# Eye on Editorials

## September 11th, 1973 Never Forget

By Evan Kroboth - Lion's Eye Editorial Editor esk5070@psu.edu

This past weekend was the 37th of our nation's imperialist role in the brutal repression of the Chilean people.

Tuesday morning September 11th 1973, two fighter jets launched a deadly attack on the Presidential Palace of La Moneda in the heart of Santiago, Chile. A U.S. backed military coup led by Augusto Pinochet murdered Salvador Allende, the world's first democratically elected Marxist head of state.

More than 3,000 people were killed in the September military onslaught, and a U.S. State Department report from 1974 gives an estimate of 10,800 killed between the start of the coup and the end of 1973. Following the initial violence, the military junta dissolved congress, suspended the constitution, established a nighttime curfew, and restricted the media.

So next "Patriot Day" if you plan on observing a moment of silence, flying a flag at half mast, or wearing that certain article of clothing resembling an American flag, take a moment to remember Salvador Allende and our government's role in the brutal repression of the people of Chile, and our ongoing opression of people the world over.

# College Life:

**Decisions Eating At You** 

By Justin Park Lion's Eye Editor in Chief jrp5321@psu.edu

So you're heading down 352 to get to a class that starts in 20 minutes. You have about eight bucks on you and just enough time to get something to eat before you invest some time in class. You've got McDonalds on your left, Burger King on your right, and Wawa just behind that. What do you do?

If you're the person that brought a homemade salad and water bottle with him/ her from home, you can abandon this article now, because it's not for you. However, if you want to understand what goes through the minds of people who can't manage their time or cash as well as you, stick around and get a laugh.

For the rest of us, it's kind of a no win situation. You know that no matter what you decide to get, you're probably taking in an unreal amount of calories and feel worse than you did sometime after your third burger.

I know, I've been there.

Look, I'm not your doctor, parent, or even friend, so I'm not trying to tell you that what we eat is bad and that we should change our ways to a better, healthier life.

Instead, I'm merely making excuses for you and I to tell those previously mentioned people why we eat the way that we do.

I'll lead off with the time, a classic. Everyone knows that college kids are pressed for time and if you're anything like me, you use that as your go-to excuse. "Who has time to actually get out of the car and grab food from say, Wawa, when I can have someone take my order from my driver seat and get me exactly what I tell them (greatest thing ever)?" It doesn't make any sense right? I even like to give myself more credit by saying it's dumb to get out, move around and search for food (can you say exhausting?), then stand in line and have to interact with more than an intercom. Sorry, but logically it just doesn't add up. Who has time for that? "Fast food" literally has fast in its title and faster is always better right? For college kids, fast food is hands down the more convenient way to go.

Excuse #1: Valid

Besides, we all know that even if we do opt to head into Wawa for a wrap and water we always come out with two hot dogs a tastykake, and a slurpee. It's fact.

Moving on to the second best excuse for us to eat poorly, it's unbelievably cheap. Who doesn't like getting a good deal? Apparently people who eat healthy food. I'm sorry but whenever I'm around anyone that gets an \$8 veggie wrap (which doesn't happen often for me) I can't help but translate that into fast food currency. Eight bucks would get you eight McDoubles from Mickey D's or 40 chicken nuggets from Wendy's (yeah, I said 40). That's a freaking feast!

Again, it just logically it doesn't make sense to me. For better, but most likely worst, I'll take the burgers or nuggets any

Excuse #2: Incredibly valid.

If you still feel the need to defend yourself, or just sticking around to see how truly unhealthy we're both finding out I really am, the last excuse is taste. Ok, so you go through your memories and pull out that time that you were eating and said out loud "Mmmmm this lettuce is so good!" If it doesn't exist in your memories, you should know by now it doesn't exist in mine. Going back to that person getting the veggie wrap, do you really think that taste better than deep fried potatoes and dripping grease burgers? I'll tell you right now, it totally doesn't.

