

Domestic violence: a preventable reality

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has been trying to make students aware that Domestic Violence does occur. Incidents like date rape and acquaintance rape are common in happenings in college student lives, and so PSH has put together forums and activities to give knowledge or a reality check about Domestic Violence. At PSH, this is the second year having awareness programs like plays ('Unfastened' By Peter Dehart played in the Auditorium on October 24, 2007), or student and faculty panels which took place on October 23, 2007, and self defense classes which is a gym course through out the semesters to help students recognize Domestic Violence.

Within a community the domestic violence issue is even more focused on. You have many programs out there. As of now, they are training doctors, hospital employees, teachers and law enforcement how to spot someone who is falling victim to domestic violence.

With so much support from the community, you also have your family and friends to always help you in such situations. It's really

hard to believe that someone you love and shared many happy memories could hurt you so cruelly. But if you find yourself in such a situation you have to remember, that there is a difference between being committed to someone during bad times, and staying in an "unhealthy relationship." Signs of an unhealthy relationship include: attempts to control what you do, pressuring you to do things you don't want to do, or if the relationship feels like a burden to you. But, think about yourself, your life, and if you have kids... their lives. Is it worth the risk? Is it worth all the pain? In the end, no matter what the outcome all you want is the violence to stop, and simply find that unconditional love from you partner that you once had.

In order to stop the domestic violence you have so many options open to you. Law enforcements will do anything they can to protect you. Go with your instincts, if it tells you something is wrong, it probably is. Tell people not anyone, but the close friends or family member you trust about your situation, they will help you however they can. Create a safety plan, like always try to be in public

with your partner, or get a Protection Abuse Order. Try and break up with your partner in a safe way. (try have someone there with you) When you do break up with your partner, know that they may try to make you feel guilty, threaten you, or break down and apologize. If you know that the decision you are making is best for you, you don't have to feel any guilt. In the end, stay safe. They may have a restraining order, or the break up may have gone smoothly, but still be safe and cautious. But most of all know that a relationship that makes you happy, and most of all allows you to be who you truly are, is the type of relationship you deserve.

It is likely that people who are going through domestic violence won't go straight to the law enforcement, but to people who they extremely trust. If they come to you, the number one thing to do is don't be judgmental towards him/her ('I told you so' 'Why are with that jerk' etc) but give your attention towards them and show concern, and listen to what they have to say. Offer to talk to him/her, or to go to authorities with them. YMCA of Greater Harrisburg: 717 238- 7273

Goel: Beyond the classroom

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education part. Students in India basically study whatever career they are pursuing.

He attended Michigan State, where he did his graduate work, earned his masters degree, and PhD. "I have this appetite to gain as much knowledge as I possibly can" he told me. He could not say what his favorite or least favorite subject in school was because he enjoyed them all with equal interest. His profession is science and engineering based so obviously he studied those areas in more depth, but he also enjoys History. He did his dissertation on Impact Loading, which deals with how the waves travel through a medium when high forces make an impact. It is a highly mathematical piece of work.

After earning his Ph.D., he moved to Ohio and began working for a business that had a connector company in Harrisburg, PA. He was sent to Harrisburg to work for this company and stayed there for seventeen years. The company that he worked at in Harrisburg has since been bought. In 1995 he started his own business that manufactures electronic components. The company that he set up is still in existence. 3 years ago he sold the company to his partner and began working at Penn State Harrisburg. He is currently living in Camp Hill.

He likes the logical aspect of science and believes that it is more verifiable to any other idea that we have to explore the universe around

us. In science, when an observation is made it can be hypothesized, and then tested for its validity. In this way it is different from other fields where there are hypothesis that are based on observations but can not

very unique way of singing. Dr. Goel has traveled quite a bit due to his involvement in the business world. He has traveled all over Europe, to Japan, South Korea, Brazil, and he frequently travels to India.

