

# Editor's Comments...



of situations where we neglect our needs in order to help others. I myself am guilty of many. Going into work although you are sick, promising to go out with friends even though you are tired, or just eating unhealthy meals because it saved time are just some minor things that can create a domino affect until it is too late. I find it is better to take that midday nap, or to miss a class if you are not feeling up to par because before you know it, a bigger problem arises and you cannot fulfill your responsibilities.

Take a step back and look at a normal day for yourself. Do you find that you change plans for another? Not even that, but what have you done for yourself lately?

It takes a balance though, finding that equilibrium between slacking off and taking care of yourself. My biggest pet peeve (besides lack of subject verb agreement) is when people dedicate themselves to something and do not follow through. When you promise to complete a project, or sign up to help (say, for a college publication...), others depend on your dedication and loyalty. Failing to be dedicated does not just reflect badly on you in these situations, but on those you dedicated yourself to.

I do not know if it is our generation, or just the maturity level, but it has somehow become OK to quit if something gets too hard. When a president gets elected, they cannot fathom the amount of work or stress that is to follow. Do they quit? No. And usually they seek another term. They feel a sense of loyalty to the American people, and a responsibility or the office they hold. You cannot make an impact on others lives by giving up when things do not go as planned. It is those who fight for what they want, and what they have dedicated themselves to; that are remembered. I know that maybe it was not what you expected, and sometimes it is

easiest to just throw in the towel, but the next time you want to throw your hands in the air and give up, please think of the people you are hurting.

For me, keeping up my end of the bargain does count as taking care of myself. If I feel that I have let someone down, I become unhappy. Maybe this comes from years of brainwashing from my mother, but I think that it is a good trait to have. Too often I see my peers unengaged, or searching for any excuse not to participate. It is one thing not to lead, but another not to follow.

On a completely different note, I want to use this space to say a little something regarding the recent SGA election. Now, I know that we all like to feel important, and enjoy playing pretend government, but seriously, stop this chaos. Over and over I keep hearing 'for the student body'. I urge any SGA member to ask a random person in Stacks if they have an opinion regarding the recent elections, I have a feeling that you'll get a blank stare or a shrug. If you all truly want to represent the student body, and help them, stop the madness. Set personal agendas and biases aside and get to work. One of the biggest student complaints is that there is nothing to do on campus and although I get my entertainment weekly at the SGA meetings, most students do not. I am a supporter of politics being the only sport for adults, but you need to act like adults to play like them.

Have a great week, stay safe and take care of yourself.

**Marin Alice**

As adults, our lives are full of responsibility. With responsibility, comes loyalty and dedication. Not just responsibility in terms of a job, or classes, or family; but responsibility to ones self. Emphasis is placed on not letting another down or on how you will look to others; but it is rare that we stop to think about the responsibility we have to ourselves, our health, our mind and our safety. More often than not, we put other people, and our responsibilities or loyalties ahead of our own well being. My mother always taught me that the word 'joy' really stands for 'Jesus, Others, Yourself.' Although her wisdom has brought me happiness in life, lately I have noticed that I have been ignoring that last part. How many times have you had nearly sleepless nights, studying for an exam? Have you ever said the line 'I have to work.'? We all must maintain a level of responsibility to that we have dedicated ourselves to, but usually in doing so, we neglect the very thing we dedicate: ourselves. I could ramble on, giving examples

# From the barstool

By **MARUJA ROSARIO**  
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Hello everyone!!  
How is everyone doing today?  
I am sorry that I missed you all during the last issue, but I was quite tired from THON and I needed my rest. I did not get a chance to do any research for the column. But I am back now with more observations to share.

So tell me, what is it about a bar that makes people feel that they do not have to be themselves? Don't get me wrong, there are plenty of people who drink who have no problems being themselves, rolling in wearing whatever they wore to work or in a hoodie. These people feel they have no one to impress. They just want to see the people that they go in to see, drink a bit, and leave happy.

Then there is everybody else; all the other people who feel that when the moon comes up, they get to be somebody else. Maybe alcohol makes them feel like they don't have to be shy anymore, so they

waltz in pretending to be the most boisterous person that ever existed.

Maybe they do not get noticed at work or in school, so they compensate by dressing in a manner to get as much attention as possible, no matter what kind of attention they actually get.

