

Students set goals for spring semester

Rachel Shepherd
staff writer for The Capital Times



And so it begins: classes, homework, cramming, all-nighters and weekend parties. Welcome to a new semester. And with every new semester, students set goals to strive for such as getting better grades and to minimizing procrastination.

"I believe this semester will be challenging, but I enjoy the thrill of a challenge," says Jennifer Anderson, elementary education. "My goals are to start work as soon as I get the assignment and complete it ASAP, allow personal time to avoid too much stress, and enjoy the work I am doing in class."

Jason Hildreth, secondary education, says this semester he just wants to make the Dean's List. "I only have three semesters left and I want to do well so I can have a good resume when I apply for a job."

Usually, these goals turn out to be more challenging than students envisioned. But have no fear, because there are some helpful tips to sticking to it. According to www.thesemester.com what usually goes wrong is poor planning - a culprit of the syllabus. On paper the guidelines look simple because the syllabi tend to give students an illusionary sense of ease and enable them to visualize the entire

semester on two or three sheets of paper. "However, syllabi do not have the ability to show us the in-between days.... The work that must be done at home; the long hours of laboring necessary to achieve a perfect score on each exam."

This can be avoided. The website suggests taking it one bit at a time. Don't look at the whole semester right when you get the first syllabus. Instead of searching for your first exam or paper due, look at the first lesson to be taught. "Worry about how to excel at that lesson and only at that lesson." This means focusing all of your time and energy on mastering what is due for the next class. The website says if you achieve mastery at one item at a time, when examination time comes around, you will hardly need to study.

According to the website, many students need to take an occasional break from their studies as well. Of course a break can range from a quick walk to wrestling with your dog. Whatever your break is make it simple and fun. Both productivity and longevity increase when you stop for a breather.

And remember, everyone is here for the ultimate goal: a career. "As always I expect a lot of work, especially for student teaching," admits Alia Hartwick, elementary education. "But in the end, I know I will be prepared for next year when I have my own classroom."



The SGA

by STACY DE ANGELO
EDITOR IN CHIEF

Report

With the semester in full swing, the SGA is back in action. President Parul Luthra started things off on a good note, thanking the members for all their hard work and dedication in the fall semester. Luthra also introduced Eric Haupt as the new

Chief Justice for the Judicial Branch. Luthra also reminded the SGA that there is still a need for a treasurer. Anyone interested is to contact Luthra.

SGA is planning a THON fundraiser for February 4 in the second floor auditorium of Olmsted. The fundraiser is to be a Bachelor/Bachelorette auction, minimum bid will be \$5.00. Anyone interested is to contact Mary Anne Nguyen.

Dr. Widoff will be giving SGA a tour of the nearly finished section of Towne Square that "Student Activities and the SGA will now call home." (I'll let you in on a little secret, The Capital Times, WPSH, and the Photography Club will soon be calling it home too... but shhhh don't tell anyone.) That tour will take place January 22 at 4:50 p.m.

.... The only old business worth bringing up is relatively new. There was a request to help with Clubfest (to be held January 29 and 30). The request was simply put, "Please sign up to help ASAP!" Also considered old is "Operation Soup Bowl" that will take place 4:30 to 6 p.m. from January 20 to 23.

The new business is such: Junior Senator of Public Policy Ginger Weaver gave a letter of resignation on January 13. Christine Meck motioned to approve Weaver's resignation, Jim Feight seconded the motion, all were in favor and the motion approved. Isn't that like saying, "you can't quit you're fired"? Also leaving her position is THON Chair Christine Meck (note: no one motioned to approve, hence there was no second motion). If anyone is interested in taking over Meck's position, please see President Luthra.

That is about all I have to report.

Ok, I'll admit, I just really wanted to use this picture of Jr Senator at Large and THON dancer Lee Cutchall. He goes to show that you can still have fun and do your job at the same time. (Photo by Stacy De Angelo)



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