



Speaker Sonia Manzano, of Sesame Street fame, will speak to students about positive role models in the Hispanic community on November 12.

Former Sesame Street Star Spreads Positive Messages

By Aaron Mixson

When you were a kid, what was your favorite show? *Sesame Street*, right?

Sonia Manzano, also known as Maria on the show, plays the Latina role of a caring wife and loving mother, and she works in the Fix-It Shop.

Sonia has been with *Sesame Street* since the show's fifth season. After ten years of acting on the show, she began writing scripts based on personal experiences to shape her character and has earned seven Emmy Awards as a member of the *Sesame Street* writing staff.

Ms. Manzano will give a presentation here at Penn State Delco on November 12. Throughout the talk she will stress the need for developing individual personality and character.

"The teaching methods on *Sesame Street* are easy for kids to understand," says John David

Hodgdon, 1st semester LAS student. "I love Oscar the Grouch," Jamie Schreiber, 2nd semester LAS student, adds. "*Sesame Street* was the bomb and Snuffleupagus was the man," Anthony Mariani, 2nd semester LAS student, confirms.

Those who grew up singing children's songs and learning the ABC's with Big Bird, Bert and Ernie, Oscar the Grouch, and Elmo, along with Maria, will especially appreciate Sonia Manzano's presentation, which is bound to draw a large crowd both from the campus and from the surrounding community.

Remember!

Last Day to Drop
Classes Is November 19.

Club Update

November Brings Food, Fun, and Fab Times

By JoAnne Johnson

"I am really happy with the way clubs are so active this year," said Maria Iannarelli, 3rd semester DUS major, and Vice President of the Student Government Association. "I really think we've made a breakthrough with student interest this year," when asked about campus clubs and student interest.

Seventeen different clubs are active on this campus this year, each one addressing different issues, but each is working toward the same goal: alleviating student apathy, and trying to make this school better than it would be without these clubs.

Many clubs have planned open activities for the campus that will be taking place in the next few weeks.

On November 18-20, the Student Athletic Association and the SGA together will host an inter-club volleyball tournament. Each club needs a minimum of six people, with a maximum of eight, to play other clubs for bragging rights and some cash. The tournament fee is \$2 per person, with the proceeds divided among 'Thon, food and trophies, and the remainder going into the winning club's fund. President of the S.A.A., Vince Scenci said, "I expect every club to attend this. There's money going towards charity, and they can also get money at the same time."

If any club wishes to participate, but cannot form a whole team, they

can join other clubs to participate in the competition. However, stacking teams is frowned upon. The S.A.A. will also hold a basketball tournament on December 5 and 6.

The Multicultural Club will be holding a Food Festival on Wednesday, November 5 during common hour in the Main Lounge. The admission will be \$2, and with entertainment including a live band, Minimum Wage, Indian dancing, and songs performed by Kiterra Moore and Yanina Kulchitskaya.

The Nittany Christian Fellowship meets in room 219 Main every other Wednesday. The next one will be on November 12. Everyone is invited and lunch will be served. Any questions or comments about the club should be addressed to Nathan Appleby at nra109@psu.edu.

The Lion's Globe Drama Group had auditions in October for its Fall production, which has yet to be announced. They intend on performing the following plays throughout Fall and Spring: "Readin', 'Ritin', and 'Rithmetic," "He's Having A Baby," "The Fifteen Minute Hamlet," and "Five in Judgment."

