

## Pan-Fried Chicken for Dinner Is a Dish to Crow About

BY DOROTHY MADDOX

**WHAT** can be better eating than a tender frying chicken when perfectly pan-fried? "Nothing" is a good answer. So let's get on with preparations for an easy-to-prepare feast.

### Pan-Fried Chicken

One chicken for frying, 1 cup flour, 2 teaspoons salt, ¼ teaspoon pepper, 2 teaspoons paprika, ½ cup butter or margarine (¼ pound), shortening, 3 tablespoons water.

Have chicken drawn and cut into serving pieces, or, if "quick-frozen," thaw according to directions on the box. Rinse in cold water and drain.

Mix flour, salt, pepper and paprika in a paper sack. Shake 3 or 4 pieces of chicken in sack at a time to coat thoroughly.

Heat the butter and enough shortening in a heavy skillet to make a layer of fat ½-inch deep.

With kitchen tongs place chicken in hot fat, skin side down. Brown and turn.

Add water and cover tightly.

Reduce heat and cook slowly about 30 to 40 minutes or until chicken is tender.



Pan-fried chicken, broccoli with cream sauce and sliced tomatoes bring springtime to a winter-weary table.

inches and bake in moderate oven (350 degrees F.) about 30 minutes. This cake will stay nice and moist.

### Frosting for Potato Cake

One-half cup sugar, 1½ tablespoons cornstarch, 1½ squares semi-sweet chocolate, grated; ¼ teaspoon salt, ½ cup boiling water, 1½ tablespoons vanilla.

Mix sugar and cornstarch. Add chocolate and salt. Add water. Cook until mixture thickens. Remove from heat. Add butter and vanilla. Spread on cake while hot for a glossy frosting.

Here's a novel potato dessert to add to your culinary repertoire.

### Chocolate Potato Cake

One-half cup mashed, warm potatoes; ½ cup shortening, 1 cup sugar, 1 teaspoon salt, 1 teaspoon vanilla, 2 eggs, 2 squares melted chocolate, 1 cup flour, 2 teaspoons baking powder, ½ teaspoon each of cinnamon, nutmeg and cloves, ½ cup chopped walnuts.

Cream shortening, sugar and salt; add eggs and beat. Blend in melted chocolate and warm mashed potatoes.

Sift flour with other dry ingredients and add alternately with milk.

Add chopped nuts. Pour into well-greased square pan 8x8x2

## Farm Women 17 To Treat Vets At Valley Forge

Members of Farm Womens Society No. 17 will take treats to veterans at Valley Forge in February, it was announced in the recent meeting at the home of Mrs. Clyde Kreider Quarryville.

Sixteen members were present for the January meeting. Two visitors and one new member were also there. The meeting opened with the singing of several songs with Grace Shaub accompanying at the piano.

Devotions were in charge of the hostess and she read from the book, "Streams in the Desert." Each member gave her favorite poem in answering roll call. The treasurer reported a balance of \$184.85.

A thank-you letter was read from the two 4-H girls sent to the National Congress in Chicago, with expenses partially paid by Farm Womens Societies here. The group decided to have a stand at the John O'Donnell farm sale. Conditions were read for use of the county flag.

Sara Stauffer entertained the group with two quizzes. A plastics party, in charge of Libby Ann Steinberg, followed. Mildred Kreider and Florence May Kreider were co-hostess. The February meeting will be at the home of Sara Stauffer.

### McKEAN COUNTY

HARRISBURG — Miss Genevieve Blatt, Secretary of Internal Affairs, announced today McKean County industries had products valued at \$95,140,800. In 1953 they produced goods worth \$102,343,200.

Members of the society met Thursday last week at the home of Mrs. Thomas Ferguson, Kirkwood. Two delegates to the State Convention were named, Mrs. Jack Ferguson and Mrs. Marshall Rintz.

Assisting Mrs. Best were Mrs. Glen Knecht and Mrs. Wilham Gross. Mrs. Park Reinhart, president, was in charge. Mrs. Joseph Lesley reviewed the book, "Apple in the Attic," by Mildred Gordon.