He loves to travel, meet different people, and learn different cultures. Due to his extensive travel he has a hard time recognizing the difference from one person to himself. He believes that everybody is a person of the globe and has become comfortable and accustomed

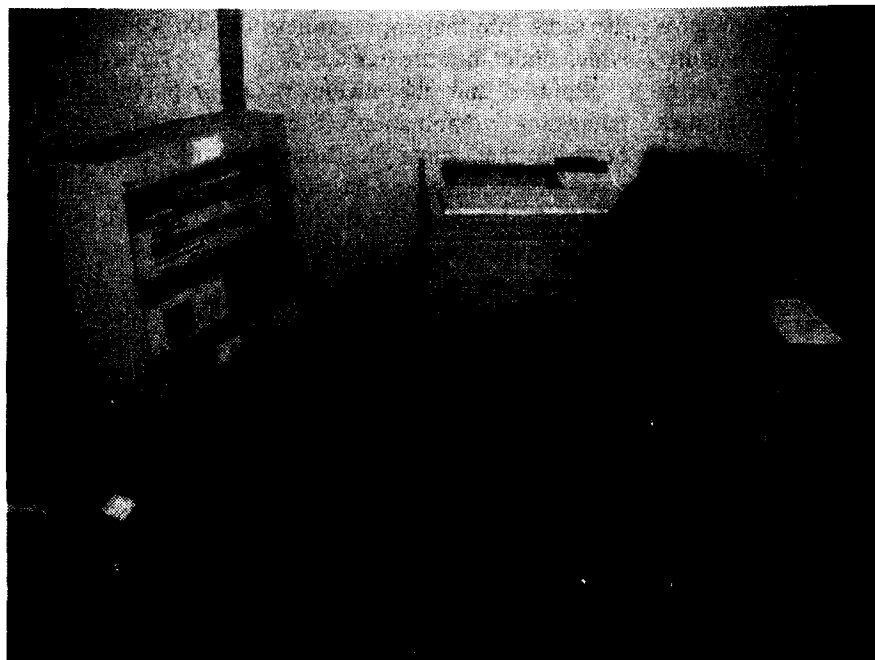


Photo by MARIN BENDORITIS/Capital Times

Dr. Ram Goel started his own electronic manufacturing company before coming to Penn State Harrisburg to teach mechanical engineering.

to different nationalities, languages, ways of thinking, food habits etc. He said that his travels have "been a very enjoyable and enriching experience." Japan was especially appealing to him because of the unique culture there. He found the Japanese to be very polite, respectful, civilized, and at peace with themselves.

Goel's favorite adult beverage is red wine. While he is not teaching he may be found reading non-fiction or fiction novels. He reads for about 2 or 3 hours a day. His favorite thing to read about is history. "Reading history is my hobby" he said.

Dr. Goel is a very brilliant man. He is always thinking and analyzing the world around him. No matter where he is or what he is doing he is learning and soaking up new knowledge. Though he may be a fairly new teacher he is most definitely a man from whom one could learn a lot. If I would sum him up in one word it would be genius.

Students and faculty resist ban

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Poyrazli, Associate professor of counseling psychology admits that second hand smoke is harmful but that the research is only related to a person being subjected to a mass amount, such as a child in a car with a smoking parent. It is hard to measure smoke in the air as a person is walking 50 yards away.

Poyrazli believes that the ban makes smokers feel like outcasts. She cites the psychological failure of the ban.

Forbidding something to someone never works, smokers will feel the need to violate she said. She is also concerned about how the ban will affect student faculty relations. She believes that faculty who smoke will start bringing work home, which cuts student access to them to a minimum.

A comparison of banning overweight people from buying french fries to the smoking ban here at PSH has been made. Poyrazli sites that fat is as much as a health risk as smoking.

Students and faculty opposed to the ban are calling for a compromise. "Not giving a designated area to

smokers is like sending them to exile," said Poyrazli.

Dorcely believes that a gazebo for smokers away from the general public would satisfy both smokers

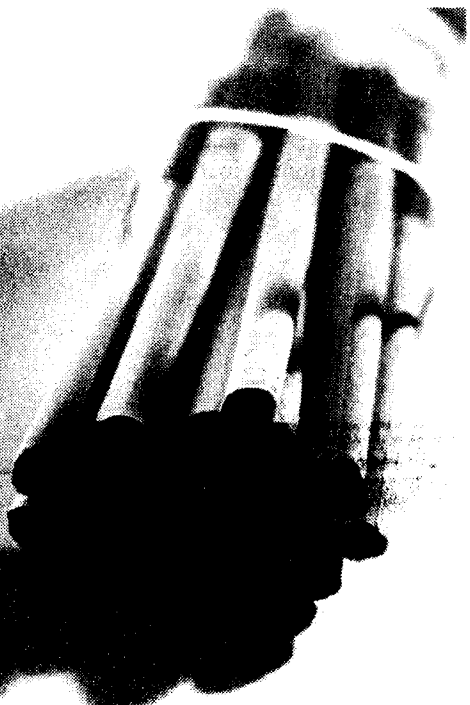


Photo courtesy of google.com

Cigarettes have not become a taboo on the PSH campus due to the ban.

and nonsmokers. Emily Farling, a humanities graduate student feels that the ban

"makes smoking uncomfortable" in order to make smokers quit.

