not had the drapes or curtains cleaned or washed often enough. It is recommended that you have them dry cleaned or washed, depending on the fabric, at least twice each year. House dust is most harmful to these wonder fabrics.

Have you ever had a hard time getting muffins out of the pan? If you have, you will be glad to add this to your bag of tricks — place the pan on a cold wet rag for a few minutes immediately after it comes from the oven.

"Recently I sent in a subscription for Lancaster Farming and we enjoy it very much," writes Mrs. Lester Faus, RD 2, Manheim. Continuing, "I especially like the Women's Page. I thought I'd write and tell you a few hints I find helpful:

Use Scotch Tape to clean your felt, velour, etc., hats. It takes any dust of lint right off.

"Another thing I find helpful is to pin skirts by the belt on wire clothes hangers with clothes pins.

"Also: to iron around plastic buttons and such, cover them with aluminum foil.

"Here is an old recipe which we enjoy," Mrs. Faus adds:

EGG CHEESE or SWEET CURDS

Two quarts and one cup sweet milk
Six eggs and one pint thick milk

Let sweet milk get good and hot, not boiling, just at boiling point, then have eggs beaten well and mix with thick milk. Pour into sweet milk, but don't boil. Leave on stove until it separates, stirring frequently. Pour in cheese molds or fine sieve.

"Delicious when cold and eaten with molasses on it" she advises.

Here are some other household hints offered as timely reminders from the Pennsylvania State University College of Agriculture.

HOME CALENDAR

Place TV — Keep the TV set away from heat or a frequently opened window, Doris L. Snook, Penn State extension home management specialist, advises. Air circulation, but not a blast of air, is necessary for trouble-free operation, just as with an electric refrigerator.

Calories Hide — If you want to lose weight or hold your weight at its present level, avoid "hidden" calories. These are obtained by "eating to save food," by testing, or in the fat of fried foods, spreads, and gravies, according to Helen L. Denning, Penn State extension nutritionist.

Press Trousers — After you've steam-pressed trousers, hang them by the cuffs in a trouser

The Miller of the Dee

There dwelt a miller; hale and bold,
Beside the river Dee;
He worked and sang from morn till night —
No lark so blithe as he;
And this the burden of his song
Forever used to be:
"I envy nobody — no, not I,
And nobody envies me!"

"Thou'rt wrong, my friend," said good King Hal,
"As wrong as wrong can be;
For could my heart be light as thine,
I'd gladly change with thee.
And tell me now, who makes thee sing,
With voice so loud and free,
While I am sad, though I'm a king,
Beside the river Dee?"

The miller smiled and doffed his cap:
"I earn my bread," quoth he;
"I love my wife, I love my friend,
I love my children three;
I owe no money I can not pay;
I thank the river Dee,
That turns the mill that grinds the corn
That feeds my babes and me."

"Good-friend," said Hal, and sighed the while,
"Farewell! and happy be!
But say no more, if thou'dst be true,
That no one envies thee.
Thy mealy cap is worth my crown,
Thy mill, my kingdom's fee;
Such men as thou are England's boast,
O miller of the Dee!"

hanger to dry before they're worn, says Bernice J. Tharp, Penn State extension clothing specialist.

Heat Home Canned Meat — Heat home canned meat in the jar so pieces slip out easily. Place the jar in a pan of hot water for about five minutes, Marjorie J. Wormeck, Penn State extension nutritionist, advises.

Season Salad — If you're watching your weight, try lemon juice with salt, pepper, and herbs on salads instead of salad dressings, Louise W. Hamilton, Penn State extension nutritionist, suggests.

"Gentlemen, I am receiving two of your Lancaster Farming papers weekly I paid for one and won one for recipes and household hints. Would you be so kind as to add or extend my subscription for another year?" asks Mrs. Martin Huyett of R1 Narvon.

That we will do, Mrs. Huyett, and here she offers some

HOUSEHOLD HINTS

Fine, dry steel wool will often prove satisfactory for removing spots from wallpaper, paint on floors, and is less harsh than sandpaper.

Dying ferns can sometimes be revived by pouring a tablespoon of castor oil around the roots.

Common table salt, rubbed on non-washable window shades will renew their freshness.

Peroxide of hydrogen will remove perfume stains from bureau scarves.

Wash day need not be such a chore in your home. Lots of hot water, a good washing machine, and the right laundry accessories should add up to satisfactory laundering results. They should, but too many times they fail. There is only one thing that can prevent this failure — common sense.

For example — it make sense to sort laundry into three piles — white, colored, and hand-washable. White wash responds best to very hot water. Fast-colored cottons, linens and nylons do better if washed in 110-degree water and thus do better if washed separately.

Before washing any new colored garment, always check the manufacturer's tag for washing instructions. You may find that the garment should not be washed in the machine but by hand.

(Continued on page 7)



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