I have no problems with people pretending to be something they are not. If that is what makes them happy, then by all means, do what makes you happy. But there is a line that disturbs me, and it is this line that I am going to bitch about.

Ladies, a gentle word of advice. If you are going to dress in a manner that lets your breasts hang out or leaves little to the imagination, please expect to get hit on by all manners of people. Some will be cute, hot guys, but not likely. More to the point, you are probably going to hit on by drunken men, men who have no problems staring at your chest or grabbing your ass as you pass by to go to the restroom.

They will buy you drinks, which is always a plus. But then do not be surprised when they feel that by accepting their generosity, they

feel that you are going to give them something back in return.

Now, this is not to say that every man in every bar is a predator or wants to get in your pants. There are probably more guys out there who really just want to be nice then there are the others. But you have to watch and be careful.

Gauge your surroundings. If you are, say, downtown, your dress is probably being mimicked by a bunch of girls down there, so your chances of being attacked should decrease. But if you head somewhere that is not known for their glitz and glamour, then dress appropriately. That is unless of course you are seeking the kind of attention that I mentioned above. Then by all means, feel free.

Lastly, do not be surprised if people stare at you bewildered for being a bit provocative on say, a Monday. Mondays are not usually the day that we barfolk see lots of cleavage and skintight pants. But again, feel free by all means.

This concludes my public service announcement.  
Drive safe, be safe. See ya later.

## POLICE REPORT

3/25/08: Defiant trespass: report of two persons sleeping at apartment in violation of current "no trespassing" notices

3/25/08: Police information: while on patrol PSS & PSO observed makeshift shelter. No persons in area.

3/24/08: M&O assist: M&O requested PSO to have students in Stacks Market area move to another location while they cleaned.

3/21/08: Assist outside agency: Highspire PD requested assistance with traffic stop.

3/21/08: Suspicious incident: admissions staff received strange phone call. PSO returned call and issued verbal warning.

3/21/08: Medical emergency: PSS observed male carrying unconscious student out of building. EMS dispatched.

3/21/08: Vehicular escort: PSO provided escort from airport to campus for faculty member.

3/20/08: Evidence: PSO prepared evidence for destruction from completed cases as per University Policy.

3/20/08: Crime prevention: PSO placed crime prevention notices on personal property left unattended in library.

3/19/08: Employee injury: PSO completed employer's report of occupational injury or disease for staff member that cut right thumb on box of staples.

3/18/08: Health and safety: report of odor of smoke in building. Smoke smell coming from contractors in building.

3/17/08: Suspicious person: PSO checked CAT bus stop for report of suspicious person harassing female riders. Gone on arrival.

3/16/08: Assist outside agency: Highspire PD requested assistance with fight at Champions bar.

3/15/08: Vehicular escort: provided faculty member escort from airport to campus.

3/14/08: Community education: PSO's showed pre-school children marked police unit and demo of lights and sirens.

3/12/08: Suspicious person: PSO observed female with wheeled backpack. All okay/student looking

for newspaper.

3/09/08: Vehicular escort: PSO provided escort from campus to airport for faculty member.

3/08/08: Vehicular escort: PSO provided escort from campus to airport for faculty member.

3/07/08: Suspicious persons: M&O reported group of people in olmsted lot. All okay anime club leaving building.

