## The Lion's Eye

my friend, Holly.

When she came

out I asked her

how it was and

"Before I went in

what to expect, I was a little anx-ious but excited

at the same time.

was in the lodge

for about a whole

hour and it was

over one hundred

degrees inside,

didn't know

she

replied,

## Eye On Community **Delco Community Update**

### **DelCo's 1000 Paper Crane Workshop**

Come learn and share the art of origami paper crane making with THON! Our goal is to make 1000 blue and white cranes for the kids. Join us Monday, November 6, 2006 from 10:00am ro 1:30pm in the Large Conference Room, Commons Building. For more information contact Crystal Bowhall at delcothon@psu.edu.

#### **Cell Phone Drive**

The HDFS Club is collecting any and all used cell phones. With the funds raised from refurbished phones. Verizon Wireless provides airtime to victims of domestic violence and funds non-profit domestic violence shelters. Drop boxes are located in: the Vairo Library, Academic Affairs (2nd Floor Main) and Student Life (2nd Floor Commons). For more information contact Heather Cuthbert: hmc163@psu.edu.

#### **THON Concert**

THON is having a concert in the Commons Gynmasium from 3:00pm to 7pm on Sunday, October 29th. The local talents of Racing Kites, The Scenic, More Like the Moon and many more will be featured. The show is \$5. For more information visit www.myspace.com/chords-

#### **Upcoming Vairo Viewings**

Vairo Library is sponsoring a film series entitled Vairo Viewings. On most Fridays during common hour (12:30 - 1:20), the library will run the films listed below in the lower level Vairo Lounge.

November 3rd - Under One Sky: Arab Women In North America Talk About The Hijab

November 10th - The Way Home: Finding Your Place In The Golden

November 17th - Sports And Society: Management Ethics In Sport: Excellence And Compliance

Is your club doing something for the community? Need help getting the word out? Contact David M Pondelick at dmp5006@psu.edu for information for posting in next issue's Delco Community Update.

# Outdoors Club Goes to **Ridley Creek State Park**

#### By Rich Zangari Special to Lion's Eye

I am a freshman at Penn State Delaware County and a lover of the outdoors. I would like to thank everyone who made this weekend pos

sible. If you did not get the chance to attend (or just could not find the place), you definitely missed ou on the best weekend of your life. The day went along like so: first, Steph and I tried to put up the tent and failed so we asked for a little assis tance from Andrew and Holly, whom

helped us figure out how the tent would go up and not fall on us during the night. After the tent was up, Dr. Madden asked all those on the trip to join him in the fire circle to participate in a Native American ritual where everyone would stand shoulder to shoulder and be showered with sage smoke, as we were showered Dr. Madden

asked us to say a little prayer and ask for this weekend to go as planned and to bring positive energy into ourselves and into the people around us Soon after everyone was showered We were asked to say a little verse about our selves and what we expect to get out of this weekend.

Meanwhile, he passed out rocks that represented the four elements of fire, water, wind, and earth along with the spirit of new life and new friends. Later on as the fire was being started, a group of people started to make the sweat lodge. I, myself, thought that this was interesting because the sweat lodge is a Native American building but was built with bamboo. The lodge itself was interesting consisting of only bamboo, blankets and a tarp. After it was constructed, on the inside there was a small hole dug out of the ground that would later hold the rocks that were thrown into the fire earlier that day. About sixteen people were packed in to the

Preview: Delco's Penn State Day

#### **By Sharon Achilles** Lion's Eye Staff writer saa192@psu.edu

Every year as the leaves around campus change from summer's green to a crisp array of brown, orange and yellow, students and the community await one pumpkin filled event: Penn State Day

Admissions, Student Life and clubs hosts an afternoon full of activities on Oct. 28 from 11:30 am to 3:00 pm. "Penn State Day is to celebrate the

Penn State community with the staff, faculty students and the comstated Dava Murray, munity. Coordinator of Student Involvement basically meaning everyone is invited!

There will be something for everyone including: a band, bean bag toss, air guitar, Lego creations, word games and much more

It just so happens that Halloween is only a few days following the event. How creative! This is an opportunity for students, faculty and staff to use their imagination

and show their wild side. Witch, cowgirl, doctor, donkey and any other costume one can create is welcomed. "This event is an opportunity to

enjoy the campus outside of the classroom," Murray said.

Before the weather turns brisk and the leaves crackle under your feet now is the time to get your full of pumpkin. Scheduled events such as a great pumpkin hunt, a pumpkin design competition and pie eating contest will satisfy any Halloween lover or Penn State fan.

small dome and the door was closed. Inside you could hear Dr. Madden and fellow members chanting and taking in the steam that was produced from the rocks when water was poured on them. One of those sixteen people that went in to the sweat lodge was

and it was so dark to the point where I couldn't see anything.

After she warmed up by the fire, I asked her what was it like and she replied "It was a very intense spiritual ritual that was cleansing and it opened my eyes to a new light, it was an experience I will never forget.



As the sweat lodge was coming to an end all those outside asked were to remain quit and let those coming out of the lodge to sit by the fire and get use to the cold. Some people walked around and others just went back to their tents to sleep. I did not join the lodge, but from what

I saw and was told I could get a feel of how it was.

Later that night as more people retired to their tents and only Andrew, Holly, Steph and I were the only ones still up so I walked and got some food from the potluck and sat back down by the fire. As the night stretched on one of us decided it was a good time to pull out the hookah (for all of you who do not know what this is, it is like a bong with a hose but it is for flavored tobacco).

Further into the night about five hours later those of us that were complete strangers were now close friends. The next morning, Steph, Holly, Andrew, and I decided to go for a little hike through the woods to find a waterfall. On our journey we stumbled upon this hill that was perfect for rolling down so for about fifteen minutes we took turns rolling down to see who could get the furthest. We started to head back to camp and pack up for home. As we all headed for our cars we said goodbye to the site of one of the best weekends we have ever had at this point in college and hoped to have an even better one later on in the year.

In conclusion to this story, I would like to share with you the three things you will need to have on a camping trip: good friends, pasta salad, and hookah.

