

Shirley Levy Ready To Retire From Career As PSU Student

Her diminutive figure has sat erect through almost two dozen courses over the past decade here at PSU Delco. Her bright eyes and gentle smile have looked up at seventeen professors whose classes she has audited through the "Go-60" program for area senior citizens. She has spent the 80's of her life and the 1980's of the past decade taking classes for the sheer joy of learning. Her name is Shirley Levy, a distinguished student and an enthusiastic Penn Stater.

However, even though Shirley's mind is as alert as ever, the daily commute and movement between classes are becoming more difficult. So she has decided to "retire" from her role as Penn State student at the end of this semester.

To mark the end of this extraordinary career and to honor this very special woman, Dr. Robert Ginsberg, the professor of her current Humanities course, declared November 29 "Shirley Levy Day" at Penn State Delco and surprised her with a party in her honor at 2:30 in

Room 101 Main.

In addition to her fellow students in Humanities, special guests at the party included her husband and faculty members who had been her professors over the years for courses in English, political science, psychology, philosophy, theater, health education, art history, geography, sociology, algebra, religious studies, micro economics, and macro economics.

Commenting about these professors in a recent letter of thanks, Shirley said, "I am grateful to these dear people. Their fine teaching abilities help to mold the young students toward a future goal." And she added, "I am glad that Pennsylvania State University has the "Go-60" program. It has really helped me."

Shirley has helped the campus too. Students in her class have found her perspective on class topics fascinating and broadening. She has been an inspiration to many. This campus will sorely miss her presence in the months ahead.



Shirley Levy and Dr. Robert Ginsberg, humanities professor, at the recent party in Shirley's honor.

Photo by: DIANA MICERI

Suggestions For Getting Back At The Gas Gougers

by Judith R. Belson

OK. We're all tired of going to the gas station and paying \$1.35 or so per gallon of gas. And no matter how many gas stations you go to, there aren't any pumps that are only \$1.09 a gallon, the way they used to be. (Besides, all that traveling to a pump a half-hour away is only wasting gas.)

So what can you do about it? Well, if joining a Rambo-like band of American guerillas going to Iraq to personally thrash Saddam is impossible, there are a few alternatives; and hey, they aren't so bad after all!

WALK. Haven't you ever heard all those boring, hyperbolized stories of your parents and grandparents trekking millions of miles in the snowy tundras in order to go to school? or walking that pet armadillo? or chopping wood in order to save the town from freezing to death because everyone else's limbs fell off? and . . . well, you get the picture.

Don't you want your kids to go through the same ear-numbing torment that you did? Of course you do! So now you can tell your kids about that winter of '90 when you had to walk all the way to school.

Besides, like vegetables, it's good for you. You don't need to park close to the mall or drive to the library parking lot; walk!

CARPOOL. See if anybody from this, a commuter campus, can form a carpool with you. You can take turns and share the costs.

FIND AN ALTERNATE SOURCE. All you engineers and chemists out there, come closer. Want to make good money? Here's your chance!

TAKE THE BUS OR TRAIN. It's not that bad. Really, I've done it before. All you have to do is pretend your car is broken or that the gas tank is empty. It's a good way to do homework, sleep, have a legitimate excuse for arriving late, and meeting people.

Now I've given you a few ideas on how to stand up to high gas prices. Good luck!

CRAM 'N' JAM

Friday, December 7

1:30 - 7:30 p.m.

Main Building Lounge

Holistic Health Helps Headaches And Heartaches

by Youngoak C. Marousky

Nurse Phyllis Touchstone has announced a new program on campus called the "Transfer Program." This program is not about how to transfer academically, but how to transfer your life from living at home with Mom and Dad in the suburbs or the city to living in a dormitory or an apartment at University Park. The program deals with a lot of the personal and social aspects of transferring to University Park from a commonwealth campus.

When asked about her job here on campus, Mrs. Touchstone expressed her feelings about her position. "I think that the students already know that I am here, and they know what I do, and I think that they are learning. When you are in college health, it's not just giving out aspirins and putting band aids on cuts; it's dealing with the whole person.

"Whatever affects the whole person, affects them as far as their health is concerned. I always use one phrase, 'a healthy student is an academically achieving student.'" When you feel good mentally, socially, physically and spiritually, then you feel good educationally, and you'll be a good student.

"I believe in the whole person. What might start out as a headache or a stomach ache can turn out to be a problem much more involved than that. Sometimes it turns out to be a simple matter. Sometimes it can turn out to be a complicated medical problem, sometimes it could be something that the individual needs to deal with. Sometimes it could be that the student needs some professional help.

"I try to teach the student how to be a 'Consumer of Good Health.' In order to be a consumer of good health, you have to have some knowledge. If I can give them some knowledge and they can build on that knowledge for a healthy future, then that's my job. I would feel that I have done a good job. I feel that we have to keep these things in front of the students."

