



SPORTS





Nittany Lions Rank at Top

By Rob Servian

The Penn State Nittany Lions are number one in the Usa Today/CNN coaches polls. This is the first time the Nittany Lions have been ranked at the top of the polls since 1985. That year the Oklahoma Sooners ruined Penn State's chances for a national championship with a fifteen point victory in the Orange Bowl. Many remember the Lions winning the national title in 1986 with a victory over Miami in the Fiesta Bowl. However, PSU was never ranked number one during the 1986 season.

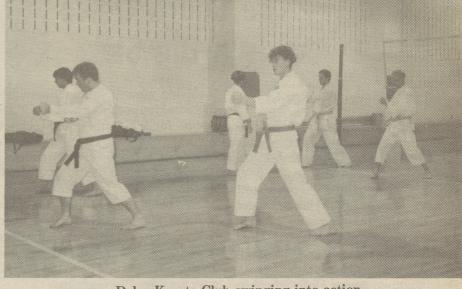
ranking of his team was that he was " not really concerned about the polls this early in the season."

number one, Lions wide-out Bobby Engram said, "Of course. But all we seasons with bowl victories. Penn State can do is win all our games and leave finished the season with national it up to the polls in the end."

That's just what they've been doing. Before 97,079 spectators, the largest

ever at Beaver stadium, Penn State destroyed the Ohio State Buckeyes 63-While every player made important contributions top the game two starters stood out from the rest, Ki-Jana Carter and Kerry Collins. Ki-Jana Carter ran for a career high four touchdowns and amassed 137 yards on just 19 carries. Just as impressive was Kerry Collins. Collins, who leads the nation in passing efficiency, completed 19 of 23 passes for 265 yards and two touchdowns in only two and a half quarters of play.

This win over the Buckeyes should re-affirm PSU's rightful number one Joe Paterno's reaction to the recent ranking. Not since the Ohio State team of 1968 has a Big Ten team finished number one. During Joe Pa's twentyeight year tenure as Penn State head When asked if PSU should be coach the Lions have gone undefeated six times and ended four of those championships in 1982 and 1986. Let's hope that the 1994 season ends the



Delco Karate Club swinging into action. Photo by: WES TOMLINSON

PSU Karate Club Kicks In As The Year Goes On

By Jennifer Holland

"I come to you with only karate, empty hands. I have no weapons, but should I be forced to defend myself, my honor, or my principals, should it be a matter of life or death, of right or wrong, then here are my weapons, my empty hands."

This is the creed which guides the Penn State Delco Karate Club. The members study Isshinryu Karate, which was developed by Tatsuo Shimabuku in the 1950's.

The word "Isshin-Ryu" means "one heart, one mind." It outlines the powerful and fast defense techniques used by the Okinawans in ancient times. By studying this type of karate, the club understands when to use it, and when not to use it. Not only does Issinryu physically strengthen the members of this club, but it strengthens their outlook on life as well.

The members of the club meet every Tuesday and Thursday from 6 to 7:30 p.m. in the auxiliary gym. Meetings are also held on Monday, Wednesday, and Sunday, but they are not mandatory. The members begin their meetings with basic stretching techniques, working their way into their form, Suansu, which means "strong man."

Each member of the club receives a pamphlet of rules that contain different facts and terms about karate. They begin as a Shichikyu, which is a

On October 14, the members were tested for the orange belt in the

Delco gym. Testing normally takes place with the Karate Club at University Park. Members are tested with each belt. The order of belts is white, orange, blue, green, brown, and black. Club president Alex Maclean is a greenbelt.

Maclean says, "I feel karate is a real confidence builder, especially outside of class. You can deal with people a lot easier. I don't worry about getting into fights with people. I know that if I get attacked, I will be able to defend myself."

Sophomore Ted Trullinger, vicepresident of the club, says, "Karate has strengthened my knowledge about self-defense and is a type of competition for me."

Other members of the club include Drew Harhut (senator), Jean Conboy (treasurer), Matt Voss (secretary), Tony Moore, Michael Tsao, Don Gasser, Dennis Wilson, Igor Surant, and Rich Downes.

At the beginning of each semester, there is a beginner's class for new members. For the upcoming spring semester, the class will take place during the first week of January. Information will be posted.

"I'd like to see everybody join some sort of marshal art, especially women because it's getting to be pretty rough in the world today. I'd like to see them be able to defend themselves," says Alex Maclean.

For more information, students may contact the Karate Club through their voice mail, 892-1234, extension 700.

Cheerleaders To Debut

By Javonne Broady

Who do you look for when you need spirit on campus? The Delco cheerleaders! Yes, there are cheerleaders on campus. As a matter of fact, there are seventeen of them. But because they are new and haven't been around for awhile, few people really know about the up-coming squad.

The cheerleaders have been practicing every Monday, Wednesday, and Friday during common hour and Monday nights from 8:30 until 10:00 p.m. Workouts include stand-up cheers that were taught since the first practice in early September, bench cheers (performed while the game is going on), and jumps.

The cheerleaders are not allowed to do any type of tumbling, such as throwing each other up in the air or building pyramids. They also can not

go to away games. These restriction are due to not having a timbling coach and not having insurance if there was an accident.

The cheerleaders will appear for the first time this semester at the first Delco women's basketball game on Saturday, November 16 at 7:00 p.m. They will be wearing navy blue skirts and white t-shirts with the logo PENN STATE CHEERLEADER, with "DELCO" printed in the megaphone. Right now the girls are looking towards wearing Nikes.

Due to lack of money and lack of time, each girl will be paying for her own uniform and sneakers. Squad members sold candy and carmel apples during the October Fest to raise money. "We hope you come out and support the Delco cheerleaders. After all, we are here to cheer you on," said Kia Walker, first semester cheerleader.

Excitement Guaranteed For Basketball Fans

By Bob Purdy

You have probably heard that "life does not come with a guarantee". If it did, there would be more satisfied customers and fewer divorce lawyers. But every so often something comes along that is a "sure bet", in short, a guarantee!

Mark November 26 on your calendar. If you are a sports fan, it will be a day of guaranteed excitement.

You're probably thinking Penn State versus Michigan State in the final game of the season. That could be the game that determines if Penn State goes to the Rose Bowl and ends up 25-1 will be returning to play. Number One in the nation.

best game to be played on November 26. Tape it on your VCR and watch it happen right here in the Delco gym.

men's basketball team take on Delaware County Community College. Even though DCCC has five times as many students as Delco, the Lions always match up well against them in a fast-pace and exciting contest. Bring your friends and get ready to cheer.

At 4:00 PM, after the league game, you can see the second half of this doubleheader treat: the alumni game. This will not be a bunch of 50year old guys in their Bill Clinton jogging outfits walking up and down the court. This will be excitement! Many of the players from the fabulous 1992-93 championship team that went

These are men who like to Forget it. That is only the third compete, and they play at full speed. You will see unbelievable shots and fantastic moves! You will be excited! later. The best games of the day will And when you leave the gym, exhausted and hoarse from cheering, I At 2:00 PM you can watch the guarantee you will be glad you came.

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