-Picks and Pans

A Learning Experience

by Colleen Kelly

Have you ever had that desperate feeling that you were going to fail...no matter what you did? Have you ever sat up at night trying your hardest to finish an English paper and all that you can come up with is a blank piece of paper?

Well, your worries are over...or at least they could be...if you take the time to take advantage of our Library Learning Center. It's a simple process. You need only to walk through the doors of this facility and you will be staring face to face with knowledge and freedom. Freedom?...you ask, what do you mean....Freedom? This means the freedom to go out to do what you want, instead of spending time trying to write that impossible term paper.

OK, so now you're ready to walk through those doors when your pride starts to stand in your way. "Why should I go in? I'm not an idiot! I can do all this by myself. Only dummies go in there!" you think to yourself. If you do this, I have news for you...You are the dummy!

Wisdom is knowing when you need help. This is what the Learning Center provides. Although the tutors will help you they won't write your paper for you; to get on the right track....and get from a "D" to often an "A"! Now wouldn't that look better on your college record?

In addition to the excellent help in English, the Learning Center also has an exciting addition. There are now Apple IIe computers for word processing. There is always someone to help you. When you go in, look for Learning Center Coordinator Jean Fava, or student assistants Pat Bruhin and Brent Capehart, who will be ready and willing to teach you the intimate details of using the word processors.

The help doesn't stop here though! There is also a section of the Learning Center that is specifically geared for help with Math. Although there are not teachers available at all times, there is a schedule on the door.

If you're a freshman, please don't be intimidated, and if you're a sophomore, don't take on a superior attitude. This could mean the difference between a passing and a failing grade. Take advantage of this service: who knows maybe you can become a staff member (only if you're good enough!) of the Lion's Eye!

Message from Security

by Gina M. Carbone

The Security Office would like to inform students, as well as teachers, of some of the campus laws. Parking on campus is by permit only! The parking permits this year are free, and can be obtained in the Security Office. A car parked on campus without a sticker will result in a \$15.00 ticket. This means that you will actually be paying \$15.00 for a sticker you could get free.

Also, there is no parking in front of the

The Keystone Society

by William Coccagna

The Keystone Society is one of the oldest clubs present at the Penn State University, Delaware County Campus. It is respected among students, faculty, alumni, and the community. This society helps to initiate campus activities as well as helping with community service projects.

Under the leadership of faculty advisor Dr. George W. Franz the group has made good progress. Its president is Dave Sottille, vice president, Carol Grafton, the secretary is Cheryl Brooks, and the treasurer is Gigi Gabrielle.

The Keystone Society helped with the "All University Day" preparations and is scheduled to hold more projects in the coming year. For example, they will have a dance with good food and a great band to be held in December. For those of you who are avid gamblers out there, a Monte Carlo night is going to be held in the future.

President Dave Sottile as well as the whole society encourages new membership. Remember; it's not too late to join! The only requirement is a 2.5 grade point average. There are meetings every Wednesday at 11:30 in room 110 (LLC). All are welcome to attend.

There is one requirement that is absolutely essential. It's a quality that everyone in the soceity has...A HUGE HEART.

Is Life at Delco Really Lonely?

by Gina M. Carbone

I have had the opportunity to talk to several freshmen as well as sophomores here at Delco. By talking to them I have found that they all have one thing in common: they feel that no one talks to anyone here.

I have noticed that myself. As you look around, you will notice many people sitting by themselves. Some may want to be alone, but some may have no choice. Many people here stay with the same people they were with in high school, and don't make an attempt to make new friends.

In talking to one student, I found that she was waiting for people to talk to her. Everyone seems to be waiting for someone else to make the first move. If everybody waits for everyone else, nothing's going to happen. Some students feel that there is

Some students feel that there is nothing to do here at Delco. I have found many clubs and organizations waiting and hoping new members will join. This is an excellent way to meet new friends, but not many seem to be doing this either.

As I looked into the main lounge I saw

S.A.D.D. by Colleen Kelly

A new organization has found its way to Penn State. It is one that was bound to come here soon. It is, of course, Students Against Drunk Driving. This organization's goals are to keep the drunk driver off of the road, or at least away from behind the wheel of the car. Those of us who are members of this up and coming new group are proud to say that through our efforts, we may be saving lives.

Many of our members do drink. This is one point that should stand clear in everyone's mind. We are not against the act of drinking. We are simply trying to keep our friends alive. Once you become a member, people learn to respect you more. There have been many parties that I have gone to and refused another drink because I was driving. I have never been laughed at or ridiculed, only looked up to and asked how to join S.A.D.D.

Ever since I took the stand against drunk driving, I've found students to show an overwhelming desire to join our club. We are just beginning: look for more advertising of meetings.

Future dreams of the club include making Fridays S.A.D.D. days: all members will wear their t-shirts. Meetings will be held on alternating weeks, and we'll make plans to start the weekends off right.

We would also like to hold seminars for high school students and their parents. Many student deaths occur because parents are unreasonable with their children. These children do not call home when they are too drunk to drive because they are more afraid of the consequences of going home than they are of possibly killing themselves or someone else.

We will ask bar owners to honor coupons for free non-alcoholic drinks to drivers.

And, among others, we may have buttons made up with the saying, "Don't Serve Me I'm A Driver"

S.A.D.D. wants to stop these staggering statistics: during your lifetime, one of every two Americans will be involved in an alcohol-related traffic accident. Your chances of being killed or seriously injured in such an accident are one in 33. More than 23 thousand deaths and 65 thousand injuries were caused by drunk drivers.

