

SPORTS

PSU Sports @ Glance

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Sometimes, to be a Penn State fan, it means going through some difficult times. I am not referring to when the team isn't doing so hot or when Morelli throws more interceptions than touchdowns. I speak of a different kind of time.

Allow me to elaborate. Two Saturdays ago, when PSU faced Northwestern, I had the esteemed privilege of going to the game with a few friends (Matthew Sarver, Khoa Le, Diane Kenney, and Craig Dewalt). From the onset, we could tell it was going to be rough goings.

For one, there were five people crammed into a tiny red Jetta. We started out a bit later than hoped and lost some time taking the scenic route to 322.

There was much debate over where we were stopping for breakfast (Micheltown? Millersburg? Miffintown?), and when we finally got there, the breakfast buffet was expensive enough yet low quality enough to make you weep.

Leaving the buffet, we then hit the infamous Penn State football traffic, and combined with the ongoing construction of the Narrows, it made for a slow ride. So we sang out the windows to our other vehicle companion, spoke for horses ("Look at all those cars. Must be a football game today."), and just had a merry time. We paid the outrageous price for parking and now things get interesting.

Who knew that downtown was a 20-minute or so walk from Beaver Stadium? Who possibly thought we could tailgate without a grill, or at least some chips? Who knew that Penn State fans are so loyal to the Lions that they will yell at a girl wearing the red Greek letters for Chi Gamma Iota (XGI) because someone has convinced them they say Ohio State in Greek?

We then went into Beaver Stadium to watch the game. And we were left wondering a few more questions. Such as, couldn't Melinda (Student Activities) have tried to get the seats just 10 rows higher so that we could sit along the very top of the stadium? Why did it have to rain today?

We watched Craig and Khoa play with the flag instead of hold it proudly, because they were too busy taking photos of the student section with their cellphones. We watched Penn State pommel Northwestern and then it was time to go home.

We got separated leaving the gate. Diane and I went left; the rest of the crew went right. We finally got a phone call telling us to head downtown (again!) to the bookstore and food. So we walked downtown. We found our crew. They didn't buy anything at the bookstore. We didn't even eat there. In essence, we walked down there for absolutely nothing, and then we had to walk back.

Everyone is now tired and cranky. We walked towards a field where we thought we parked our car. We walked around the field. We realized we were lost. After a narrow escape from walking the path from *Deliverance*, it occurs to Khoa and I that we have just spent a half hour looking for our car on the wrong side of the stadium. So, we trek back towards Beaver Stadium and stop to take our picture with the JoePa statue, since as Craig said, "I walked 45 minutes just to do this."

We are now on the right side of the stadium and after a near miss of heading in the wrong direction again, we finally found the Jetta. And we pile in. And we're happy. And then we sit in traffic for an hour and some change, only to slowly creep by the Harley Davidson store that says State College. So we rock a few tunes, row the boat, send random text messages to people, and bond.

Then we realize that, for all the hardship we endured, we wouldn't trade the experience for anything.

It can be tough being a Penn State fan, but it will always be worth it.

Penn State beats Northwestern 33 - 7

Penalties, sloppy mistakes, and strong defense make this score a hard fought victory

By **MATTHEW SARVER**
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A packed Beaver Stadium of 108,837 witnessed the oldest and youngest coaches in Division I-A football, with Joe Paterno's Penn State Nittany Lions defeating Pat Fitzgerald's Northwestern Wildcats 33-7 on the Sept. 30 game. The score would make you believe the entire game was dominated by Penn State however that was not the case. Stupid mistakes, penalties, and some bad luck kept this game close for at least the first part of the game.

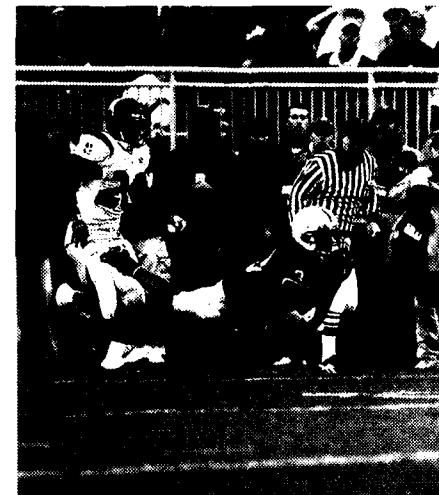
On Penn State's opening play quarterback, Anthony Morelli, hooked up with wide-out Deon Butler, who went out to have a record setting day, for a 40 yard completion. Three plays later Morelli and Butler connected again for a 17 yard completion taking Penn State down to the Northwestern 9 yard line. Unfortunately, on the next play Tony Hunt fumbled and the ball was recovered by Northwestern.

