

PEOPLE WHO WALK ON AIR AND RED CARPETS  
**ENTERTAINMENT**



Photo courtesy of amazon.com

## Zach tunes in

By Zach Bailey  
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Record Label: Capital Records  
 Produced by Paul McCartney and Nigel Godrich

★★★★☆

*Chaos and Creation in the Backyard* marks the twentieth studio album in Paul McCartney's thirty-five year solo career. The album boasts thirteen new McCartney tracks, and I was rather pleased to find that there were a number of 'extras' included with the album. *Chaos and Creation* can either be bought individually or packaged with a DVD that includes videos and a documentary on the making of the album. The album also included one ticket for a chance to win a Lexus online and another for a free song download of a new McCartney track that wasn't included in the album.

*Chaos and Creation in the Backyard* marks the first pairing of Paul McCartney with producer Nigel Godrich. In the past, Godrich has worked with such artists as Radiohead, Beck, and Travis. While this match-up seems like a rather unlikely one for McCartney, the results are truly incredible. Godrich was able to help give the album a modern feel without interfering with the integrity of any of the songs.

*Chaos and Creation* is the closest to a solo attempt since 'McCartney' that was Paul McCartney's very first solo album. McCartney plays most of the instruments on *Chaos and Creation*. Some of these instruments include piano, drums, bass, acoustic and electric guitars, moog, flugelhorn, tubular bells, and harmonium.

A few of the other musicians to appear on the album are Jason Falkner, Rusty Anderson, Brian Ray, and Abe Laboriel Jr. The latter three are members of McCartney's touring band.

This album has a rather mellow feeling in general. A number of the songs are piano based and include strings. McCartney also presents mature themes including loneliness, feeling like an outsider, and finding a love that will never end.

'A Fine Line', which is the first single to be issued from the album, is one of the few up-tempo tunes on the album. It is a typical catchy McCartney tune. 'Jenny Wren' features a guitar arrangement that is reminiscent of 'Blackbird.' 'Friends to Go' is another fun tune that McCartney claims was inspired by George Harrison. 'Too Much Rain' is a song that is bound to make you smile when you are feeling down. McCartney

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# The new face of Cafe Fresco

By Elizabeth Wingate  
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Part Alice in Wonderland, thanks to sumptuously high-backed booths, part urban sophisticate, the sleek, whimsical cool of the new Café Fresco on Second Street raises the bar (and incidentally, doesn't allow smoking) for upscale casual dining in Harrisburg. "We're starting a trend for downtown," said owner Nick Laus, "Healthy and fresh- everything's got to be right." Laus, it seems, is onto something that won't go out of style.

"If it looks good, it's going to taste good," said Laus, who built his career on a philosophy of quality and innovation. "I've always loved food," said the Peruvian-born restaurateur, whose early days were spent in the family pizza shop, Italian Pizza and Subs on Derry Street in Harrisburg. After stints in Ohio, Texas, Philadelphia, and Florida, the fecund Laus returned to Harrisburg and began experimenting with the pizza at the family business. "12 or 13 years ago, most pizza shops just offered plain cheese or pepperoni pizza by the slice," he said. "I began offering white pizza, taco pizza, Mediterranean, an array, and people loved it," said Laus.

Dining trips to big cities frequently left Laus asking, "Why don't we have a place like this in Harrisburg?" His answer was Café Fresco, the first of which Laus opened three years ago on Paxton Street. Initially, the concept was slow to take off, but word quickly spread about the palate-pleasing menu of fresh salads, sandwiches, wraps, pizzas and

more. "We had customers coming in for lunch from downtown, and even Lemoyne," said Laus, who added, "I knew there were enough people in Harrisburg who appreciate healthy eating and value service and quality."

The success of the first Café Fresco and the blossoming

order at the counter, are given a number, and selections are promptly delivered to the table. A bounty of sandwiches, wraps, pizza, salads, and burgers are made to order and range from \$6.95 for a colorful veggie wrap of ripe avocado, sprouts, tomato and hummus accompanied by

kids menu to keep the little ones happy.