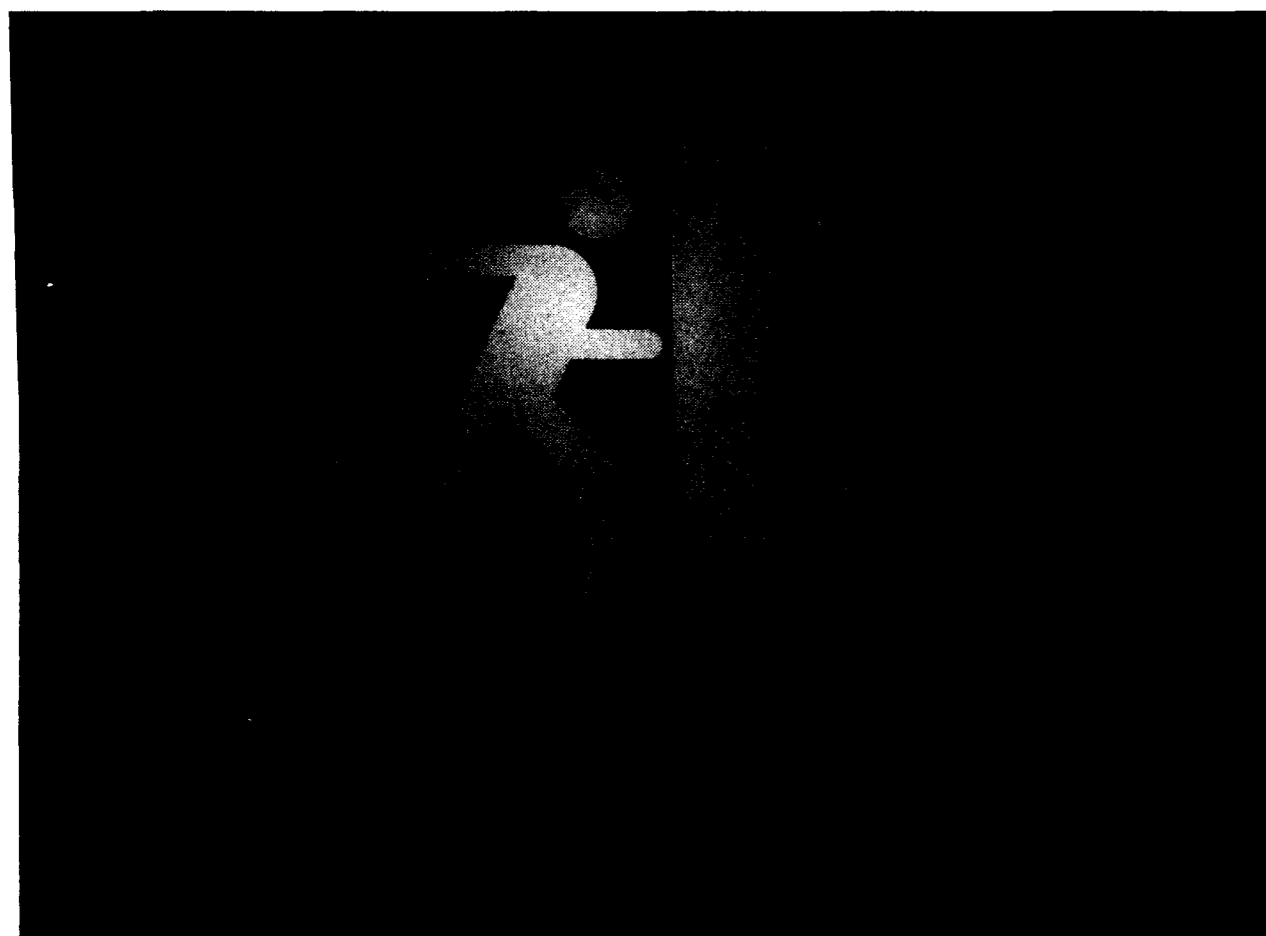
3/06/08: Found property: PSO released two pillows that belonged to a faculty member. Property report completed.

3/06/08: Health/safety: M&O reported found dog feces on floor of room C12.

3/04/08: Personal escort: PSO provided faculty member escort from building to vehicle.

3/02/08: Criminal mischief: caller reported several residences entered overnight. Furniture was turned over & refrigerators were glued shut. Glue also placed in lock core in residence 7206. Housing notified.

# Okay people...



This sign is posted next to the main door in the brand spankin' new lobby. Let us study the image. Penn State Harrisburg seems to believe that everyone has been blessed with superhuman abilities. In this case, the super power of walking through walls is the one power we must access in order to exit the building. You are not simply to walk. You need to run into the wall, as if that last paper just was too much for you to take and it is time to end your life. But you will not die or even feel pain. Instead, you will magically apparate to the other side, such as in Harry Potter with the magic train platform. When you bust through, you will be on the other side, staring at the beautiful Vartan Plaza. In reality, this sign is intended for the visually handicapped, but we still think you need to tap those superhuman powers.

<p><b>CORRECTIONS:</b></p> <p>Due to entanglements with the PSH administration, The CapTimes no longer has a website.</p>	<p><b>THE CAPITAL TIMES</b></p> <p>The CapTimes is currently looking for sports writers, opinion columnists and club reporters. Please contact mab5338@psu.edu if interested.</p>
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