Happy Holidays from the Lion's Eye Staff

LIFE

From the strength of youth to the wisdom of old age

by Shirley Levy

Life is the urge to ecstasy that we aim for, but do not reach.

The forces of barbarism versus the forces of civilization is a constant battle of the human condition.

Bread is the sustenance of life, but people want cake. I will settle for a little bit of jam.

Death is a menace to life's follies.

Take a breath from the past, because living life becomes easier, when you know what to do with it.

Life and its hidden warts, such as pessimism, is a match that burns the fingers; or life is a see-saw going up and down.

The human race was created to destroy itself; and created and destroyed itself many times until we learn from Nature and the lower animals, and the insects, how to cope and learn to live with one another.

The most remarkable survival of the fittest known to humanity, is the Jewish race; even with its hidden warts.

One touch of love can bring laughter to someone in despair.

One thought of hope can bring new life to ears so willing to hear when they sense that Youth cares.

Do not forget, memory is the beginning of future wisdom.

Love the good and have courage to understand it.

One must turn every experience into a joyful force, if possible.

Whether youth or old age, there is no limitation to what a happy heart can do.

LOVE is the spring of human action and kindness.

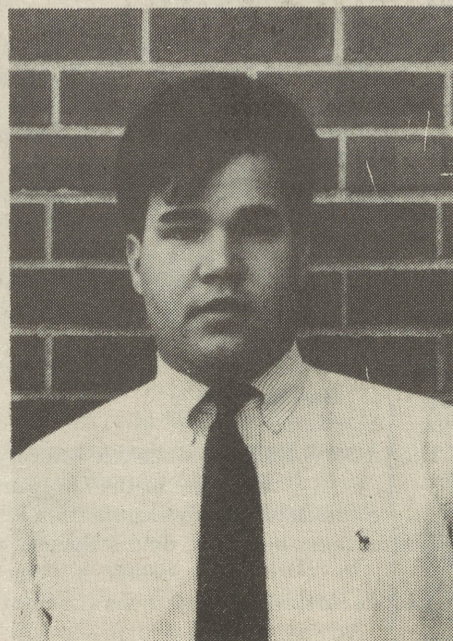
IT IS YOUR LIFE AND "GOD'S" LAW: OBEY IT WITH LOVE FOR YOURSELF, AND LOVE FOR YOUR NEIGHBOR, BECAUSE YOU WILL NOT PASS THROUGH THIS WAY AGAIN.

Verna Finds Friends, Foes On Summer Concert Tour

by Michelle Nelson

Since joining the Philadelphia Boy's Choir in 1980, Brian Verna has sung in over twenty countries and has also had the opportunity to sing with the Philadelphia Opera Company in the Tony Award winning *La Boheme* with Luciano Pavarotti.

This summer, Brian took advantage of



Brian Verna

Photo by: DIANA MICERI

another opportunity to sing in Israel, Jordan, and the Soviet Union as a member of the men's chorale. The choir consisted of 100 boys and men chosen for experience.

The first part of the choir's tour began in Jerusalem where they participated in a festival. Brian commented that despite the political tension in Israel, he felt fairly secure about his safety, knowing that America gives a lot of support to Israel.

After the festival in Israel, the group moved on to Jordan where they performed for the U.S. Ambassador in the Embassy. Political tension became more realistic during this portion of the tour.

During the choir's performance at the embassy, a mob of 5,000 - 7,000 Arabs demonstrated violently against America only a few blocks away from where they were performing. Since the choir was such a large group of Americans in one place, they would have been a prime target to become hostages; therefore, many special precautions were taken before they left the embassy. The police then escorted them to a hotel where they had to remain inside for the next three days.

Regardless of negative aspects such as this, Brian found his trip to both Israel and Jordan fascinating, entertaining, and enriching. He claims that even the three days in the hotel were a great time.

The second part of the trip brought Brian Verna to the Soviet Union where the group toured Moscow, Leningrad,

Rotov, and Yoroslav. The Philadelphia Choir joined members from a Russian folk dancing group, and choirs from Belgium, Germany, and the Soviet Union, to participate in an international festival. The festival was broadcast on television and radio to over 250 million people in the Soviet Union.

Brian said the live Soviet audience reacted very well to the Americans, and throughout the tour, they became a favorite. This came as a surprise to him, since the choirs from the other countries participating were considered the best in their countries, whereas the United States only had performers from the Tri-State area of Pennsylvania, New Jersey, and Delaware.

Not only did the Philadelphia Choir become a favorite for the audiences, but it also became a favorite among the performers. Because most of the other choirs consisted primarily of girls, this made the Philadelphia Men's Choir particularly popular, especially during the socials, dances, and their trip to the Moscow circus. These social events built friendships among the performers. Brian met people in the Russian dance group and he still keeps in contact through letters.

Brian's trip to Jordan, Israel, and the Soviet Union were all unique. The different experiences he had in each country, the friends he made, and the opportunity to perform allow him to consider himself fortunate to be a part of the Philadelphia Boy's Choir.