The next Penn State possession ended a little better than the first one. After several runs by running back Tony Hunt; and wide receivers A.J. Wallace and Derek Williams, Penn State found themselves once again knocking on the door. However, a false start penalty, followed by an incomplete pass on third down, made the Lions settle for a field goal.

Even though the Penn State offense came out flying in the first couple of series, the Penn State defense was smothering Northwestern's offense for the majority of the first half. Led by linebackers Paul Posluszny and Sean Lee, the Nittany Lions

shut down the Wildcats on their first four possessions in the game. Not until midway through the second quarter did Northwestern's offense finally breakdown the Nittany Lions defense.

Two more Kevin Kelly field goals gave the Nittany Lions a 9-0 advantage midway through the



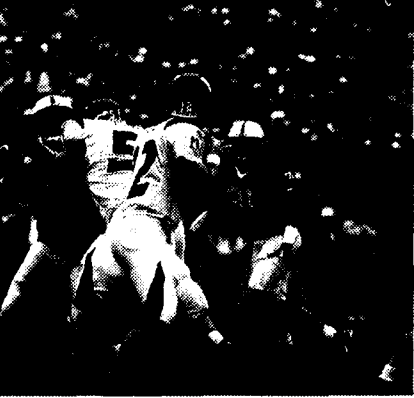
Photos courtesy of GoPSUsports.com
Deon Butler makes a diving catch in his chase to a record 217 yards.

second quarter. Then a familiar play happened for the Nittany Lions. Anthony Morelli was picked off by Nick Roach at the Penn State 30 yard line. Roach returned the interception down the Penn State 14. Four plays later the Wildcats Tyrell Sutton punched it in from 1 yard out on fourth and goal. This would be the last time the Northwestern offense saw the end zone and inside the Penn State 20 yard line.

With 2:30 left in the second quarter, the Penn State offense finally

collected more than three points. The combination of Morelli and Butler hooked up again for 49 yards taking Penn State down to the Northwestern 13. After several running attempts, running back Tony Hunt punched it in to the end zone with 29 seconds left in the first half giving Penn State a 16-7 lead going into the locker rooms.

The Lions out gained the Wildcats 329-127 in total yards in the first half but only had a 9 point lead to show for it. In the second half Penn State finally broke the game open in the third quarter thanks in part to big plays on defense. Penn State shut down the Northwestern Offense on their opening drive of the second half causing them to punt for the eighth time in the game.

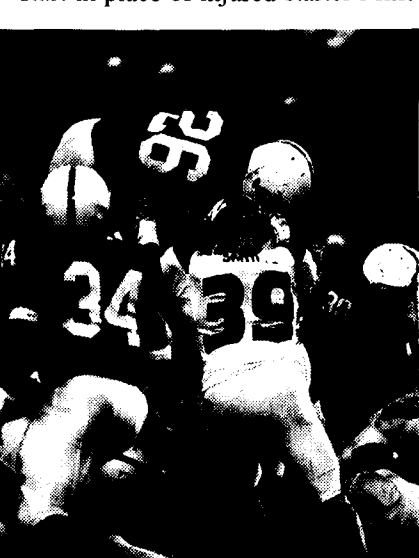


Linebacker Paul Posluszny keeps his eye on the ball.

Following the punt Penn State drove into Northwestern territory after big receptions by wide outs Deon Butler and Derek Williams only to fall short of the end zone again. For the fourth

time in the game sophomore kicker Kevin Kelly was called upon to put three more points on scoreboard for the Nittany Lions.

Halfway through the 3rd quarter Northwestern's red shirt freshman Andrew Brewer, making his first start in place of injured starter Mike



Tony Hunt makes another leap into the endzone.

