## Tarnhelm off to good start

Catherine Clements
Staff Writer
$\qquad$
At its first meeting, students interested in forming a new Tarnhelm staff reviewed whismission deadlines, heler, such maters estimates, and delegation of responsibilities.

Students of any majors may work on the staff or submit their work for consideration. While undergraduates usually staff the magazine, graduate students may also submit their work.

Students interested in working on the production and publication of the Penn State Harrisburg literary and arts magazine discussed with the adviser, Dr. Theodora Rapp Graham, about what it takes to produce the annual issue at the Sept. 28 meeting

Tarnhelm is published in late spring each year to promote creative activity of
students, staff and faculy members. Supported by a grant from SGA the magazine includes
poctry, fiction, photographs and oher art work such as graphics that can be printed in black in
white. white.
Prizes are awarded for best poetry. fiction and visual art. Money for the prizes has
come in past years from the Provost's Office, come in past years from the Provost's Office,
the Office of Student Affairs and the Humanities Division.

Tarnhelm is looking for students who are serious about artistic expression and about producing a magazine that represents the campus community.
hould tearens interested in joining the staff telephone nume their name, addresses and Humauities Division with Cindy Leach in the The next meeting in W-356.

The next meeting will be announced in "This Week." Tarnhelm's guidelines for submission will appear in the next mont
school and division offices on campus. Fer those not interested in submiting work but would like to help with layout, public relations or the business of printing. the Tarrihelm welcomes student assistance.


The annual Student Leadership Conference, sponsored annually by the Student Government Association, was held Oct. 1 in the Capital Union Building. The theme, "A Winning Path", was chosen for this year's conference. Seminars on conflict resolution, cross-cultural relations, and stress and time management were attended by approximately 50 students and staff members.

Health Services continued from page 1 common type of cancer affecting men in the United States and the third leading cause of cancer related fatalitie
When Prostate Cancer is established, before it spreads through the body to the lymph nodes, spreads through the body to the lymph nodes,
bones, lungs, and other areas, it can be surgibones, lungs, and other areas, it can be surgi-
cally removed from the prostate gland or trealed cally removed from the prostate gland or trealed
with radiation. If it is not discovered in the with radiauion. Ifever, it can cause complica-
early stages, however early stages, however, it
tions such as fatigue, bone pain, anemia, urinary obstruction, weight loss, and worse. So, for men over 40 with a family history of prostate cancer and all men over the age of 50 , annual screenings are recommended. Remember, all visits to the Health Services Office are by appointment only in order that urgent cases may be handled on the spot and the lobby will not become overcrowded. Look out for the CLEO (Colle Lire Enrichmen Ofices) display for information from the offices of Recreation/Athetics, Student Activi fices Health Services, and Residential Life.

For more information regarding Health Services facilities, contact Marylou Martz at the
Health Services Office at $948-6015$ or 948 6017.

Different flavors of Turkey
Lunch with an international flavor


Cathy Nolan \& Michael Reteneller
Staff Writers
October's "Lunch With An International Flavor", held in the Gallery Lounge, featured traditional dishes from Turkey. Seniz Dalgic, a native of Turkey, guided some 25 PSH faculty, students, and visitors through the education, history, sights pling included kadinbudu kofte, a spicy meatball, fried and covered in a sauce, with potatoes and rice; kisir, made of Bulpar wheat and spices; and skerpare, a Turkish cookie.

Dalgic presented a program on mod-
ern Turkish lifestyles. According to Dalgic.
education and fashion in Turkey along the education and fashion in Turkey along the
West Coast is very similar to the United States and Europe. The Eastem Coast, however, is a different story
scarves, "In Eastern Turkey, the people wear scathes, cover their heads, and most of the clothing is made of wool," Dalgic said.
He also said wool He also said wool garments are worn prome because the Turksh believe it will protect them from sunburn.

Another similarity between Turkey and the United States, according to Dalgic, is the high level of education in the middle and
western parts of the country, and the historical value of the entire society.

Turkey is a country full of history" Dalgic said. "It is the old buildings and the old culture that make Turkey truly unique."

## Meade Heights continued from page 1

dences before the semester began.
A lot of the time we offer alternate work to staff from food services, the dining hall, and maybe the Lions' Den," Coleman in and clean, usually college students from in and clean, usin or other colleges," Penn State Main or other colleges.

Even so, there have been complaints from students, complaints Coleman has heard many times. Some of the most common expressed are the condition of Meade Heights shrubs and poison ivy found growing rampantly all over campus.

According to Coleman, the Housing and Food Services manager 3 ycars before her had trimmed the shrubbery down to approximately a foot high, and she would like to correct the damage done, which is why she spring. By allowing them to grow freely the rest of the year, Coleman feels they will regrow to a natural height quicker. As for the poison growing on the lawns, and especially in the shrubs in Meade Heights, Coleman said,
"Poison (ivy) is only poison to people who have an allergy to it

One new aspect of resident life could be added next year, however. According to Coleman, University Park has cleared the way this year for students of opposite sexes to share
housing units. In the past, this situation was only permitted in the 40 designated 'family houses" in Meade Heights, and then only if a child was involved. Now, with the new policy, four students of opposite sex could share a Meade Heights domicile or, if a 'Yamily house" was available, a student could apply for a house for his/herself and a significant other.
"We've never had that situation (opposite sex housing on campus)," Coleman said 'That's something we are working on for
next year." ear."
"Maybe if we didn't have all them (family houses) filled, we would look at a situation like this, and have both sets of people
signing the lease. University lawyers are looking into some scenarios of that effect That is something we are contemplating."

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