After 4 p.m., diners enjoy table service and a slightly more relaxed pace. In addition to the regular menu, diners may choose from five dinner entrees created by Laus' friend and Al-Mediterraneo chef, Tony Amato.

Café Fresco Center City's drink selections are as well-rounded as the food. The eatery offers an array of specialty cocktails-five kinds of mojitos, signature martinis, frozen and coffee drinks, as well as red, white, and peach sangria. Beer is by the bottle only and includes a good selection of micro and imported brews. Wine enthusiasts will be enamored with Café Fresco's global selections (chosen by Amato), which include numerous wines by the glass and many bottles under \$30. If dinner calls for celebration, there's champagne on hand as well (\$6-175).

Café Fresco is downtown Harrisburg's first smoke-free bar and restaurant and offers wireless Internet. "We're not a fancy place," stressed Laus. "Flavor-wise, quality-wise we are, but it's all about taste in a casual, laid back atmosphere," an approach that makes Café Fresco worth savoring.



Photo by Donovan Roberts Witmer

**The downtown Cafe Fresco's sleek, sophisticated interior provides customers with a fresh and new atmosphere for dining in style.**

downtown Harrisburg scene led Laus to open Café Fresco Center City, nestled comfortably along Restaurant Row. Ever the detail man, Laus and his fiancée, designer Amy Welsh of Surface Studios, have created a polished space of vivid, hand-painted walls set aglow by blown glass lighting, woven leather banquettes paired with clean, art deco chairs, and an industrial-chic concrete floor.

Dining at Café Fresco can be as simple or as involved as you wish. From 7a.m. to 4p.m., patrons

chips, to \$10.95 for a plump, impossibly breadcrumb-free jumbo lump crab sandwich on a Kaiser roll served with fries. Laus' expertise with pizza is apparent here; the crusts are just dense and crisp enough, the cheese precisely gooey, with generous toppings, most are in the very reasonable \$5-6 range. Café Fresco offers a breakfast menu (served until 11a.m.) of bagels, croissants, egg wraps, and a full espresso bar- perfect to grab on the way to the office, as well as a

The crab cake Florentine (\$16), topped with avocado salsa, bean sprouts, lemon-avocado aioli and served with foccacia spread with an earthy tomato sauce, is fresh and the subtle restraint of the flavors a delight. Other entrees are equally pleasing, like the parpadelle shrimp pasta (\$18) drizzled with a lemon white wine and black olive sauce. Roasted bacon and spinach sautéed with garlic add depth to the ribbons of pasta, while toasted sesame seeds offer understated texture.

Center City Harrisburg  
 215 North 2<sup>nd</sup> Street  
 Harrisburg, PA 17101  
 717-236-2599

Fax: 717-236-7343  
 Hours: Monday-Saturday- 7am-11pm

Scottsdale Plaza (across from Harrisburg Mall)  
 3352 Paxton Street  
 Harrisburg, PA 17111  
 717-564-6000

Fax: 717-564-1309  
 Hours: Monday-Saturday- 6:30am-9pm

Credit cards: All major  
 Takeout available  
 Physically disabled accessible

## Live aid with Live 8

By Brandon Sarzynski  
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On July 2, some of the largest free concerts in the world took place at various locations around the globe. One of these shows took place in our own backyard. For one day, the steps of the Art Museum in Philadelphia were transformed into a massive stage graced by many top performers and surrounded by over a million people. This was a truly surreal experience for anyone in attendance and a historical moment for the city of brotherly love.

Organized by Bob Geldof of Pink Floyd fame, the concerts were intended to raise awareness for the G8 (the Group of Eight nations) conference. The organizers hoped to raise more global aid for Africa. The events that took place that day were referred to as Live 8, paying homage to the Live AID concerts of the past. Live 8 is a part of a much larger campaign, the ONE campaign.

The ONE campaign's main purpose is to have one percent of the U.S. budget go towards providing basic needs, such as healthcare, education, clean food and water, for the poorest countries of the world. By organizing large events that draw

attention to its political movement, it hopes to spread awareness of global poverty.

