

Learning To Adjust To Dorm Life

By: Kay Stephens

(Courtesy of ON THE MOVE, published by the Press Association of Commonwealth Campuses)

You've heard your older sisters and brothers talk about it and you've heard your older friends talk about it. Now you'll get to learn everything about it, "cause you're going to live in it." "It" is the campus dormitory, a familiar living arrangement for many university students.

Last spring, branch campus students applied for dorm contracts but because of the large demand for them, many requests were refused. By conversion of single occupancy to double occupancy, double occupancy to triple occupancy and triple occupancy to quadruple occupancy, 951 more spaces will be available for fall 1976.

The best way to prepare for dorm life is to read the booklets and pamphlets the University Department of Housing and Food Service sends you. These books answer practically everything you would ask about Penn State dorms. The booklets will also explain all the terms, conditions and regulations of your housing contract. Bring these booklets to campus with you so you'll have them for future reference.

But books can only tell you so much. The first sight of your dorm room can tell you more. Most dorm rooms have adequate space. The older dorms have a little more space than newer rooms, but

generally adequate space is provided in most rooms. You'll have conveniences such as a desk, bulletin board and book shelves in your room. For storing your clothes, a set of drawers is provided as well as a large closet. Shelves are provided for your personal knicknacs. The floor of the dorm is uncarpeted, so if you like rugs, bring them from home. Since the rug is your property, you'll be expected to clean it.

Rooms are cleaned by maids twice a term and between term break. But maids clean only University property which accounts for why your rug isn't cleaned.

On cleaning days, all personal items must be put away in the drawers and closets so the maid can do her job properly.

Be selective in deciding what articles to bring to campus. If you think you may need the article immediately, bring it. However, if you plan on going home for a weekend in the near future, then bring all the essential articles on the first trip, and start making a list of what to bring back on the second trip. If you will be living in a small double, which is a single room converted to a double, be extra

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Free U, Open Option To Learning

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Did you know that there's an alternative way of learning at University Park with no grades, no tests, no pressures, etc.? It's called the Free University.

In response to the increasing demand for relevance in education, freedom in the classroom, and meaningful alternatives to the multiuniversity, several students formed a learning alternative and a Free University at University Park became a reality. The Free University provides a relevant and valuable learning experience not found in the regular classroom by offering courses free from the pressure of grades, credits, assignments, and formal classroom situations.

Every term the Free U gets people who

know a skill or who would just like to discuss a certain topic together with other people who would like to know or talk about the same topic. The classes range from auto repair to body massage, lifesaving, foraging, cooking, dance, art, music, foreign languages (and other academic subjects), crafts, religions, etc. Every term new topics are added.

Anyone can lead or teach a Free U course. As an initiator, you need not be an expert in the subject you wish to share, but must have an interest for the subject and a concern for those who also wish to learn.

If you'd just like to take a course or two, watch for the Course Booklet at the beginning of the term and check the Collegian throughout the term. Then maybe you'll get an idea of which courses you'd like to be part of before you transfer to U Park.

This would be an excellent opportunity to blend all the facets of one's background - experience, personality, creativeness, extra-curricular activities, knowledge and foresight.

If you would like to get involved with those who help organize the Free U, or you're just curious and would like some more information, stop by or write anytime at 223 HUB.

MONTE CARLO NIGHT

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Coffeehouse for the Chris Wall fund, the bake sale for the Easter Seal Society, the recent car wash to benefit the orphans of the Guatemalan earthquake, and, of course, the bi-annual visitation of the Red Cross Blood Mobile.

"Monte Carlo Night is just one example of how the society benefits the community and the students," Jon Temple explained, "Anyone interested in working in Keystone to organize similar activities, we're in desperate need of members for next year." If interested call Jon Temple at (215) SU 9-8564.

GYM CLUB FUN WAY OF STAYING IN SHAPE

By: Rich Dorfman

(Courtesy of ON THE MOVE published by the Press Association of Commonwealth Campuses)

Univ. Park -- The Penn State Co-Ed Gym Club is an informal, but instructionally-based organization of students interested in learning and developing skills in the sport of gymnastics. It gives those students who would not normally have the ability, desire, or time to compete at a varsity level, the opportunity to realize what gymnastics is really about and the training involved in becoming adept in the sport. Any and all levels of skills, are welcome to come and join in on the learning experience.

The major goals of the Gym Club are three-fold. The first and perhaps most fundamental purpose is to teach students the basic skills of gymnastics while developing them into a coordinated, smooth flowing series of moves. As president and instructor of the Club, I

try to gear instruction on an individual basis according to the member's level of ability and yet demonstrate key moves and combination of key moves as part of the total groups workout.

Secondly, we perform a training function, that is, we engage in a whole routine of stretching and strength building exercises directed at getting and keeping people in good physical condition. Many, in fact come to the Gym Club primarily because they enjoy staying in shape the "fun way."

The third objective is the idea of creating a relaxed, enjoyable atmosphere in which students have the chance to meet and get to know other people. Now, with over 100 members in the organization, there have developed many close friendships, which hopefully will continue to grow.

The best way to sum up our Gym Club is through its motto: "Stay in shape, have some fun, gymnastics is for everyone."