I can't speak for you, but I only eat the most tasteful foods (maybe the only standard I have for myself when eating). So unfortunately salad doesn't make the cut, but milkshakes and burgers are more than happy to take their place.

It's no secret that fast food taste a million times better than healthy food and why would I want to go through life not eating the best tasting foods?

Excuse #3: Valid.

I hope now, that if anyone ever gives you a hard time about the way you eat, you are fully prepared to argue back and if you're not completely disgusted by my personal eating experiences shared in this passage, email me your thoughts and excuses. Or just buy me a burger and fries.

## 2010 Voices of Innovation Seminar Series

Come learn about organizations that have moved beyond simple volunteering and using a "Band-Aid" fix for community concerns. Hear how these organizations

implementing innovative ideas and strategies for creating and maintaining sustained change for populations with an identified

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need.

Monday, August 30-Canstruction, Inc.-A foundation of the Monday, August 30—Canstruction, Inc.—A foundation of the Society for Design Administration (SDA). Canstruction® is a trademarked design/build competition held in cities throughout North America and countries around the world. Teams of architects, engineers, and students mentored by these professionals, compete to design and build giant structures made entirely out of canned foods. The results are displayed to the public in each city where a competition is held. At the close of the exhibitions all of the canned food used in the structures is donated to local food banks for distribution to emergency feeding programs that include pantries, soup kitchens, elderly and day care centers. Come hear about the Philadelphia competition and its competition with Philadelphia competition and its competition with Philadelphia competition. Philadelphia competition and its connection with Philabundance!

Monday, September 27-SCURB, Public Voice for Public Monday, September 27—SCURB, PUBIIc Voice for PUBIIc Space—SCRUB is the public voice for public space. Through advocacy, education, legal recourse and community mobilization, SCRUB works to assure that the public has a "seat at the table" along side government and private interests when decisions are being made that affect Philadelphia's public spaces and the visual environment. SCRUB is the "go to" organization for communities seeking: information and counsel about laws and regulations; innovative ideas; and effective strategies for protecting and advancing the visual appeal of their neighborhoods. SCRUB is also Philadelphia's watchdog for public spaces that lack an organized constituency but whose quality of life affects all of us. While outdoor advertising has been SCRUB's most celebrated issue, the organization's overarching focus is in strengthening Philadelphia's communities by making overarching focus is in strengthening Philadelphia's com-them vibrant, healthy places to live, work, play and visit.

Monday, October 25-Urban Tree Connection-Urban vacant land Monday, October 25—Urban Tree Connection—Urban vacant land is typically concentrated in socioeconomically disadvantaged neighborhoods and is often linked to drug-related crime and violence. The City of Philadelphia is currently estimated to have over 30,000 vacant lots, many of which are overgrown, filled with trash and contribute to an appearance of decay and blight. Urban Tree Connection believes that community-based urban greening is a great way for residents of all ages to bring about positive change in their neighborhood. In addition to beautifying the neighborhood, urban greening projects also provide a variety of economic, environmental. urban greening projects also provide a variety of economic, environmental, health-related and social benefits. We involve neighborhood children in all our projects as we believe it is crucial to educate the next generation of urban residents about the immense value of urban green space.

### **FALL 2010**

### **Advising & Career Events**



**Provisional to Degree Progression** September 9, 2010 Room 205 Main Building

**Career Fair Prep** Resume, Dress for Success & Interview Skills (attend one) October 6, 2010

> 12:30-1:30 October 7, 2010 Room 205 Main Building

> > 11:30-12:30

Room 216 Main Building



Resumania (walk-in resume reviews in 112 Main) October 11th and 12th 10am-6pm



**Career Fair** October 14, 2010 Gym, Commons Building 11:30-1:30

**Change of Campus Program** November 4, 2010 203 Large Conference Room, Commo 11:30-1:30

**Gotta Get a Major Workshop** 

November 9, 2010 Room 205 Main Building 11:30-12:30



MISSION **STATEMENT** 

journalism.

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Generation Editor - Caitlin Hazinsky

Sports Editor(s) - Justin Park

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