

-Instruct household members to turn to your local radio or television station for EAS information.

-Pick two meeting places: A place near your home AND a place outside your neighborhood in case you cannot return home after an emergency.

-Take a basic first aid and CPR class. Contact the American Red Cross for more information.

-Keep family records in a watertight and fireproof safe. Inexpensive models can be purchased at most hardware stores.

*If members of your household have disabilities or are elderly, find out what services may be available to aid in their care or evacuation in the event of an emergency.*

#### **Prepare an Emergency Go Kit**

During an emergency, electricity, water, heat, air conditioning, or telephone service may not work. Preparing an Emergency Go Kit ahead of time can save precious time in the event you must evacuate. You should consider including the following items in an Emergency Go Kit:

-At least a 3 to 5 day supply of water (1 gallon per person per day). Store water in sealed, unbreakable containers. Replace every 6 months.

-A 3 to 5 day supply of non-perishable packaged or canned food and a non-electric can opener.

-A change of clothing, rain gear, and sturdy shoes.

-Blankets, bedding, or sleeping bags.

-A first aid kit and prescription medications (be sure to check the expiration dates).

-An extra pair of glasses or contact lenses and solution (be sure to check the expiration dates).

-A list of family physicians, important medication information, and the style and serial number of medical devices, such as pacemakers.

-Special items for infants, the elderly, or family members with disabilities.

-A battery-powered radio, flashlight, and plenty of extra batteries.

-Identification, credit cards, cash, and photocopies of important family documents, including home insurance information.

-An extra set of car and house keys.

-Tools such as screwdrivers, cutters, and scissors; duct tape; waterproof matches; a fire extinguisher; flares; plastic storage containers; needle and thread; pen and paper; a compass; garbage bags; and regular household bleach.

#### **Pets**

In the event of an evacuation, make arrangements for pets in advance. Make sure you have:

-Identification collar and rabies tag.

-Carrier or cage and leash.

-Any medications (be sure to check expiration dates).

-Newspapers and plastic trash bags for handling waste.

-Sufficient supply of food, water, and food bowls.

# 4th Annual Career Forum



**Wed., March 26, 2003**

**5-6 PM**

**Gallery Lounge**

**Straight talk from 4 hiring managers in various industries, including state government.**

**Join us for this interactive panel discussion!**

**Refreshments will be served!**

**Sponsored by Alpha Sigma Lambda Adult Honor Society, Career Services, and grants from the Student Activities Fee and the Penn State University Commission for Adult Learners.**

**For more information, phone 948-6260.**