

Savings on Health and Lifestyle Benefits Now Just A Click Away

(NAPSA)-Thirty-eight percent of Americans have avoided or postponed visiting a dentist because of costs, 34 percent have avoided or postponed buying new eyeglasses, and 24 percent have avoided or postponed visiting a doctor, according to a recent survey.

For those who have to think twice before they fill a prescription, visit a dentist or get their eyes checked, a new online service called ehancedbenefits.com is offering discounts to its members of up to 60 percent on these benefits and others.

"No one should have to postpone these necessities for themselves or

for their families," said Dennis Keith, president and founder of ehancedbenefits.com, a service that gives members access to a network of more than 350,000 national health and lifestyle providers.

Ehancedbenefits.com is not health insurance, but offers discounts to members on many health-related and lifestyle expenses.

The average cost of a dental cleaning might be \$48, but with ehancedbenefits.com, a member would pay around \$29.

Anyone is eligible to become a member of ehancedbenefits.com's program (except residents of California and Washington state) regardless of age, income, pre-existing medical conditions or employment status. Membership eligibility extends to all family members living at the same address, including any dependents-such as college-age children-living away from home. Those most likely to benefit

include:

- Individuals with insurance plans that don't provide extras such as dental, prescription drugs or vision care

- Individuals with high-deductible health plans and/or medical savings accounts

- Medicare recipients or individuals with no insurance coverage, including the growing number of people who work at home or part-time.

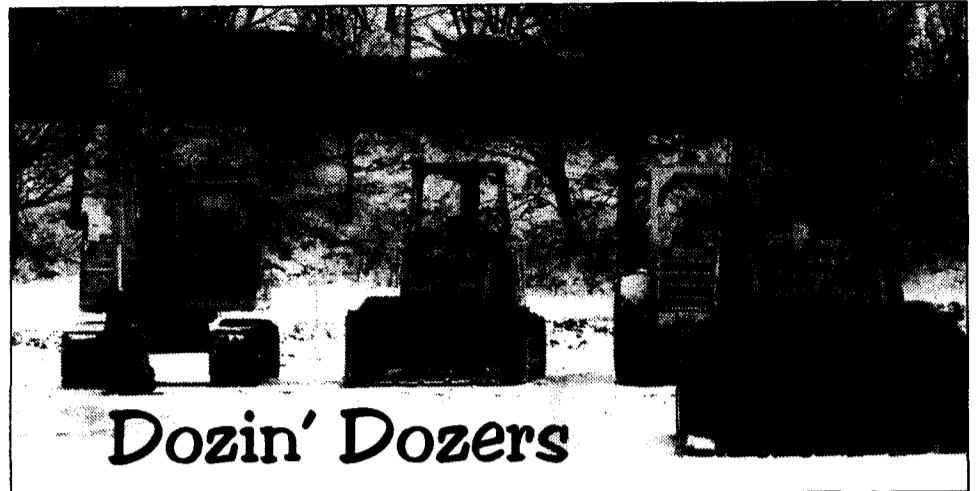
Ehancedbenefits.com has packaged services such as doctor visits, dental care, vision care and prescriptions together with others including chiropractic care, vitamins by mail

and even cosmetic surgery in four different plans starting at \$8 a month.

The average cost of a dental cleaning might be \$48, but with ehancedbenefits.com, a member would pay around \$29. Eyeglasses that might cost \$184 would cost around \$124 for ehancedbenefits.com members.

"Ehancedbenefits.com's goal is to empower people and give them choices and control over the benefits they have for themselves and their families," said Keith. At any time, day or night, people can log on to the Web site or call the toll-free number and find out the names and addresses of the nationwide network of leading drug stores, eye care centers, doctors, dentists and other providers in their area.

Enrollment can be done online at www.ehancedbenefits.com or over the telephone at 1-877-EHANCED, 1-877-342-6233. Members can pay month by month or annually. Within two weeks, enrolled individuals receive a membership card that gives them and their families instant savings at over 350,000 providers nationwide.



Dozin' Dozers

Quandel Corp. vehicles continue to be stilled by winter weather.

THE BASIS OF ACTION IS LACK OF IMAGINATION. IT IS THE LAST RESOURCE OF THOSE WHO KNOW NOT HOW TO DREAM.

—OSCAR WILDE

COFFEE FACTS & FIGURES

What To Know About Caffeinated Favorites

(NAPSA)-Jumping java. A cup of Joe. How much do you know about your favorite caffeinated cuppa?

According to legend, coffee was discovered in Ethiopia when goat herders discovered their flocks stayed awake all night after eating coffee leaves and berries.

Coffee reached Arabia in the 1200s and the word coffee comes from the Arabic word qahwah.

The scientific name for the coffee tree is *Coffea arabica*. Most coffee is named for the region which it comes from, such as Mocha, named for the port of Mocha in Yemen, or Java.

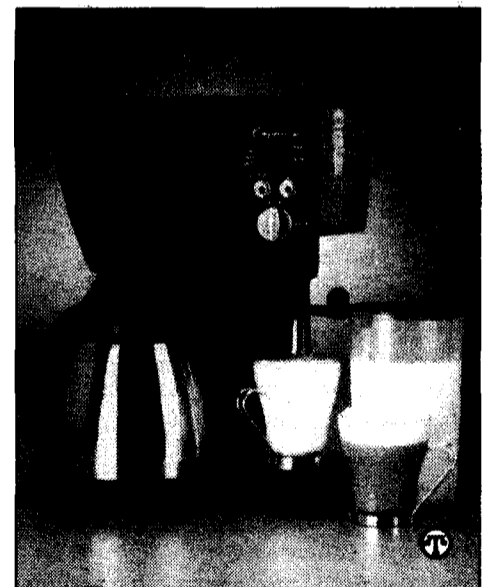
One of the tastiest ways to enjoy coffee is as cappuccino. This way of drinking coffee-with frothed milk-comes from Italy, and is increasingly popular in the United States.

The evolving tastes of the American coffee lover have also led to the development of new programmable coffee makers.

For example, Capresso's CoffeeTEC programmable coffee maker brews 10 cups of coffee into a stainless steel vacuum thermal carafe in less than ten minutes. Then, with a flick of a switch, it produces hot, frothed milk in seconds, automatically.

This coffeemaker combines an advanced programmable coffeemaker with a "pump auto cappuccino system" that delivers enough hot frothy milk for eight cappuccinos or lattes at a time.

It takes only 15 seconds to produce a 1/2 cup of hot frothy milk. For two hours



Cappuccino-coffee made with frothed milk-is increasingly popular and a new coffeemaker helps prepare it at home.

after brewing, the machine is on stand-by to froth milk by demand.

When not in use, the milk container can be stored in the refrigerator. Using chocolate milk, the device can produce eight ounces of hot chocolate with rich foam on the top in 30 seconds.

The machine also lets coffee lovers choose a special three to five cup setting to insure proper coffee temperature when brewing less than a full pot.

For added convenience it has a swing-out filter holder with removable GoldTone filter, drip stop and a 2-hour safety shut-off. The machine sells for around \$199.