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Making King's dream become a reality today

By KATHY SMITH Staff writer

"... I have a dream that one day this nation will rise up and live out the true meaning of its creed: 'We hold these truths to be self-evident: that all men are created

I have a dream that one day on the red hills of Georgia the sons of former slaves and the sons of former slaveowners will be able to sit down together at a table of brotherhood ...

I have a dream that my four children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character.

I have a dream today.

I have a dream that one day ... little black boys and black girls will be able to join hands with little white boys and white girls and walk together as sisters and brothers.

I have a dream today ...

The Rev. Dr. Martin Luther King's famous 1963 speech still reverberates in history. On Jan. 15, Penn State Delco honored the civil rights leader with a day of speeches, singing and soul-searching.

To cherish the day in full effect, guest speaker Joseph Selden, came to talk to students, faculty and visitors at Penn State Delco about just how important Martin Luther King Day is and should be to people of every race.

The presentation was kicked off by a welcome note from Director of Academic Affairs Dr. George W. Franz kicked off the presentation with a welcome note, and an introduction to the Rev. Brian Brewer, pastor of the Delaware Valley Christian Church.

'Equality is key in this world," Brewer told his audience. The pastor emphasized King's dream and just how important it

"Everyone deserves freedom and the right to live justly, and everyone is created and should be treated that way," Brewer

Brewer had the audience participate by singing "Let Freedom Ring." Afterwards, he rang a bell to symbolize our freedom.

As Brewer finished his talk, a gospel choir started singing, "Lift every voice and

The room was filled with baritones and sopranos - each singing with joy evident in their voices.

Then, Wesley Harris took the stage. Harris, a Penn State Delco student, introduced the keynote speaker for the event, Joseph Selden.

Director of multicultural programs at Penn State Main, Selden said he "was more then pleased to see the turnout of the presentation.

But, he said he was also severely disappointed and upset the crowd was not as diverse as he'd hoped. Most of the crowd was African-American.

Diversity is extremely important Selden said.

"We all everyone needs to come together in unity," he said.

Sadly, racial discrimination still exists, Selden said. He spoke of King's "I have a dream" speech, what things have changed since King made the speech in 1963, and what things have remained the same.

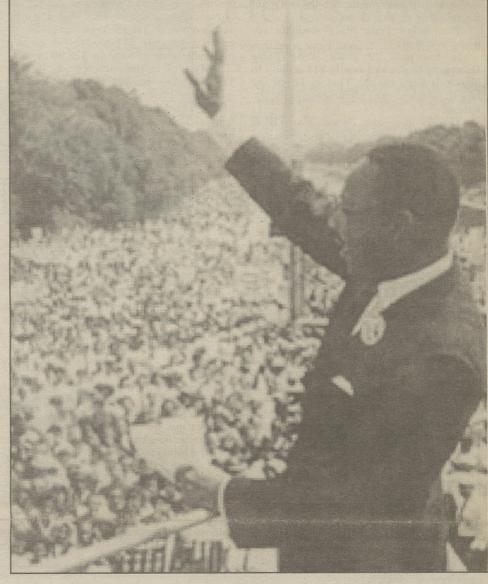
Children are our future, Selden said, and their minds can easily be destroyed.

He talked a bit about gangster rap and the bad message it sends out to young children. He went on to say that gangster rap implants images into children's minds and they react in a negative way.

To help students better understand the importance of his speech, Selden suggested a few books he believes should be "a part of learning" for everyone.

Three of these books are: "Bearing the Cross," by David Garrow, "Let Nobody Turn Us Around," by Marable Manning, and "Black Lies, White Lies," by Tony

Student Anyae Harve said the program



The Rev. Dr. Martin Luther King makes his "I have a dream' speech before thousands in August 1963.

was educational and interesting.

"It was inspirational in some ways towards positive unity," said Harve, a sophomore biochemistry/molecular biolo-

Selden also gave students some ideas he believes will help eliminate hate and create unity.

Among those:

■ Be impeccable with your words

Say only what you mean Speak with integrity

Don't take anything personal

■ Don't make assumptions And, always do your best.

In closing, Selden left students with this statement: "Kids are our future, people in the audience, you are the generation that holds the baton.

Students attending the program said they learned a great deal.

"It was very educational and gave me a good point of view on life," said Sherisha Lawson, a freshman business major.

Wesley Harris, a junior biology major, added Selden was particularly insightful and gave him hope for the future.

"It was a very uplifting experience," Harris said.

If anyone is interested in contacting Selden, feel free to email him at jqs@psu.edu. He said he would be more than happy to answer any questions you may have.

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By BRENT FOOTE Staff Writer

Let's face it, winter is gray, cold, and lifeless keeping us pent up indoors for the most part. It gets boring, I know, so those of us who can try to get to the bars for some entertainment, or maybe catch

And when bars and movies get boring, there's always sex!

Come on, you know its true. Anyone in their right mind would rather get some wine, rent a movie and snuggle by the fireplace.

With Valentine's Day around the corner this is probably what many of us will be doing, but there are a few things to consider about your health before "playing doctor."

Sexually transmitted diseases (STD) account for more than 85 percent of the most common infectious diseases in the United States. According to the Center for Disease Control three million of the coming year's 15.3 million new cases of STDs in the U.S. will occur in people aged 13 to 19.

Recent studies by the CDC found that by 12th grade, 65 percent of high school students have had sexual intercourse and one in five has had four or more sexual partners. (Wow, where the hell was I during all the action?)

Another study indicates that among high school students who had received routine check-ups, only 42.8 percent of females and 26.4 percent of males had discussed STDs or pregnancy prevention with their doctor.

The smorgasbord of common STDs Gonorrhea, Syphilis, Chlamydia, Genital Herpes, and the mother of them all - AIDS.

Statistics show that Gonorrhea rates increased by 9 percent between 1997 and 1999. African Americans chances of contracting gonorrhea are 30 times higher than in whites. African American women, in particular, are at an even greater risk of contracting genital herpes. Genital herpes affects an estimated one out of four (or 45 million) Americans.

Chlamydia remains the most frequently reported infectious disease in the U.S., and an estimated three million new cases will appear within the next

Through June 2000, the CDC received 753,907 AIDS cases; total deaths reported were 438,795. Between the ages of 20 to 24 the number of deaths were 26,518 with numbers jumping into the 100,000's after age 29. Studies have repeatedly demonstrated that people are two to five times more likely to become infected with HIV when other STDs are present.

The United States has the highest (50-100 times higher) rates of STDs in the industrialized world. STD prevention is simple. First and foremost, the CDC recommends using latex condoms during any and all types of sexual activity. If used properly, latex condoms are highly effective against most sexually transmitted disease agents, including HIV.

Second, ask any new sex partners if he or she has an STD, has been exposed See SEX: Page 2

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On Page 4: ■ Shed your old skin, it's the Year of the Snake. A Chinese New Year celebration.

■ Don't know where to dine with your sweetie on Valentine's Day? Check out some of our suggestions. On Page 5:

■ What do women and men really want from each other (for Valentine's Day)? Check out these gift ideas.

■ Does Valentine's Day make you want to puke? On Page 6:

■ We need to more than tolerate people different from ourselves, we need to accept them. An editorial.

■ What do you think about the service the bookstore provides? A people poll.

■ Penn State Delco professors tell students how the Rev. Dr. Martin Luther King influenced civil rights, politics On Page 8:

■ The Lady Lion's are shooting their way toward victory on the basketball court. ■The Lion's roar in the faces of their competitors. A

record of men's basketball and a look at what's ahead.