

# Habitat for Humanity unites parties

By **WILLIAM POWELL**  
Staff Reporter  
WMP5006@PSU.EDU

With the upcoming election for the governor and senate just around the corner, both Democrats and Republicans are preparing to cast their ballots. Normally, these two very opposite parties bluntly refuse to work together for a cause, but in a special case, Penn State Harrisburg is having its first bi-partisan event on the weekend of Nov. 4.

The College Republicans and the College Democrats are working together to help Habitat for Humanity during a weekend house sweep. During that weekend, Habitat for Humanity will build three houses.

The College Democrats and Republicans are planning to help out by making somewhere close to 75-100 meals for the volunteers who are building the houses.

The president of the College Democrats, Hillary Isleib, and the president of the College Republicans, Megan Cleary, both decided to work on this together after Isleib came up

with the idea, and Cleary got her club's approval.

The plan is that this is in fact a good idea for both clubs to get recognition, and to actually work together despite being opposite factions in the upcoming political showdown.

In speaking with Cleary on side projects of the College Republicans, she mentioned that they meet regularly every Tuesday at 5 p.m. in 200E Olmsted.

Mike Folmer, who is running for the 48th District Seat in the State Senate, was present at the Oct. 31 meeting as a special guest. The Republicans have also already had one event where during the day they registered voters at the main stage in Stacks Market. However, Cleary also said, "on Facebook alone we have 134 members."

For the Democrats, this will be their first event of the year. However, Cleary, who just so happens to be friends with Isleib, said they are also planning a food pantry event sometime in the near future. Dr. Woessner is the advisor for both parties and oversees a lot of the events they take part in.

Now, with the upcoming election nearly at hand, who will vote for whom? Having spoken to Cleary, she said that despite being Republicans (or at least a member of that particular club) doesn't mean they will vote for Rick Santorum or Lynn Swann.

The same can be said of the Democrats who might be tired of "Fast Eddy" or don't approve of Bob Casey. It all comes down to looking at the character of each candidate because they can all make promises, but keeping them can be another issue entirely.

It is because of this edgy, brutal business called politics that the clubs are working together for this common goal.

It is not just about winning seats in the house or being the head honcho in the state government.

It is about changing the community for the better and helping others to work for the greater goal. That is exactly what both clubs are going for in this two-party event: the betterment of our community, by the community. For more information, contact either Cleary or Isleib.

# Campus Calendar

## Lectures & Events

Post-Election Wrap UP/Wednesday, November 8, 12 p.m. to 1:30 p.m. in Gallery Lounge. There will be a panel discussion of the results of the election.

C. S. Lewis Seminar  
Wednesdays at lunchtime. Contact w44@psu.edu for more information.

The drawing for the Domestic Violence Football Raffle will be held on November 6. Contact jua1@psu.edu for tickets.

THON Promotional Video  
Stacks Stage  
Nov. 6 and 7  
11 a.m. to 2 p.m.

Intramural Flag Football  
Mandatory Flag Football Captains and Officials meeting

Games will start on Nov. 6  
Faculty Development Workshops  
Exploring Learning Objects  
Monday, Nov. 6, 4-5:30 p.m., C-1  
Exploring Learning Objects  
Thursday, Nov. 9, 8:30-10 a.m., 108 Library  
Exploring Learning Objects  
Thursday, Nov. 9, 3-4:30 p.m., C-15  
RSVP to Carol McQuiggan at cam240@psu.edu.

International Dinner  
Saturday, Nov. 11 at 6 p.m., CUB.  
Bring your favorite national dish to share and enjoy all the food and entertainment.

Magical Night of Giving  
November 12 from 6 p.m. to 9 p.m.  
Colonial Park Mall  
Tickets are \$5. See a Lion Ambassador for details.

ROME 2007 STUDY TOUR  
A spring semester Rome 2007

Study Tour is scheduled for March 9-17, 2007. For tour reservations and itinerary go to the following website: [http://www.celestialvoyagers.com/html/tours/universities\\_schools/penn\\_state/rome-1878.html](http://www.celestialvoyagers.com/html/tours/universities_schools/penn_state/rome-1878.html)  
Or Contact Dr. Crawford gac2@psu.edu or Dr. Haddad jrh36@psu.edu.

LONDON STUDY TOUR  
A spring semester London, England 2007 Study Tour is scheduled for March 10 - 17, 2007. For more information, vjp1@psu.edu.

