

Campus News

Do you know where your stormwater goes?

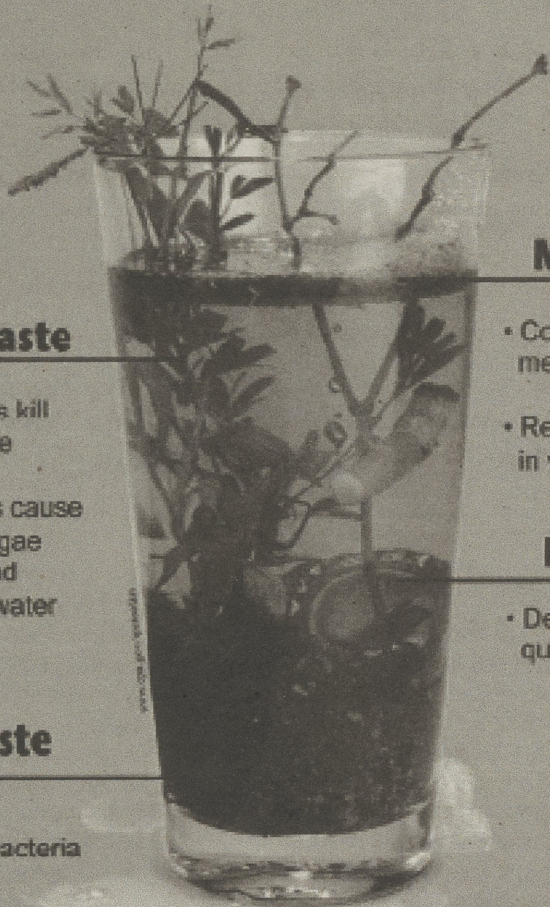
Bottoms Up!

Yard Waste

- Pesticides kill aquatic life
- Fertilizers cause excess algae growth and degrade water quality

Pet Waste

- Contains harmful bacteria



Motor Oil

- Contains heavy metals
- Reduces oxygen in water

Litter

- Degrades stream quality and habitat

When it rains, pollutants from pet waste, cars, and lawns can find their way into our streams. Help protect our streams by minimizing these pollutants.

Penn State University holds a Small Municipal Separate Storm Sewer System (MS4) permit at the Brandywine Campus, please help use keep our streams clean

America The Beautiful "Count What Truly Matters"

By Katy Lola Kulakowski - *Lion's Eye Staff Writer*
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National Eating Disorders Awareness Week 2012 is February 26th through March 3rd and serves as a week when different eating disorders such as Anorexia Nervosa or Bulimia Nervosa, draw greater attention through the efforts of individuals all across the nation. Through activities, conversation, and outreach events people of all ages create an environment that redefines outdated thinking about the mental illnesses. It also attempts to reduce the stigma associated with weight, body image, shape or size and wishes to inspire someone to reconsider any types of unhealthy attitude or behavior.

2012 revolutionized some new ideas for National Eating Disorder Awareness Week. This year's main idea is about being more aware of what's truly important in life, letting others know about the disorders, inducing positive attitudes and challenging others to think that way too. The new uplifting slogan challenges everyone to change their thinking from counting calories and counting limits or penalties each of us, to begin to "count what truly matters!" The initial motive is that instead of measuring our lives in the amount we exercise, calories we intake, pounds we gain or our possessions, we should instead choose to recognize improved behaviors and healthier attitudes.

In honor of National Eating Disorder Awareness Week here at Brandywine, the new counselor in Student Affairs, Ahyana King, held an event titled "America the Beautiful." At this event, various insightful pamphlets such as "Some Do's and Don'ts to Reaching Out to Someone Who May Have an Eating Disorder" proclaim appropriate actions to part take in when dealing with friends or family members that may have these illnesses. This was done to teach students about eating disorders so that others will know the signs when they see them. They may also suggest that the person seek professional help from a physician and/or therapist. Another useful handout Ahyana provided was a peculiar one called "Do I Respect My Body?" The pamphlet had an anonymous survey where students answered questions about how often they weigh themselves or how often they talk negatively about their own body. In addition to the meaningful discussion, Ahyana showed clips from the film America the Beautiful.