Kafka, was sacked at his own 10 by Jay Alford. A penalty pushed Northwestern back another 5 yards before Maurice Evans and Sean Lee sacked Brewer at the 1. This led to Tony Hunt's second rushing touchdown and gave Penn State a commanding 26-7 lead.

The very next play for Northwestern ended up being the back-breaker for the Wildcats. Penn State's Sean Lee made an incredible side-line interception to give the Nittany Lions great field position once again. And like they had done all game the Nittany Lion's offense marched right

down the field and on a first and goal Tony Hunt pounded his way through defenders into the end zone for his third score of the contest. Hunt finished the game with 28 carries for 137 yards giving him his third straight one-hundred yard game.

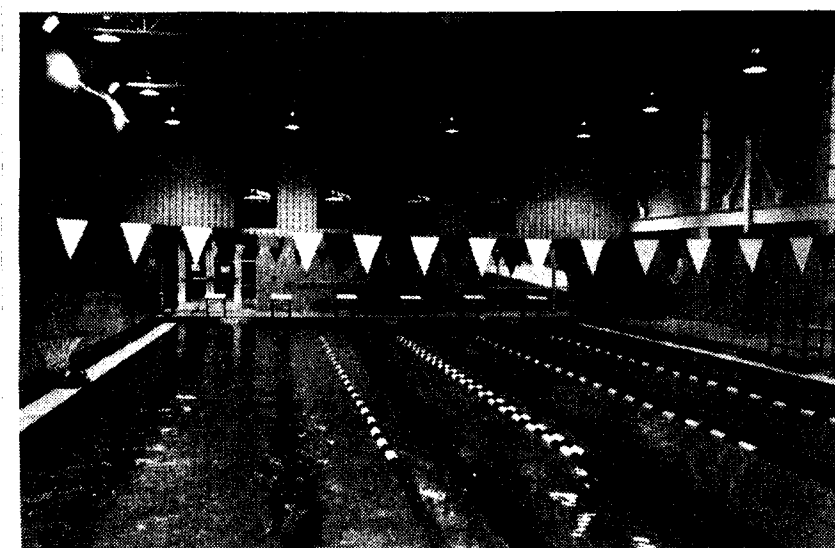
The fourth quarter did not feature any scoring however it was when Deon Butler made his record setting reception. With 6:45 seconds left backup quarterback Daryll Clark completed a 7 yard completion to Butler giving the wide out 11 receptions for an astonishing total of 217 yards on the day. After he made the reception the entire stadium stood and gave the sophomore stud a standing ovation. He beat former Penn State star O.J. McDuffie's single game receiving yards record of 212, which was set against Boston College in 1992.

Penn States victory leaves them 3-2 overall and currently 1-1 in Big Ten play. Penn States next opponent is Minnesota who is coming off a close lose to Michigan 28-14. Penn State's defense has been smothering offense in the past three games and it has to continue heading to a very hungry Minnesota team. Penn States offense once again got off to a high start but came crashing down when it came to putting the ball into the end zone. Anthony Morelli is looking better and better as he progresses but he needs to look for some shorter routes and not throw the deep ball every play. I look for this game to be a lot close then we all will hope for. However I feel Penn State will pull out the win and come home with heads held high looking to take on #6 Michigan in an Stadium Wide White Out.

Capital Union Building houses more than gym classes

By **MEGAN RESSER**
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Those of you who are new to this campus, and perhaps even some of you who have been here for awhile, may not know that in the Capital Union Building (CUB) there are a wealth of activities available for FREE to all Penn State Harrisburg students, faculty, and staff. All students need to do is show the desk attendant their



Photos by **VICTORIA HENNIGAN/Capital Times**
The swimming pool in the Capital Union Building is free for all students and faculty to use. Members of the local community can also use the pool for purchasing a pass at the CUB desk.

PSU ID card, and they will be granted access to everything the CUB has to offer. You can also sign out various equipment pieces, such as racquets, balls, table tennis paddles, and goggles, from the desk attendant.

Upon entering the first floor of the CUB, you will find the recently renovated Physical Fitness Room on your left. This room houses two elliptical cross trainers, three treadmills, Stairmasters, Schwinn Air Dyne bikes, an ultimate crunch machine, a curl machine, a Concept II rower, a Lifestride treadmill, a Lifecycle upright bicycle, and a Nordic Track ski machine. Available for your use in the lobby of the CUB are table tennis and foosball tables.