On Feb. 2, Thursday, the group will meet at the home of Mrs. Best. Co-hostesses will be Mrs. Elim ess Hand and Mrs. Sifas Rice.

## By Dr. Henning Farm Women of State Praised

HARRISBURG — Dr. William L. Henning, State Secretary of Agriculture, Monday commended Pennsylvania farm women for their well known ability to create and advance family living, on their ability as good cooks, and on their widening interest in good government.

"The fame of Pennsylvania farm cooking is nationwide," he declared in welcoming members of the Society of Farm Women of Pennsylvania at their 37th annual Farm Show week convention.

### Interest in Government

"That is one reason why there is increasing demand for typical Pennsylvania foods, especially those of the unmatched Pennsylvania Dutch variety," he continued. "They are nationally advertised, and justly so."

Pennsylvania farm women not only excel in the culinary arts and in all other phases of home-making, Dr. Henning said, but they are showing greater interest in local, state and national government.

"Farm women can accomplish much by expanding this interest in good government," he declared. "In this administration in Harrisburg we are making every effort to improve the services of the Department of Agriculture so that all farm people may profit. Similar efforts are being made in other departments, all under the guidance of Governor George M. Leader."

### Entertained at Tea

"We want highly qualified men and women in all branches of our department and should be in position to pay salaries in line with ability and qualification. Along with that we need assurance of tenure for such workers. Farm women can assist in achievement of such goals by insisting on good government at all levels."

For the first time in the history of the Farm Women's Society, members were entertained in the Executive Mansion Monday afternoon at tea. Mrs. George M. Leader, wife of the Governor, was hostess.

### SOMERSET COUNTY

HARRISBURG — Miss Genevieve Blatt, Secretary of Internal Affairs, today announced that Somerset County's 219 industries last year turned out products valued at \$28,626,800. In 1952 the value of products amounted to \$37,975,400.

Virdon of the Cards is National loop rookie of year.

## Women's Page

(Continued from page 6)

### CHEESES NEED SIMILAR CARE

Edam, Blue, Cheddar, or any other kind of cheese needs the same care in storage and use, states Marjorie J. Wormeck, extension nutritionist of the Pennsylvania State University.

A heavy wax paper or foil is excellent protection for cheese in storage. If you have neither, a covered dish will do. Cheese tastes and keeps better when stored in a refrigerator.

Cook all kinds of cheese at low temperatures because, like any protein foods, they toughen with high heat. If possible, melt them in a double boiler or chafing dish instead of over direct heat.

### CABBAGE BRINGS PEP TO SALADS

The vitamin C vegetable — cabbage — delights the palate in a variety of salads, Helen L. Denning, extension nutritionist of the Pennsylvania State University, says.

Try cabbage combined with green pepper, carrots, celery, and radishes. Season with a little chopped onion. Or add some red cabbage to green cabbage and season with dill seeds.

Crushed salted peanuts give special flavor to regular cole slaw.

Here is a variety of recipes that may well be added to your collection. Meanwhile, why not send in your favorite recipe? We'd especially like some typical Pennsylvania Dutch recipes. As we're being read in many sections far from Lancaster County, much interest has been shown in what is typical Pennsylvania cookery. Send them to Lancaster Farming - Women's Page, Quarryville, Pa.

### APPLE DUFF PUDDING

2 cups flour  
1 cup milk  
1 egg beaten  
2 teaspoons baking powder  
2 tablespoons melted shortening  
1-2 teaspoon salt  
3 cups sliced apples

Sift flour, baking powder and salt together. Add milk, egg, and melted shortening. Mix well. Add sliced apples to batter. Pour into a greased pudding mold, steam in boiling water for 2 hours. Serve hot with hard sauce.

Thanks much for your letters. Keep your recipes and household hints coming. We appreciate them, and We'll see you next week.

## Farm Society 20 Plans Sewing Day For Cancer Unit

Society of Farm Women 20 will hold an all-day sewing session for the American Cancer Society, Wednesday, Jan. 18, at the home of Mrs. Joseph Best, RD Kirkwood. Members are to bring a covered dish for the luncheon.

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