## Meetings

The College Republicans meet every Tuesday in room 200 at 5 p.m. Feel free to stop by.

Fred Haag Art Exhibit  
Morrison Gallery  
Gallery hours are 8 a.m. to 9 p.m. Monday through Thursday and 8 a.m. to 5 p.m. Friday.

# Spice it up with Ann

By **ANN STILLWATER**  
Columnist  
ARS291@PSU.EDU

Welcome to the Kitchen Krash Course! Those of us who do not live on-campus may not realize that the on-campus students all live in apartments and have their own kitchens. For many, this may be their first time cooking.

A good, basic cookbook is an invaluable resource. Ask for one as a present, borrow one from the library, or buy one, either new or used. You might even be able to borrow one from a relative. Look for one that provides kitchen basics such as how to shop and organize your kitchen, what to have on hand, food safety and nutrition, and meal planning. Many of these cookbooks will lead you through techniques in a step-by-step fashion.

An even better way to learn to cook is to have someone teach you. Relatives and friends can show you how to make a recipe, step-by-step. Standing in the kitchen with another person gives a hands-on experience that cannot be matched by reading a recipe.

Start with easy and simple recipes. It is better to build on success than to be discouraged by failure. Fancy dishes are very do-able, but plan the first try of a difficult recipe when nobody will know if it ends in failure. Chances of success are higher if you have helped make the dish before. Read the "Safety First" and "How to Begin" sections below for important tips, beforehand.

Today's featured recipe can be made either by baking or broiling. The baking setting produces an even heat throughout the oven, if you have a newer, better-built oven. When first baking in a new kitchen, be aware that some thermostats are not accurate, and there may be cooler or hotter spots in the oven. Turning the pan part way through ensures more even

cooking, but turning too often will cause the oven to lose too much heat and increase the problem. Broiling uses just heat from above and cooks items quickly, creating a browned top. Many cooks of all experience levels have burned foods by leaving them under the broiler too long. Stay in the kitchen and set a timer for a 2-3 minutes if using the broiler. While baking, items will burn if left too long, but this is not the quick fire hazard of broiled foods.

## Bread pizzas

### Ingredients:

Bread slices, English muffins, or bagels.  
Can or jar of spaghetti sauce  
Shredded cheese, mozzarella, or Italian Blend  
Additional toppings as available and desired. May include pepperoni, leftover vegetables or meats, drained chunks of canned pineapple, slices of artichoke hearts. Wet toppings should be drained, when possible, or they may soak through the bread and make it hard to pick up with fingers.

If using English Muffins or bagels, slice in half. Place bread slice, English muffin or bagel half on metal, flat pan. Spread with approximately 1/4 cup of sauce, top with additional toppings as desired, and sprinkle with approximately 1/4 cup of shredded cheese.

Bake for approximately 15 minutes till cheese is melted and browned. Or broil for approximately 3-5 minutes. Baking will crisp up the bottom of the bread. Set a timer and check frequently. Enjoy immediately, but eat with caution as hot cheese can burn the mouth!

Mexican version: Substitute mild salsa for the Spaghetti Sauce, use grated cheddar cheese and top with frozen corn.

### Safety First!

1. Always turn off the stove burners and oven as soon as you finish using them. SET A TIMER, and stay

nearby when things are in the oven, and especially when broiling!

2. When you have a pot cooking on the top of the stove, turn its handle in so it doesn't overhang the edge. This will prevent anyone from bumping into it and spilling the hot contents.
3. Always use an oven mitt or pot holder when touching or moving hot pans. Have a cooling rack or trivet nearby to place the pan on. Never place a hot pan directly on the counter-it may burn the surface.
4. Before handling food, especially ones that will be served raw, wash your hands thoroughly.
5. When preparing raw meats, be sure to clean cutting boards, countertops and other contaminated surfaces carefully to avoid getting sick.
6. Use caution with sharp knives. Never pick up a knife by the blade-only by the handle. When you are ready to cut, make sure that the sharp edge is facing down, toward the ingredient that you are cutting. When you have finished using it, always lay the knife down flat on the counter. Your apartment mates will appreciate intact skin on the hands while cooking their own meals or doing the dishes!