America the Beautiful is an American documentary film directed by Darryl Roberts about self-image in the United States. America the Beautiful reveals the horrid truth behind our country's unhealthy obsession with beauty. Before ever sitting down to watch the film, simply looking at the front cover reveals the wretched American values. It shows an image of the Statue of Liberty, a colossal American figure, having major plastic surgery implications. Upon seeing the film, you learn endless facts and statistics about how some young girls have greater fears of being "fat" than being diagnosed with cancer.

Ahyana provided some statistics she had researched herself, which indicated that 50% of people being diagnosed with eating disorders fit the criteria for depression. Ahyana gave this presentation honor of National Eating Awareness Week to inspire a balanced program for student at Brandywine and to "sincerely encourage people to be happy with who they are." Ahyana chose to show America the Beautiful because she says "it did a great job in talking about all the issues with body image, age and culture." In conclusion with her presentation Ahyana would love to see people striving to be healthier rather than "skinnier", which is a notion that corresponds with the 2012 National Eating Disorder Awareness Week's slogan to "count what truly matters!"

Link Up!

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Ever considered a change of campus, maybe transferring from Brandywine up to University Park? Then you ought to save the date for the remarkable program, Link UP! Link UP is a unique opportunity for first-year, second semester students at commonwealth campuses that have been considering a campus change to explore University Park, and the change-of-campus process while learning more about their intended major. All students considering a campus change sometime during their Penn State career are cordially invited and encouraged to attend the Link UP program.

Link UP is being held on Saturday, March 24th, 2012 in the HUB-Robeson Center of the University Park campus. The event is scheduled from 10:00am to 4:00pm and includes various happenings, such as optional campus tours, academic college meetings, a continental breakfast, free lunch, a student panel, and a resource fair. This distinct program provides an exclusive chance for students to visit the University Park campus and learn about campus resources, meet with representatives of their academic college, and begin to understand the advanced planning and timing necessary for a successful completion a change-of-campus. Ultimately this experience will help individual students discover which Penn State campuses offer their desired majors and will allow them to meet other potential change-of-campus students.

Representatives from many of the Commonwealth Campuses will also be attending Link

UP, meaning that transferring from Brandywine to University Park may not be in your best interest, but transferring from Brandywine to Berks, Altoona or another Commonwealth campus may be. Campuses will provide transportation to Link UP and University Park will cover all peripheral expenses, for the continental breakfast, lunch, and all other sessions.

Having contacted the Assistant Director of Student Affairs of our Brandywine branch: Ronika Money has provided insightful understanding into the Link UP program. Money emphasizes three main points of which Link UP will be beneficial to the student body. First, this experience will help you to make up your mind from a more academic standpoint. Second, this program allows students to be more proactive when making new decisions before leaving Commonwealth campuses. Third, most importantly, the students will have the luxury of meeting with your desired college on a more personal level.

Money also provided a bit of background information for the Link UP program mentioning that the idea of Link UP came about in fall of 2010 and this is its third successful year. Overall, Money proclaimed that this experience is designed to allow students to avert their exhaustion and not feel so overwhelmed by the change-of-campus process. The Link UP program is intended to provide a true "WE ARE... Penn State" experience for all students joining the platform and continuing their Penn State career successfully.

CSI Brandywine

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On Monday, March 19, Penn State Brandywine students and faculty will get the chance to hear from one of the few female Crime Scene Investigators in the country, Anya Sanko. Sanko, who has been working for the Las Vegas Metropolitan Police Department for nearly three years, will discuss the ins and outs of real life Crime Scene Investigations, and not necessarily the depictions that we see on television.

Originally from Detroit, MI, Sanko received her B.S. in Forensic Science from Michigan State University, and studied Biology at Edinboro University of Pennsylvania. Not only does she have her qualifications in Science, she is also certified as a paramedic and a firefighter. Prior to becoming a member of the Las Vegas Police Department, she has worked as both a teacher and a paraprofessional at a few different colleges in the police, EMS, and firefighting departments.

Although she has never worked in a crime lab as a part of her police department in Las Vegas before, Sanko's knowledge of her field, will give the Brandywine community an opportunity to learn more about the forensic science career and in great detail, what it consists of. This lecture will also be the first at the college level, although she has spoken at several conferences in which focused on both firearms and forensics.

Sanko's lecture is entitled, "The Girl with the Guns," and will be taking place in room 101 in the Main Building, during Common Hour. Following the lecture, Sanko will be taking questions from members of the audience.