The main gymnasium is also located on the first floor, and activities available in the gym include basketball, badminton, and volleyball. Kinesiology classes and athletic

teams have the gym set aside for their usage at certain times, so be sure to check the monthly schedules which are posted online and on the main doors to the gym so that you know when the gym is open and available.

Some of you may not know that the CUB houses a state-of-the-art, six-lane swimming pool. This pool is a separate entity and is not managed by PSH but it is available to use for free to all PSH students, faculty, and staff. Information about Open Lap

right side of the building you will find alternate access to the men's and women's locker rooms. You will also find one squash court and three racquetball courts. Equipment for all four courts can be signed out at the front desk. Something most people probably do not know is that the fourth racquetball court can be equipped for Wallyball. "What is Wallyball?" you may ask. Wallyball is volleyball played on a smaller court, with the walls and ceiling being in-bounds. Rules and equipment for Wallyball can be accessed from the front desk attendant.

The second floor of the CUB, which can be accessed by one of several stairways throughout the building, houses a multi-purpose room and the main weight room. The multi-purpose room, with its small matted area and mirrors, provides space for activities such as aerobics, yoga, pilates, and karate. Also available in this room are a speed bag, a heavy bag, and the popular game Dance Dance Revolution. As of press time, the electrical connections for Dance Dance Revolution were about to be cleaned so that the game will perform at its optimum capacity. The main weight room houses Olympic free weights, variable dumbbells, a squat rack, incline benches, a preacher curl bench, a power ram sled, a universal gym, a multi-adjustable jungle, a lat pulldown/low row machine, a leg extension/leg curl machine, assorted benches, and various other pieces of equipment.

The addition of eight brand-new tennis courts, which were just finished at the beginning of this semester, has added another exciting feature to the PSH campus. All PSH students, faculty, staff, and members of the outside community are permitted to use the courts as long as proper footwear and equipment are used. If you don't have equipment, racquets and balls can be signed out from the front desk in the CUB lobby. Four of the courts have lights which will be turned on for

some period of time every night. As of press time, the exact times which the courts will be lighted had not yet been determined. Readers should be aware, however, that the PSH intercollegiate tennis team will be using the courts at certain times for practices and matches, so access may be denied or somewhat limited during these times until their season is over.

Various intramural sports are also organized and facilitated by the CUB staff. Fall intramurals include: co-ed softball, flag football, co-ed volleyball, and co-ed table tennis. Spring intramurals will include: co-ed five-on-five basketball, racquetball, co-ed one-pitch softball, Frisbee. The entry deadlines and times for the captain's meeting can be found online by following the link to Intramurals at <http://www.hbg.psu.edu/studaf/athletics/atmain.htm>. Questions about intramurals can be directed to Intramural Sports/Fitness/Recreation Coordinator, Julie Stoehr by calling her at 948-6267, by e-mailing her at jrs1017@psu.edu, or by visiting her in her office

CUB, room 115. If you don't know where these office rooms are, they can be found by entering the lobby of the CUB, going past the front desk, and down the long hallway which is on your left. The Intramural Sports/Fitness/Recreation offices are first on your left and the Intercollegiate Athletics office is located at the very end of the hallway on your left.

This link, <http://www.hbg.psu.edu/studaf/athletics/atmain.htm>, will take you to the main Recreation and Athletics site, and from there you will be able to find all of the information detailed in this article, as well as additional information such as operating hours and contact information for additional facility staff. The Recreation and Athletics site can also be accessed by going to www.hbg.psu.edu and clicking on the Student Services link.

While all of these great fitness and recreation activities are available to you for FREE, you should take the opportunity to explore them and take advantage of them. If you are looking for a certain type of equipment or activity which



The Capital Union Building, seen from the main entrance. The Cub houses many different pieces of equipment for student use and has a wide variety of services available for everyone to use.

in the CUB, room 121. Questions about intercollegiate athletics can be directed to Athletic Director, Rahsaan Carlton by calling him at 948-6744, by e-mailing him at rlc122@psu.edu, or by visiting him in his office in the

you can't seem to find currently at the CUB, Intramural Sports/Fitness/Recreation Coordinator, Julie Stoehr will be happy to hear your suggestions for additions and further improvements.