

# Lion's Eye



# sports

## Delco Hoopster's off to Best Start Ever!!

Coach Ron Case took over as Basketball Coach here two years ago. He knew he had a tough job ahead. Speaking to Coach Case recently, I asked him what his plans were when he first started here. As he spoke, I could not help but notice an anxious tone in his voice as he told me, "I just tried to take one game at a time, capitalizing on our good points and practicing hard to try and eliminate any of the bad points we might have."

In his first year, Coach Case's team only won three games, but last year his team bounced back to a very competitive 9 - 13 season, losing seven games by five points or less.

Last year's team has two returning players, John Rule and Dowel Lomax.

Opening up against Haverford, it was obvious that Coach Case's young team needed to get used to each other. Even though the Lions got 28 pts. from Mark Weaver and 12 from Scott Carney, they still lost the game 81-69.

The next two games went much smoother for the Lions as they whipped Philadelphia Community and then managed to sneak by Williamson.

In the PCC game, Scott Carney popped 32 pts. to lead

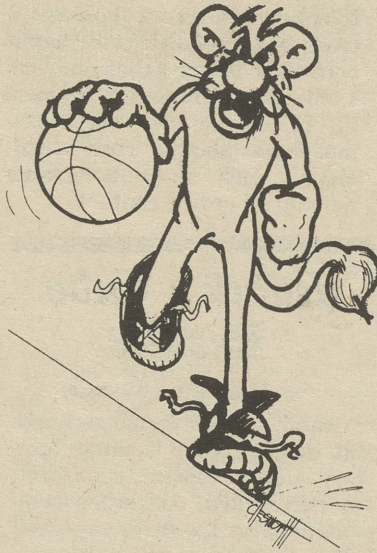
the scoring; Jerry Beck had 21 pts. and Scott Davis nailed 13, as PSU Delco put it all together to trounce PCC 82-63.

After the PCC game, the team got a little over confident and had trouble finding the bucket. This helped Williamson stay close, but in the end the class and character of this year's Lions team showed as they edged out their opponents 67-64.

Scott Carney led the scoring against Williamson with 18 pts. Other PSU Delco students were Jerry Beck with 15 pts., Dowel Lomax with 12 pts. and ten rebounds, and Mark Weaver with 11 pts.

With a record of 2 - 1, the Delco Lions were set to open their conference schedule against PSU Berks. From the opening tip-off, it was obvious which team was the better prepared. PSU Delco ripped and roared through Berks. Good shooting, sharp crisp passing and excellent team defense enabled our Lions to coast to an undefeated start in their conference. The Lions got 21 pts. from Mark Weaver as they beat PSU Berks 83-72.

This is the best start in a while for a Delco Basketball team. Keep up the good work guys — and you, too, Coach.



Don't Mess with  
Delco Hoopsters.

### Next Issue!

- Full Story on Basketball
- Swim & Tennis team Warm Ups
- Accident reports from all PSU Delco Ski trips

## Wax Those Skis!

Recently at a party, sitting around sipping, a new guest arrived and announced that snow was falling.

Almost at once the mood seemed to change from Bruce Spingsteen, "Sitting Barefoot on the Hood of a Dodge, Drinking Warm Beer in the Hot Summer Night," to Earth, Wind & Fire "grooving" down the slopes of the Poconos, the green mountains of Vermont, or the magical Rockies.

Talk of skiing is definitely in the air. Whether your favorite

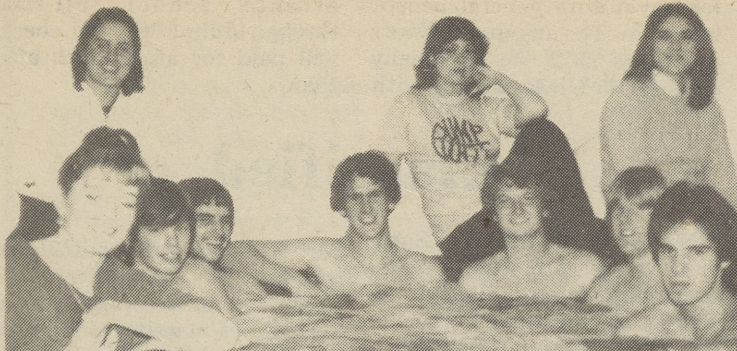
part is racing recklessly over moguls and through trees at lightning speed, or sitting nice and cozy in front of a big fire sipping champagne after a day of learning how to fall, the time is here to start planning your trips.

There are a number of trips being offered here at school; just keep an eye on the bulletin boards. If you need some help finding a trip, drop a note in the Lion's Eye Mail Box. If you are offering a trip and need some more people, do the same.



The Joys of Skiing

## Student's stay fit at Media



Delco Students in Hot Water, again

By Larry Fitzgerald

When you first heard that physical education was a required course did you try to put it off for as long as possible? Well, there is no need to put it off any longer because there is an excellent course called Slimnastics and physical conditioning which is offered here at Penn State's Delaware County Campus. The course is held at the Media Fitness Center which is located in Media on State Street. The instructors are Mrs. Griffith and Joe Tankle. Joe is the co-owner of the club. They get along very well with the students and try to help as much as possible.

The Center offers Nautilus and Polaris machines, a speed

bag, three exercycles, free weights, body tank, and a hot tub. The beginning of each class period is used for warm up exercises, in which you can do stretching exercises, use the cycles, or jog on one of the courses already mapped out. Each student works at their own pace while trying to build up and tone his or her muscles. Everyone that I have talked to has really enjoyed the class.

When you finish the course, you can see and feel a dramatic change in your body from when you first stepped through the door. These positive changes make you feel good and show you that you really have gotten something out of the course.



Mrs. Griffith & Joe Tankle  
help students get into shape



## Volley Ball New Sport in Town?

Senior hitter Ellen Crandall and freshman hitter Lori Barberich starred as Penn State (44-4) swept Cincinnati, 15 - 8, 15 - 6, 15 - 2, in a first-round game to advance in the NCAA women's volleyball Division I tournament. Cincinnati ended its season at 33 - 12.

The thirteenth-seeded Lions will travel to the Midwest regional at Northwestern this weekend to face fourth-seeded University of the Pacific. Twelfth seeded Northwestern plays fifth-seeded University of the Pacific. Twelfth seeded Northwestern plays fifth-seeded California Poly-San Luis Obispo in the other contest.

Recently I was approached by a young lady and asked to do a story on the newest sport in town, "Snaking." Snaking, I am told is not a sport where you hunt for snakes. It is a sport that takes place at school parties or local clubs in the area.

You score points by getting acquainted with as many members of the opposite sex as possible. I was told that this month's Snake Award goes to a red haired, blue eyed male, named John.

I did inform the young lady that maybe Snaking is the newest sport in town, but it's the oldest game in the world.



Penn State motorcycle gang, keep in shape

**the sport shoe center**

**Bill Battey**  
sporting goods

front & jackson sts. media pa.