This is the ultimate goal: STOP DRUNK DRIVERS BEFORE

THEY STOP YOU (or someone you love)

Food for Thought

by Colleen Kelly

How many times have you gone to lunch in the cafeteria and left in a bad mood? How many times have you gone in and found a frown on the other side of the counter? I'm sure there haven't been many, if any. Thanks to Tom, Connie, Fay, and Ellen, smiles seem to dominate every face that enters and leaves the

Thanks!

by Colleen Kelly

In the beginning of the semester, I decided to do my part to get a real newspaper out before the end of the semester. I called a meeting and 5 very enthusiastic members showed up. They were Gina Carbone, Jim Higgins, Bill Coccagna, and Hetal Parmar.

All of these members turned in their articles and I'd like to give them my thanks. I couldn't have put out a newspaper at all without them.

I would be leaving out a very important thank you though if I didn't single out Hetal. Without her many hours of typing and encouragement, I would have given up on the newspaper entirely. Although I will receive much credit for putting this paper out, I would like to give most of the credit where the credit is due. Hetal never gave up. She always knew exactly what to say to keep my spirits up when things looked bad. She started as a typist, and ended up writing articles, typing articles, making trips to the publisher with me, and taking a lot of grief. So to you Hetal, I offer my special thanks.

I'd also like to thank the secretaries in the Continuing Education Office for making room for Hetal and me to type. Without them, the paper would have made it out in November of '89!

I would like to thank Carol Kessler, our advisor, for having faith in me to the very end. Look! We finally did it!

Finally, I'd like to thank you, our readers, for being so patient. I hope this paper has met all the requirements that you deserve!

THE GREAT AMERICAN SMOKEOUT!

by Hetal Parmar

Since November 21 was the Great American Smokeout day, it would only be fitting that we give suggestions on how to quit smoking or at least attempt to quit smoking on a more permanent basis. The American Cancer Society has devised a step-by-step system that you should follow:

1. Make a list of the reasons you want to quit smoking.

2. Imagine what it would be like at home and at work without a cigarette.

3. Cut down on the number of cigaretts, ashtrays and lighters you keep around the house, in the car and at work. Make smoking a smaller and smaller part of your life.

4. Use your imagination and make a long list of rewards for not smoking. Look ahead to a period of fun and celebration. You deserve it!

5. Make a list of nonsmoking places to spend time, friends who will be suppor-

Main Building for any reason. The spaces there are reserved for visitors. Parking there will result in an \$8.00 fine. Parking in the outer and side perimeter of the first parking lot is also prohibited. It is reserved for faculty and staff and will result in a fine.

The Security personnel also give out moving violations. They would like to remind you of the 15 mph speek limit, which is for your safety. Also, any stop sign on campus has the same value as a stop sign outside of campus. Running a stop sign will result in a \$52.50 ticket and points.

Cutting through Old Forge School to get to Yearsley Mill Road is considered trespassing. This school is for severely handicapped children; trespassing in this area will result in your arrest.

Don't get me wrong; the Security personnel does more than give out tickets. They are on constant patrol in all parking lots. If they notice your car lights on, they will turn them off for you.

They also jump start cars, help you with flats, call tow trucks if need be, and unlock many cars each day. The becurrty Office is always open to help you; don't hesitate to call or stop by. two large groups of students — one at each end. Spread throughout the rest of the lounge were many students; some were with a friend, but many were not. In talking to one boy I found that he wanted to join one of the large groups, but he was afraid they would not accept him.

We all know the feeling of not fitting in, or being the new kid. But the longer you avoid making new friends, the longer you will be the new kid. One way to make new friends is to talk to other students. If you notice someone sitting alone, go up and talk to them. Some of you may think it's hard to start a conversation, but it's easier than you may think. Ask them what major they're taking; then take it from there.

Another way is noticing people around you; when you pass by someone, don't just walk by, but speak. They will probably say "hello" back, and keep going. But the next time you see each other, you will most likely talk.

Making friends isn't that hard to do; all it takes is a little effort on both parts. So don't wait for that new friend to come to you, go to them. By the way, who is that person sitting near you? snack shop.

This is not a question of luck; it's not because all the students at Penn State are happy all the time. These hard-working people are not content to simply serve you a good lunch; no they have to go one step farther. They are not happy until each and every customer is smiling. If you're in a down mood, simply take your little feet to the snack shop and watch Tom in action. You'll see either Tom, or Punky Petey (Pork Roll Palace), Humble Howard's Hot Dog Heaven, or any number of new and interesting characters.

In the past, Tom's antics have included being nominated Homecoming Queen, burying the famed Sam the Spatula, and generally living up to the status of bonafide nut.

Behind the scenes, the snack shop runs like a well-oiled machine. A "Tom, I need a number 2 with a side of chips" is easily interpreted and your meal is on its way. You may say, "Yeah but it takes so long!" Be patient! Remember, you're not the only one who came by to have their spirits perked up. So, relax, and enjoy the show! Tom Perry and Co. will not let you down. tive, and relaxation exercises. Plot strategies for all the obstacles you can imagine.

6. Stock up today on all the things you'll need tomorrow — stick cinnamon, fresh fruit and vegetables, fruit juices, diet drinks and chewing gum. Especially stock up on courage, commitment and a lot of pride.

Chances are that if you adhere to these steps, you could eventually quit smoking. If not, then at least you will have tried, and next time it will be a little easier and maybe you could do a little more. All you need is a lot of determination and a lot of chewing gum! Best of luck to you!

