

Franq Wyman Remembered

Lion's Den Staffer Dies of Apparent Heart Attack

By Cathie McCormick Musser
Capital Times Staff Writer

The Lion's Den staff crowded around the booth, taking turns remembering their favorite times with Franq on the day that would have been his four-year anniversary with Penn State Harrisburg.

Laughter, smiles, and glowing praise quickly replaced the occasional downward glance and watery eyes that betrayed the grief.

Franq's warmth has left a permanent mark on his coworkers. "He made this place," Sandy Lescisko said.

Franq Wyman, 50, a grill cook with PSH Housing and Food Services since 1996 died at his home early Wednesday, Jan. 18.

Wyman worked at his usual post at the Lion's Den grill until 8 p.m. on Jan. 17. When he failed to report for work Wednesday morning, JoAnn Coleman, PSH Manager of Housing and Food Services, became concerned.

After trying to reach Wyman by telephone, Coleman called the City of Harrisburg Police Department. The police reported finding Wyman dead of an apparent heart attack.

The news hit the PSH community hard. In his four years with PSH Housing and Food Services, Wyman endeared himself to faculty, staff, and students.

"Franq had a real presence here," Lion's Den staff member Doris Hoose said.

Greg Schiavoni, Assistant Manager of Housing and Food Services, remembered that Wyman, "liked people; he knew everybody by name."

As the news circulated through campus, the Lion's Den staff was inundated with messages of shock and sympathy.

"The Pizza Hut driver was crying on the phone," Schiavoni

Continued on Page 3



Photo courtesy of JoAnn Coleman

From left to right: Darlene Haylett, Anh Nguyen, Sandy Lescisko, Franq Wyman, and Doris Hoose. The photo was taken on Wyman's 50th birthday on Dec. 17, 1999.

Herbal Supplements: What You Don't Know Might Hurt You

By Paula Marinak
Capital Times Staff Writer

It's 4 a.m., and you've just emptied your third box of tissues. Your temples are throbbing, your throat is on fire, and every joint in your body aches.

You know you should visit your doctor, but a look at your latest bank statement causes you to rethink that idea.

Then you remember that your roommate has taken echinacea faithfully for the last year and hasn't had the slightest sniffle.

But think twice before popping a pill to cure what ails you. What you don't know might hurt you.

The American Botanical Council estimates that, last year alone, Americans spent almost \$5 billion on herbal remedies, and the trend shows no signs of abating.

The November 1999 issue of "Consumer Update," a newsletter published by the University of Missouri, revealed that herbal product usage has skyrocketed 400 percent over the last seven years.

Cash-strapped college students with active, stress-filled lives are expected to contribute to the herbal medicine boom.

Several factors help to explain the dramatic increase in the popularity of herbs. Colorado HealthNet, an Internet-based

organization that specializes in information about alternative medicines, cited one reason as "a sense of control, a mental comfort from taking action."

Other possibilities include a

Continued on Page 4

Hanes Named Provost and Dean for Capital College

By Matthew McKeown
Capital Times Editor

Dr. Madlyn L. Hanes was named provost and dean of the Capital College on Jan. 21 by Penn State's Board of Trustees.

Hanes, campus executive officer of Penn State Great Valley's School of Graduate Professional Studies and associate dean of the Graduate School, will assume the provost and dean position on July 1.

Hanes said she is looking forward to her new duties. "I am fortunate in that I'll be joining Capital College at an opportune time."

She said the entire university is initiating its strategic planning, setting goals for the next five years. Hanes said the strategic planning process will benefit both the Capital College's campuses.

Hanes said, "From this planning effort, we set goals that tap our strengths, aim high and challenge us in ways that will continue to earn the [Capital] College

the highest distinctions".

"I look forward to working with you, to learning more about the [Capital] College's past and present, and to participate in shaping its future," Hanes added.

Hanes is currently on leave from Penn State Great Valley. She is serving as senior advisor to the chancellor at the University of Georgia System.

As chief executive officer at Great Valley, Hanes was responsible for the overall administrative and academic strategic directions and operations of the campus.

She received the Administrative Excellence Award from Penn State in 1998 and the Visionary of the Year Award from the Great Valley Chamber of Commerce in 1999.

"Madlyn Hanes has demonstrated outstanding vision and

Continued on Page 3

Soup's On!



Photo by Nicole Burkholder

Dr. Janet Widoff of Student Affairs and Interim Provost and Dean Dr. John Leathers served soup last week to the evening students.