

# night to make the grade

can relax in quiet environments to study and use the conference rooms to meet for projects. The most impressive part of the TSU is that they have their own bowling lanes, big screen televisions, billiards, video games, a food court which also stays open 24-hours, computers and a music library, in case you need to take the edge off studying.

Farnaz Bakhshi a 21-year old biology major at Cal-Sate Fullerton is the night manager at the TSU and she said it is a pretty wild experience.

"We even have a company come in and offer free five to 10 minute massages between 11 p.m. and midnight," Bakhshi said. "At midnight we do giveaways where students get a cup that has supplies such as stress balls, gummy worms, gum, candies, anything to keep you awake."

Among the other goodies at the Cal-State campus, there is also 24 hour basketball to dunk on other students. "Everyone takes advantage of this...you'd be nuts not to," Bakhshi said.

When asked how much money CSUF pumps into the TSU, Bakhshi had no answer. "I'm not sure," she said. "A portion of our tuition goes into paying for it."

West Virginia offers movies, games, and refreshments for their students. Not only does this help students stay awake during finals, but it is mostly a year-long process that also prevents them from burning couches after sporting events.

Kansas State takes a more advice-oriented approach when dealing with all-nighters. Dorinda Lambert, associate director of University Counseling Services was quoted in the December 12, 2003 edition of the Kansas State Collegian as saying: "Finals are a time for stress. All at one time, there are things going on. Getting through finals will be a lot less frantic if students just try to continue with things as normal, but eat and sleep regularly."

But not all students wait until finals to take part in all night activities, and let's be honest, not all activities that students stay up late for involve school work. Take the fine young lads and lasses at Wellesley College in Massachusetts who stayed up all night to recite all of William Shakespeare's sonnets and plays. When asked what was wrong with them, a "no comment" was issued.

"I pulled plenty of them," Kupfer said. "I went to parties that went on all of the time. Sometimes we'd go to a concert in New York or Philadelphia and we'd hurry back for class. You have to have some level of responsibility to your school work. I can remember pulling a paper out of my typewriter, remember this was 1981, and bringing it to class."

Lambert also told the K-State Collegian that she feels that students will never benefit from studying all night long. "Think about your body as a machine and your mind as an engine. If there's no fuel, you won't operate. So if you stay up overnight, you didn't rest



**Above:** The night takes a turn for the worst when Cooke discovers that he is out of caffeine. It's already 6:30 in the morning and there is no time to spare. To make matters worse, the printer is jamming, AGAIN (left), which Cooke attempts to fix by repeatedly pounding on the device with his fist. Finally, the pressure is too much for Cooke to handle so he gives up and passes out in a pool of his own slobber (below).



photos by Pete Strella

so you won't think as clearly and won't have the faculties to learn."

"I wouldn't recommend them every night," Kupfer said.

The most frightening aspect of Kupfer's all-nighters was the environment at Johns Hopkins.

"It was very cut-throaty, that was part of the culture. The only protest I remember students holding was one to keep certain portions of the library open 24 hours a day."

The best advice for students is that they begin to study for finals during the last regular week of the semester. However, there appears to be a novelty to staying up late and slugging on coffee the next morning.

"I'm a big believer in coffee," Furfaro said. "It's the nectar of the gods."

"I looked forward to the 15-hour recuperator," Kupfer said.



How students will deal with their respective all-nighter this time around is up to them, one thing is for sure, burning the midnight oil has become legend on campuses all over the country. Stories come out of the all-nighters, eyes are blood-shot, books are everywhere, and sleep becomes everyone's friend after all is said and done.