March 1, 1996

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Campus Community Confronts Dangerous Eating Disorders

By Jackie Roth

Her eyes danced across herself amid the reflection in the silver mirror. The guys would like her now.

She was beautiful, so she thought, and so thin. So very thin! How proud she was, for she lost thirty pounds. Thirty whole pounds. She wouldn't be gawked at, or stared at, pointed at or made fun of. No! She was thin and now there was only bones. Beautiful, beautiful, thin bones.

Hundreds of girls battle every day with their own self image and desire to be thin. I don't know of any girl that has reached the age of twentyone without having dieted at least once in her life, or at least considered it. Despite the growing number of young women developing eating disorders, the issue never seems to get the attention it should.

Delco hosted a speaker on February 21, on this issue but very few people were even aware it occurred. Again, the issue was kept quiet, as if it were a secret. The reality is that too many women are made to feel that they can never be too thin. The facts need to be presented in so that people will realize the dangers that eating disorders present.

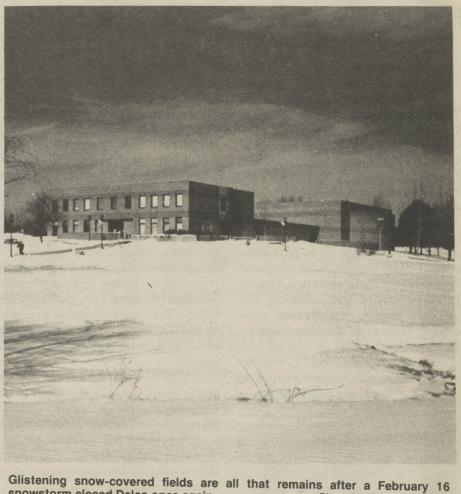
Speaking from personal experience, I know how hard it is to look at yourself in the mirror and see what other people see in you. For years, I have stood there and seen someone that is ten pounds too heavy while friends and family see the bones and know that I have lost more weight. But still I look in the mirror every night and feel the same way.

Anorexia, bulimia and overeating are not curable diseases, but they are controllable. These diseases can be dangerous and life threatening. They need to be fought not only by the patient, but society as a whole. We may see how thin others are and express concern to others but often no one tries to help or understand.

Those that have these diseases don't know how to explain their feelings, and those that don't realize and then forget.

This February 21 presentation was a start. But so much more needs to be done to address this frightening problem which affects so many young women.

SMOTHERED IN SNOW!



snowstorm closed Delco once again. Photo by Greg Jurkowski

Candidates: Who Will Get Your Vote? The GOP

By Nicholas Felici

The race of the Republican primaries in '96 is going to need a camera for the photo finish. One with a 250mm protracting zoom lens and auto focusing, and multiple flash release to eliminate red-eye.

Whether people are fond of following the different personalities of this '96 campaign, or merely ill from constant bombardment of lies and negative advertisement produced by several GOP candidates, this year's race is certainly not a sleeper.

Five months back, Senator Bob Dole could have strolled his way into the elections. His tag-team partner, Newt Gingrich, fought along side him against President Clinton, often making the President look selfish and stubborn. It's funny how quickly things can change.

Like an abused single off of a good album, overplayed and old, Newt was finally thrown off of the Top Ten list. He spoke too often and too critically, and even his own party began to whisper to him to shut up.

With Newt standing on the sidelines, Dole slowly sank in the polls. Using his decades of political experience and his long stand in the Senate, Dole spoke of how he knows how to get things done. He knows how to wrestle with Congress and pass

bills. He certainly has seen it all. He prides himself on taking shrapnell in World War II. WWII is really just historical black and white photos to me. That was then; this is now. He has lived almost three quarters of a century. Better choose one hell of a Vice president Bob.

Commentator Pat Buchanan began advertising himself as Mr. America, stressing the importance of family, religion, and the right to bear arms. Buchanan's claims are strong ones. He wants to rewind the clock and take the country back to the moral values which made the United States so great.

He continues shelling out his

conservative ideas, demanding "America First," and announcing that the U.S. should almost "build a wall along its borders," locking out all immigrants and setting a watchful eye on the drug smuggling from South America. Internal business should be valued higher than international trade.

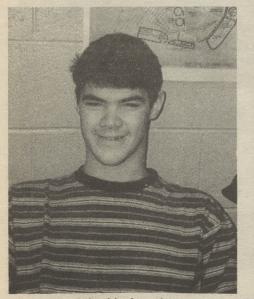
Some label Buchanan as an extremist, calling his platform rightwinged and way off-center. However, he beat Dole in a surprising upset in New Hampshire, and he is for real. Many predict him to win the GOP nomination.

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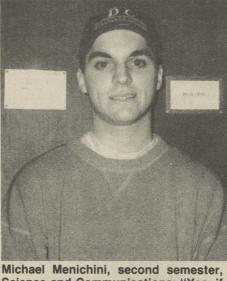
Photo Survey

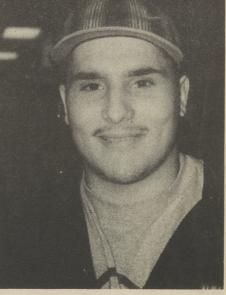
Can Money Buy Freedom in the American Judicial System?

By Janine Furillo









Brian Budzinski, fourth semester, Psychology: "Yes, money can buy the best lawyers that can get you off on any technicality regardless of the factual evidence.'

Katrina Young, sixth semester, Health Policy Administration: "It's not that money buys you freedom; it just buys good lawyers and a defense team to help you. Nine times out of ten, that will help you win."

Science and Communications: "Yes, if you have enough money you can buy your way to freedom. For a person that doesn't have money they are convicted quickly; while a wealthy person is able to pursue all avenues.'

Jeff Gifford, second semester, DUS: "Yes, because money buys almost anything."