Philadelphia was blessed with many large acts. Such famous names performed as Stevie Wonder, Dave Matthews Band, Alicia Keys, Black Eyed Peas, Jay-Z, Will Smith, Bon Jovi and many more.

The show started with people all over the world, led by Will Smith, snapping their fingers together in unison. The Black Eyed Peas then took stage and the concert began. All of Philadelphia seemed to move as a whole to the music. Even if you weren't close enough to actually see the bands,

you at least had the chance to see the largest group of people imaginable, all moving in their own ways to the music. When it came down to it, even if you didn't

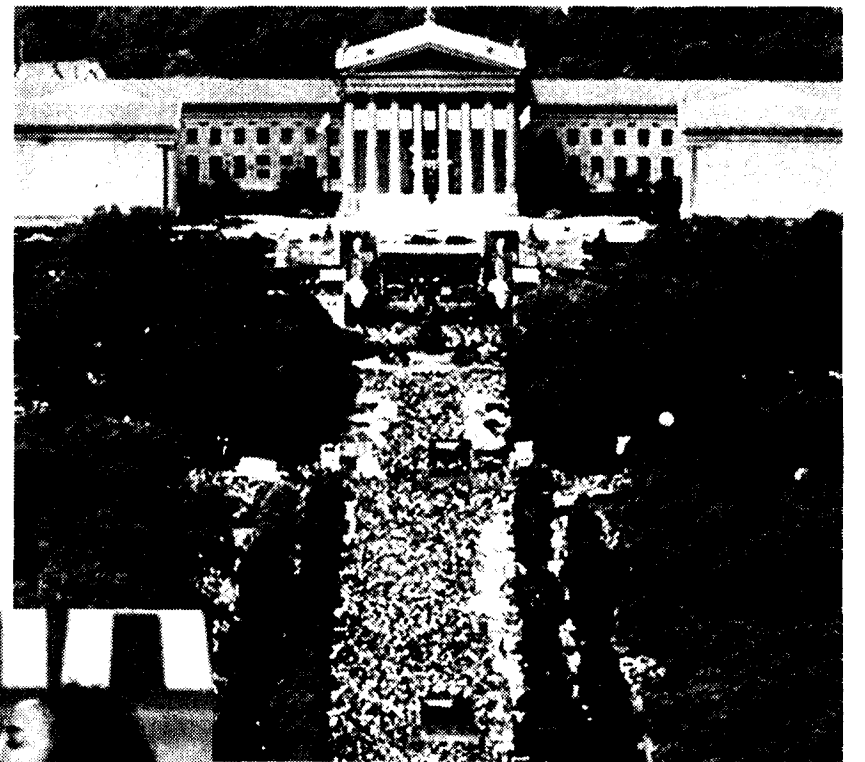
like the band, you were caught in the moment and flowed through the day. Between bands, many actors, actresses, and musicians took the stage to reemphasize the real reason for the event.

Around mid-afternoon, Will Smith took the stage and figuratively set the crowd on fire, setting the mood for the rest of the evening. He asked the crowd how many



**Philadelphia native Will Smith, center, performs with DJ Jazzy Jeff during the Live 8 concert.**

fans he had in his home town and Philadelphia replied by going insane for him. When Smith decided to call himself the Fresh Prince and Jazzy Jeff appeared



Photos courtesy of AP/cbsnews.com

**Hundreds of thousands of spectators watch the Live 8 concert in front of the Philadelphia Art Museum in Philadelphia, Sat., July 2.**

behind the turntables, everyone knew what was coming next. The unimaginable event of approximately one million people singing the theme music from their new album. To true "Dave" fans this was great, but to others it was a bit of a let down. Some musicians didn't even really get a chance to shine. Alicia Keys' performance was short and rushed, as she only played one song.

In other venues around the world, many musically historical performances took place. In London, Pink Floyd reunited. Bono and Paul McCartney performed a tribute to the Beatles. London also had performances from The

song to the Fresh Prince of Bel Air was utterly amazing.

Other Bands didn't quite live up to the hype. Dave Matthews Band, for example played, a lot of

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