

## Leadership Workshop Emphasizes Team Building

By Ken Lopez  
Capital Times Staff Writer

Armed with a slew of creative ideas and open minds, more than two dozen students gathered together last Saturday in the CUB to learn more about leadership, life, and for some, like Arnel Capacio, a little bit about themselves.

To Capacio, a junior MIS major, the Student Leadership Workshop Conference provided an opportunity to help him improve his time management skills.

Capacio, who stays very busy through his involvement in academic and extra-curricular activities, said balancing his time becomes ever more difficult as the semester progresses.

"I try to plan a weekly outlook or schedule of activities and I do try hard to keep to it," Capacio, an MIS major, said. "The best thing that I took away from the workshop was improving my time management skills so I can plan things out better in the future."

The daylong workshop allows students to take part in interactive leadership training sessions, network with college faculty members from several departments, and especially, to enhance their current occupational and leadership skills.

The event, which includes a catered breakfast and lunch, is organized every year by a special four member Workshop Planning Committee comprised of two students and two faculty members.

This was the first year in which all of the speakers at the mini-sessions were either adjunct or tenured PSH faculty members, Janet Widoff, coordinator of Student Activities at the college, said.

Widoff said students made recommendations to faculty early this semester on how to improve future workshops through adding new programs, sessions, or activities to it.

The committee is supervised by the office of Student Activities, Widoff said.

Widoff said typically 35 to 50 students have attended the workshop since it began nearly 18 years ago when it was organized as a two day retreat for students. Then, students and faculty together traveled off-campus for a weekend together to various

recreational centers or parks within the region.

Widoff said more students lived on campus then and many of the students commuted from shorter distances.

But, in order to accommodate the demands of its busy student body, committee members decided last decade to make the workshop only a one day event.

At the workshop, students were allowed to participate in three mini-sessions, including one headed by faculty member Dr. Karen Brown about the importance of team building.

Another was led by Dr. Robert Scott, an assistant professor of Behavioral Science and Education, on time management.

The last mini-session was provided by MaryAnn Leidigh, a professor in the Behavioral Science Department who addressed the topic of intercultural communications.

Following a brief lunch break, students were moved to the CUB's main conference room to participate in a session called, "Conflict Resolutions and Facing Changes," which was orchestrated by Grace S. Byler, executive director of the Lancaster Mediation Center. The workshop was Byler's fourth trip to PSH.

"The one thing which separates this campus is that it has a great mix of students and different cultures," Byler, who has attended seminars and conferences at several colleges and universities across the state, said.

Byler, who primarily speaks to business and industry about achieving effective resolutions to interpersonal conflicts, said the skills students learn at the workshop will help them through life and achieve their career goals.

"Conflict is not good or bad. It's how you deal with it that will make all the difference later on. And, it's very gratifying to see college students learn to deal with it and approach conflict in a very positive way," Byler said.

After the workshop concluded around mid-afternoon, several students said the workshop was an insightful experience for them.

Said Capacio, "The things I learned today will make me more assertive and because of that it was a great experience.

## Who Are the People in Your Neighborhood?

By Barb Roy  
Capital Times Staff Writer

Let's see...

Core courses...check.

Required courses...check.

Un-required courses...check.

Now you can graduate, right?

If the answer is "yes," it is, in part, due to someone who's been looking out for you. Someone who knows your (academic) record.

"Students have no idea how much she does for them," says Cindy Leach of the Humanities Department.

"She is always on top of students audits, making sure their courses are up to date, and that they haven't missed anything. Then she'll let their departments know."

"We strive to have everyone leave the office as a happy customer but if we do encounter problems, our staff will try for a solution," says Lebo.

"This may mean a call to another department or even University Park, checking policies and rules or asking the student if we can research further and get back to them."

She has an assigned specialty, which she has mastered: "Mine is working with undergraduate graduation and assigning classroom space for all course offerings."

Lebo began her career at Penn State Harrisburg, then called the Capital Campus, working one and a half hours in Housing and Food Services, and then moving on to the night-shift grill in "Vendorville" which was the old Lion's Den.

In 1988, she took up a vacant position from someone's retirement in the Registrar's Office, which, in keeping with this place that dearly loves name changes, is now called Academic Records



Photo by Matthew McKeown

Gloria Lebo of Academic Records

of the Student Enrollment Services Office.

Lebo grew up in local Highspire, graduating from Bishop McDévit High School, and then moved to Middletown when she got married.

She has two sons, one lives in Philadelphia and one in Middletown. She says she is patiently waiting for grandkids. (Mail them this article with their birthday cards.)

When she is not working, she likes to relax by walking or reading novels, especially Danielle Steele.

She and her husband love to travel. Last October, they took a grand tour of the Midwest and were especially awed by the Rocky Mountains and Yellowstone National Park.

"It was so gorgeous, I couldn't believe it," she remembers. They just made it home, with the "snow coming in behind us as we left. We wouldn't have been able to see the parks when the snow hit."

## Faculty Senate Plans to Plan

Continued from Page 1

Humanities and Art, emphasized the need for better facilities in order to compete.

He urged the faculty present to think about the benefits of a Humanities Lab. While some discussed the possibility of such a facility in the future, others were more concerned about what happens after the plans are presented.

James Ziegenfuss, Coordinator of the Master of Health

Administration Program, believes that in order to set goals for the future, the results of the last strategic plan need to be evaluated to see what plans were actually implemented.

"Someone should be held accountable," agreed Robert Munzenrider, Associate Professor in the School of Public Affairs.

Anyone in the Capital College community is welcome to attend the Senate meetings and forums as an observer, and voice their

It is romantic to glamorize yesteryear, but if Lebo could live in any time period, it would still be the present, because she remembers time-intensive manual tasks of the past.

"When I first started to work here, I had to cross off each student's meal ticket by hand," she says. "The technology age amazes and mystifies me. I'm not up on a lot of it, but I appreciate the advances of this age versus the past."

About her job, Lebo says, "I get the most pleasure remembering a new student with their first registration in hand and what seems like no time, working with their records to make sure all requirements have been met for graduation."

Lebo says that "students are our customers and they come first."

Thanks, Gloria.

She has one last word: "Don't leave the Academic Records Office without a Dum-Dum lollipop."

opinions and concerns about the campus. The next forum will be held sometime in October, after the steering committees meet and develop ideas.

Be sure to read  
the next issue of  
The Capital Times,  
on newsstands  
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