

## Volleyball Team's Cinderella Story

### Gretchen Robinson

As the Varsity Girls Volleyball team heads towards the end of their busy 2012 season, there are many emotions in play. "I was scared because as a soccer player I play with my feet, not my hands" comments Olivia Murphy-Sweet on her feelings in the beginning of the season.

In the beginning of the season, the ladies only had four days to practice together prior to their first game against Christendom. The Lady Lions fell short 3-0, but they kept

their heads up and pushed forward.

As Head Coach Jenn Stremmel pointed out, she "Knew it would be a rough start due to the lack of recruiting", yet she remained confident and her positive attitude paid off. Stremmel was most excited to have the opportunity to take a group of nine individual ladies with completely different athletic backgrounds and mold them into a team founded by skill and a positive mindset. Stepping up to the challenge Penn State Mont

Alto formed a team with various levels of volleyball experience, including four young ladies with no volleyball team experience prior to Penn State Mont Alto. With only two returning players and seven freshman and new players, the ladies gladly accepted the challenge proving that they were

indeed tough competition and willing to fight for every point

until the end. (Continued on Page 7.)



## Mont Alto Men's Basketball: A First Look

### Gretchen Robinson

The Mont Alto Men's Basketball team ended their 2011-2012 season with an 18-16 overall record. With a record like that the men and their coaches have high hopes for the upcoming season.

Recruiting is a big part of preparation for any sports team. Head Coach Jack

Schenzel points out that "Recruiting went exceptionally well. The assistant coaches identified the players who will push our team to the next level and they were able to keep in touch up until the start of our season." In addition to Schenzel's comment Assistant coach Scott Odgen adds "we have a great group of athletes with the skill set to accompany the returners."

This season, the team has set what in their eyes are attainable goals that they intend to strive for on and off the court. They want to win the division, host a home game in the playoffs, and make the final four all while succeeding academically as well. The Men's Basketball team started their practices early this season and show true potential to be a championship caliber team.

They show a definite possibility for improvement this season. "It starts with the re-

cruiting of course. It also helps that our returners know the system of our offensive and defensive style" commented Odgen. In practice their position battles are intense. The guys are really going after each other and the coaches are confident in backup positions. Schenzel adds that they have "legitimate depth at every position. We have ten good players that are capable at starting at any point."

The team roster for this year is as follows:

**Sharif Welton** - Freshman - Guard/Forward

#### Roster

**Jeremiah Mitchell** - Junior - Forward

**Derek Null** - Sophomore - Forward

**Murray Doumbouya** - Sophomore - Forward

**Justin Lacey** - Freshman - Forward

**Colin Easter** - Freshman - Forward



**Cameron Bowens** - Senior - Guard

**Keven King** - Junior - Guard

**Jeffery Bowie** - Junior - Guard

**Kenny Hill** - Junior - Guard

**Bobby Ingram** - Freshman - Guard

**Corey Meyers** - Freshman - Guard

**Brandon Geesaman** - Sophomore - Guard/Forward

This year the team is hosting their first home tournament on November 16 and November 17 as a tribute to John Benchoff, the all-time wins leader for Mont Alto. At the first home game on Nov. 13th the first 50 students get free pizza and soda. Also, if they wear blue and white they will be entered into a drawing to win a gift card. The event is sponsored by the blue & white society. Students, come on out and support your Mont Alto Men's basketball team!