

**From Gekas pg. 1**

that he gave to students during the turbulent times of the 1960s: "Too often, young people act without thinking; and just the same, older people think without acting." He said he hoped that together, the generations could make difference for the better.

In addition to the Congressman's speech, "Links

to the Future" also provided a panel discussion which included: Michelle Hart-Henry of Blue Cross; Col. E. Thomas Kuhn, commander of the 193rd S.O.W Pa. National Guard; and Commissioner Frank Di Francesco of Lower Swatara Township. They spoke on how service has helped develop their own leadership.

**From Library pg. 1**

best suit the needs of the students if it were used as a recreational area. Mary Elliott, an applied behavior psychology major, said, "the space should be used for a bigger recreational room to alleviate the pressure students are under." Samantha Crane, secondary education, agreed. "Use the space for something recreational. Play some jazz or alternative music, we need a place just to mellow out during a hard day."

Others, had food on their minds and thought the space should be used as an eating and gathering place. Anne Jarboe, communications, suggested, "A student lounge and coffee bar." Cindy

Shultz, applied psychology said, "A nice big cafeteria would be nice." Many agreed, such as Deb Bauer, psychology major who said, "The space downstairs is too small, I think the Lions Den could expand."

Other students were far more practical, like Brian Hare, communications, who suggested "a working TV or radio station" should be put in place of the library.

Aaron Deaton, communications, went out on a limb and suggested that "the funds that are being used to build a new library would better serve the student body if they were used instead to hire some more professors and offer a greater diversity of courses."



photo by Jeff Warren

The Honorable George Gekas was the luncheon speaker at Penn State Harrisburg's "Links to the Future" Leadership Workshop '97, held in the Gallery Lounge of the Olmsted Building on Feb. 1.

Gekas, in his eighth term in the United States House of Representatives, told the workshop's more than 70 participants that leadership means setting an example for others.

A law graduate of Dickinson College, Gekas, who said that service and leadership "are intertwined inextricably," is a member of the Harrisburg Historical Society, the Police Athletic League, the March of Dimes Campaign, and the Cancer Crusade, in addition to his duties of representing the 17th Congressional District of Pa. as a Republican.

The weekend workshop, which has been held on this campus for about 10 years, taught and informed students about community service, leadership skills, the use of technology for group initiatives and time and stress management.

## TARNHELM

PSH's Literary Magazine

**DEADLINE EXTENSION  
FROM FEB. 10 TO FEB. 24**

**If you are interested in joining the staff, or have questions about submissions, stop by the Humanities Suite in Room W-356**

**From Provost pg. 1**

ny and he has no control over their stock.

Other students waited patiently to ask Bruhn questions while listening to the jazz guitarist, Ken Gehret, who was entertaining throughout the evening.

Other students were in and out sampling the

assortment of food that was offered at the reception.

According to students attending the function, it was a positive move in the right direction and they would certainly attend another one like it in the future.

**CORRECTION**

The Jan. 23, 1997 issue of The Capital Times, "Student from Senegal experiences the differences between the myths and the realities of American culture," printed that Babacar M'Baye said that there was no racism in Africa. The sentence should have appeared as stating there is no racism in Senegal.

# The Capital Times

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The Capital Times is published by the students of Penn State Harrisburg. You may reach The Capital Times at Penn State Harrisburg, Olmsted Building, W-341, 777 W. Harrisburg Pike, Middletown, PA 17057 or by calling 948-6440, or by fax @ 948-6008, or via E-Mail captimes@psu.edu.

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**From SGA pg. 1**

gained permission to "can" at Hershey Bears hockey games.

"Canning" is simply the collection of funds by Penn State students in official "Thon cans."

The meeting concluded

ed with the screening of three of the five applicants for chief justice of the student court. The remaining applicants will be screened at a later date.

## Self defense classes offered at the CUB

Ann Mease  
Staff Reporter

The Capital Union Building (CUB) has several new activities scheduled for the spring semester.

Janelle Silvers, a English Education major is teaching classes on self defense, to give students a better understanding of what to expect in the event they are attacked by surprise.

Janelle said, "The techniques I am instructing the students in will give them a basic background to protect themselves from a perpetrator."

Silvers started her interest in Marshal Arts in High School and has heightened her skills for the past 6 years. She is a second degree Black Belt, Tae Kwon Do and has taught many people the art of self defense.

Some self defense techniques taught are, kicks and punches, escapes and falls, and pressure points to bring your attacker under control.

Holly Angelique, Behavioral Science instructor on campus is one of the students in the class.

Angelique said, "My daughter and I are both taking the class to improve our ability to ward off an attacker, if need be. This is a wonderful opportunity to learn self defense and the classes are free."

Campus police are encouraging every one to sign up for the classes, male and female.

Tony Kuklinski, campus police said, "In this day and age the average person must be prepared for a threat at any time. Self defense classes are a rational, practical means of self preservation in the 90's."

Self Defense classes are held every Tuesday from 6:00 to 7:00 starting January 21, and continuing through February 25.

The (CUB) has Intramural Programs planned for the entire semester incorporating recreation, athletics, and physical fitness into the scheduled activities.

Bud Smitely, Athletics Coordinator said, "We have on-going events through out the year to accommodate students, giving them an opportunity to participate in a sport of his or her interest."

According to Smitely Intramural Programs include basketball, racquetball, volleyball, and softball. These programs give students an opportunity to keep fit, both mentally and physically, using various techniques to build leadership, team play and sportsmanship skills.

Other activities are the 300/600 Mile Club, Aerobic Club, Fencing Club, Hockey Club and aerobic dance.

Students who wish to participate in any of the activities at the (CUB) can stop by Room 222 of the Capital Union Building or call 948-6266.

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