

Campus Life

Music system replaced causes unhappy students in weight room

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Over winter break, a new sound system was added to the second floor weight room of the Capital Union Building. The old system that allowed students to play CDs while working out was replaced with one that only plays radio stations. This change was made by CUB faculty in order to regulate the volume and content of the music being played, but some students were unhappy with the switch. For a short time after the old system was removed and the new one was being planned, no music at all was allowed

in the weight room.

The decision to change the weight room music system was implemented by Julie Stoehr, the Coordinator of Intramural Sports, Fitness and Recreation at the CUB. Stoehr said the music students were playing was too loud and contained offensive lyrics. "We can't have inappropriate music playing when we are a multi-generational facility," said Stoehr, "and while tours of prospective students are coming through." Stoehr recommended that students who want to listen to their own music should bring personal MP3 players with headphones, but they will no longer be allowed to play their music for everyone.

Daniel Martin is among several students who are disappointed with the new setup. "iPods can be dangerous in a weight room setting," he said, "wires can tangle and choke you while you're working out, especially during overhead lifts." Martin wants the old CD player system back, and feels the CUB faculty is being too strict. "Instead of punishing us as a whole, they should have punished the individuals that played the obscene or loud music."

While the old music system may have been fine for weight lifters, Health Services patients in the next room found it difficult to rest. "Students with migraines or other illnesses felt worse with thumping music," said Assistant Director of Wellness Programs and Services Marylou Martz, her office on the other side of a supposedly sound proof wall. "At certain points the music was so loud that we couldn't hear students' vital signs," she said, "It made it difficult

to give them proper exams." Martz said she or one of her fellow staff members had to go next door to the weight room almost every day to ask that the music be turned



The entrance of the weightroom and the Wellness Center
Photo by Jenna DeNoyelles/ The Capital Times



The new stereo system which only plays the radio now.
Photo by Jenna DeNoyelles/ The Capital Times



WHAT THE FOTO



We hear at The Capital Times took notice to a peculiar room in the basement...
Room W - 7 1/2.

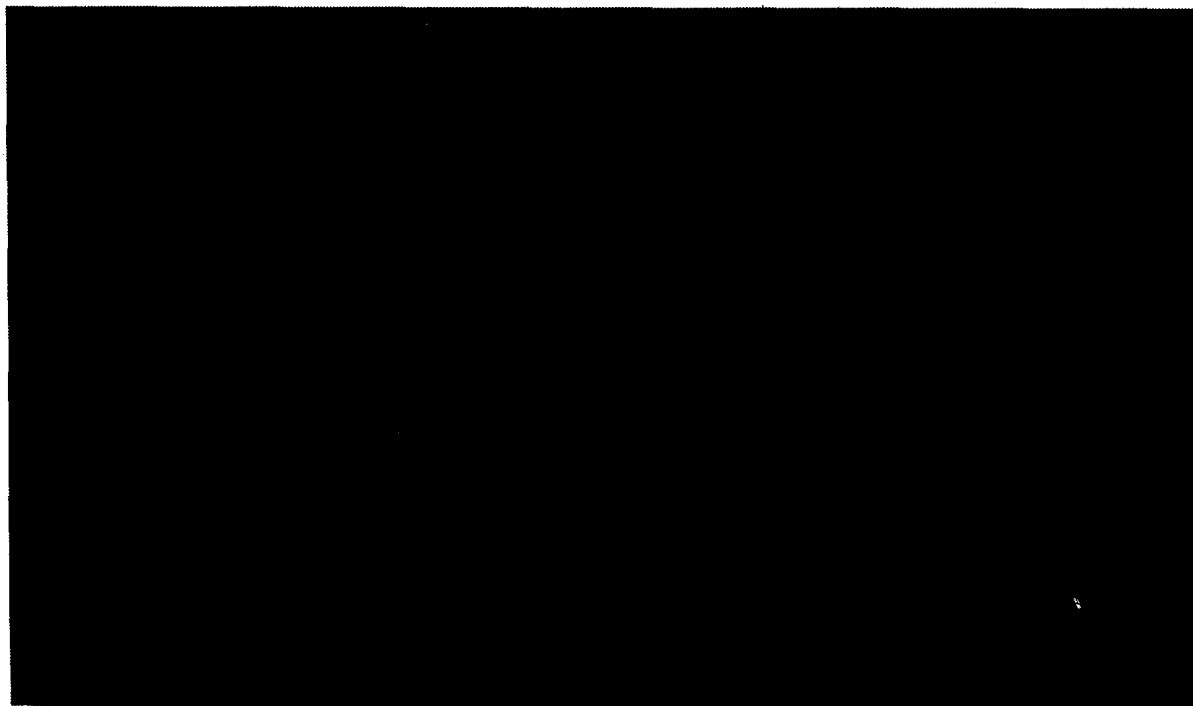
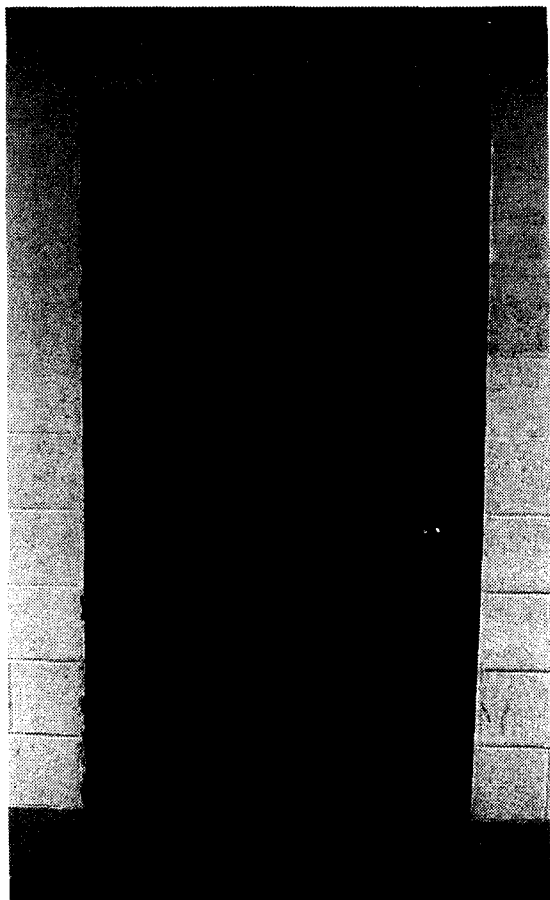


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