As a smoker, Farling feels that smoking is her choice and will continue to smoke on campus. As a tuition-paying student, she demands her rights as much as a nonsmoker.

A second phase to the smoking ban has been recommended to the Chancellor by the task force. According to Martz, they have recommended the entire campus including resident halls and parking lots to be smoke free by Fall 2008.

At a staff forum this past Friday, Hanes states that they were "being very, very ambitious" with the policy. The ban started with a petition from students who were concerned about the smoking policy on campus and from there, she created the tobacco task force who prepared recommendations regarding the policy.

Hanes stated that this is "not an antismoker ban" and that members of the tobacco task force were compassionate about putting out a ban without a cessation program. She was not available for further comment.

PSH alumni honored for work with Amish shooting

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the state police since a trooper spoke in one of his junior high classes.

After graduating from Central Dauphin High School, the Harrisburg native went on to earn an associate's degree from the University of South Florida before putting his education on hold to join the Pennsylvania State Police Academy, making him the youngest in his cadet class, according to a bio on the Penn State Harrisburg alumni Web site. While working his way up the ranks, he earned a bachelor's degree from Elizabethtown College and a master's from Penn State Harrisburg. In early 2003, Miller was nominated

decided it was important to address the media so it would not interfere with the investigative process or the Amish community.

"My biggest fear was that if we didn't have a media plan and act quickly, the media would overrun the community to get their stories,"

for a commissioner, Miller said he will probably have another career in the future, hopefully one where he can make a difference.

Miller, who was a keynote speaker at Penn State Harrisburg's commencement ceremonies in May 2003, will be visiting the campus

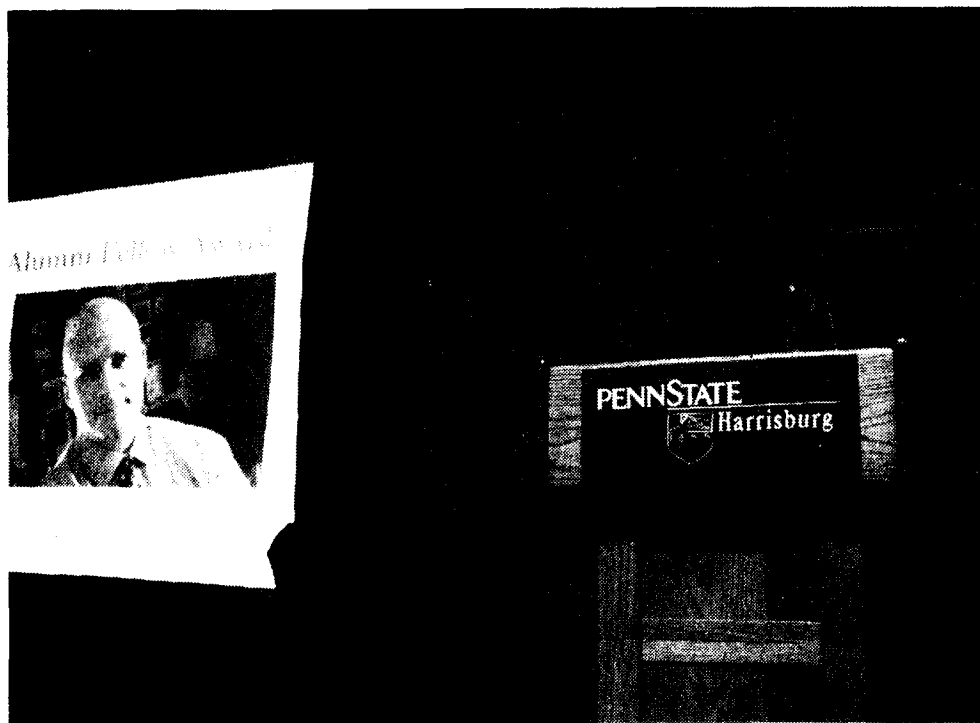


Photo by MARIN BENDORITIS/Capital Times

said Miller. He also described how proud he was of the way state troopers handled the event and to have led such an agency.

"It's an honor to do what I do," he said. Acknowledging that he is young

on Nov. 15, according to a press release.

The Nickel Mines tragedy was "incomprehensible" and "makes you appreciate your kids even more," said Miller. Such events are unpredictable, "but you try to live each day to the best of your ability."

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