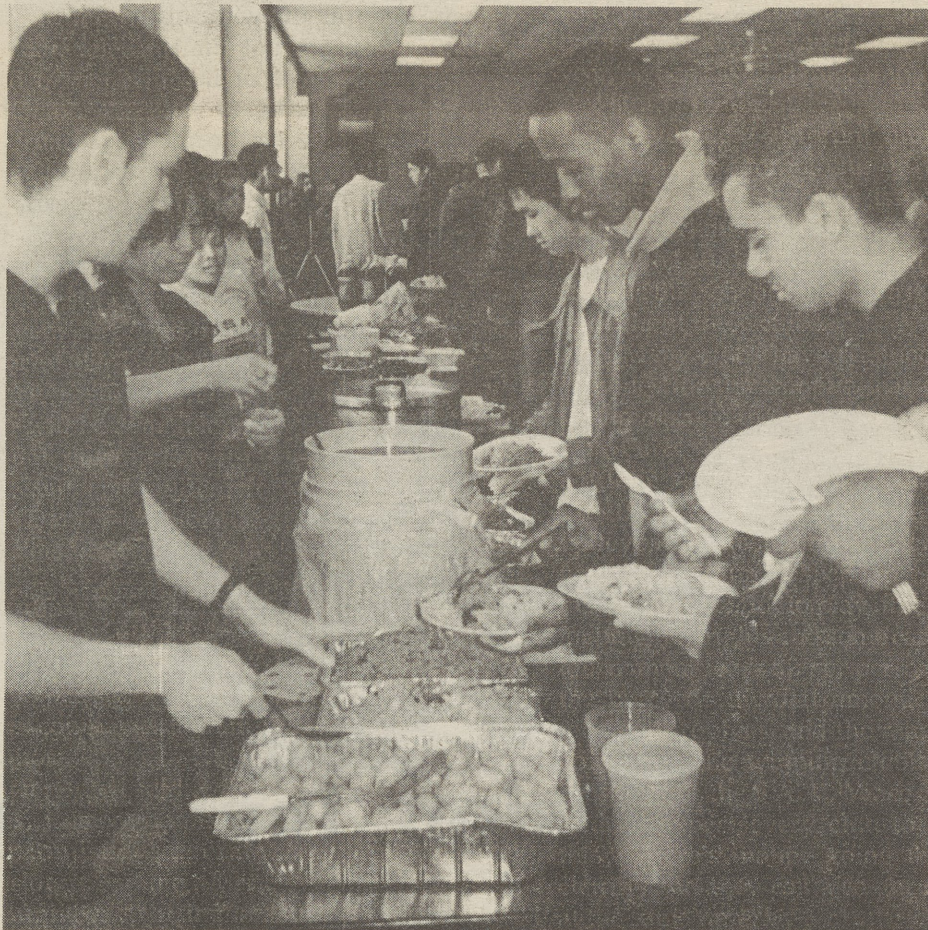
The Keystone Society is holding its annual Pie Throwing Contest on Friday, November 21. The cost is \$2 to throw a pie from 10 feet, and \$4 to smash it in a person's face. The proceeds will benefit 'Thon. There are many students who plan to be targets, but more importantly, there will be

faculty members there.

The Foreign Language Club will be visiting Athens West on November 22 at 9:00 p.m. This is a live music dinner club offering continuous Greek/Middle Eastern/Mediterranean Music and famous authentic Greek cuisine.

Anyone interested should contact Melissa Tiniakos at mxt138@psu.edu

There are many more activities that will be planned, so keep an eye out for the exciting events that the clubs provide for not only its members, but for the entire campus to enjoy.



Food! Food! Food! Students enjoy exotic offerings at the Asian American Festival. Photo by Lea Anne McGoldrick

Veganism: More Than Just Food, A Way of Life

By Christian Kurpiel

Have you ever considered adopting a vegan diet? Have you ever concerned yourself with the ethical issues that surround a meat-centered diet? I pose these questions not to convince, but to inform. When choosing to live as a vegan, you embrace a lifestyle that is the essence of compassion and peaceful living. This includes speaking out against non-violence, leading to strong impacts across your community, and standing to represent those who are unable to speak for themselves.

I suspect that it might be of some

use to explain briefly what a vegan is. A vegan (pronounced vee-gun) strives to end all forms of animal abuse by eating solely plant-based foods. A vegan rejects all meat, dairy, eggs, all animal-based clothing and all other animal products and ingredients.

A vegan feels that all animals on this planet have the right to live free from exploitation and oppression. As Jeremy Bentham, a philosopher from Oxford said, "The question is not, 'Can they reason? nor, Can they talk?' But rather, 'Can they suffer?' Recognizing animal suffering is the backbone to becoming vegan. Humans do not have

the right to inflict uncontrollable pain on other living beings, simply in the name of flavor and desire.

Like prejudices based on skin color or gender, animals are exploited because of speciesism - a prejudice against others because they belong to another species of the animal kingdom. Like humans enslaved, exploited, and exterminated throughout history, animals are victims of the philosophy, "might makes right" in which the less powerful are used and killed. Schopenhauer said in *On the Basis of Morality*, "The assumption that animals are without rights and the illusion that

our treatment of them has no moral significance is a positively outrageous example of Western crudity and barbarity. Universal compassion is the only guarantee of morality."

Sometimes vegans are accused of being naive to the fact that "life is cruel" and that "animals kill each other." Regardless of whether life can be cruel for some, or whether others kill, each of us has the capacity for compassion and can choose not to contribute to the suffering. I welcome any response and encourage all to do their own research on the subject. I may be reached at cxk286@psu.edu.