### How to begin:

1. Choose a recipe from a cookbook, the internet, or the Cap Times. Once you have chosen a recipe to make, read it through to be sure you have the time and resources needed.
2. Check to see that you have all the ingredients and necessary utensils, too. Before shopping, write out a list. This will prevent forgetting something and help you avoid impulse buying.
3. Put on comfortable, old clothes, or an apron. Avoid loose, hanging sleeves, which may get into the food or catch on fire.
4. Cooking is easier when you don't feel crowded. Start with a clean work surface and allow yourself plenty of room.

# Things You Need To Know

## Weather Policy

For Information on delays, cancellations, closings at Penn State Harrisburg, call 717-948-6029 or 717-948-6000. For a listing of the local radio and television stations which air the information, check the Penn State Harrisburg Student Handbook.

The Penn State Harrisburg Volleyball Club is preparing for the 2007 season. The volleyball club is looking for student-athletes interested in playing competitive intercollegiate volleyball. If you are interested or need more information, please contact Kevin Larkin at kplarkin@comcast.net

## Sports and Recreation

Fitness Facility Hours - Fall Semester  
Capital Union Building Hours are: Monday - Thursday, 8 a.m. - 11 p.m.; Friday, 8 a.m. - 8 p.m.; Saturday, 11 a.m. - 8 p.m.; Sunday, 1 p.m. - 8 p.m.

TENNIS COURTS - Only WHITE-SOLED TENNIS SHOES are permitted on the tennis courts. Rackets and balls can be signed out at the CUB.

The varsity softball team is conducting fall practice sessions every Sunday at 1 p.m. on the campus field (weather permitting) until Thanksgiving weekend. Full-time students

who are interested in playing varsity softball in the spring are encouraged to attend these workouts. For more information contact head coach Tonya Dengler at trd11@psu.edu.

## SGA Constitution Change

By its Constitution, the Student Government Association must publicly announce any proposed Amendments. Public comment to the following will be addressed at the regularly schedule SGA meetings each Thursday at 12:30 p.m. in room 118 of the Science and Technology Building.

### Proposed:

-That the Student Government Association Constitution be amended in Section 3, Item K be changed to read:  
A set of guidelines to be used as exceptions to Item D shall be written by the Vice President. If an exception is granted by the Vice President the reasons for that exception will need to be presented to the Senate before voting on that club's budget.

-That the Student Government Association Constitution be amended in Section 2 Senate to add Item U stating:  
Shall listen to the petitions of a club to have their funds unfrozen and hold a private meeting with the SGA treasurer and the club's executive

board present to compromise on a means of restitution. The senator shall complete this task and have a report ready for the Senate by the next business meeting of the SGA, after a club has officially filed a petition. The Senate shall vote to keep the account frozen or unfreeze the funds by a two thirds majority vote.

Reasoning: The first amendment is to be used as a way to keep the Senate informed so they can make a proper decision on all budgets by having all information available to them.

The second amendment is a means of restoring funds to clubs that have not been granted an exception and now have their funding locked. The whole reason we have used freezing funds as a punishment is so that clubs will attend meetings to learn how the process of budgets works and to realize the SGA is there to help them, not hinder them, with activities and events. By having a meeting of a senator, the treasurer, and a club's executive board a club can become educated in the process, which is the end of result of asking them to attend meetings in the first place.

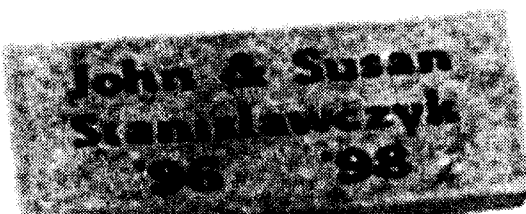
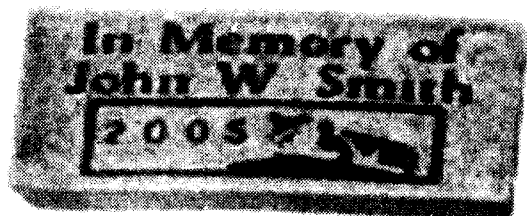
This second amendment answers the question of what to do for restitution if funds are frozen.

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Chi Gamma Iota Fraternity is a co-ed fraternal organization comprised of former, current, and reserve members of the Armed Forces and their supporters!

For more information, contact Matthew Mahoney, [mhm5039@psu.edu](mailto:mhm5039@psu.edu) or Diane Kenney, [dmk295@psu.edu](mailto:dmk295@psu.edu) or visit <http://www.hbg.psu.edu/clubs/xgi>