



Photo by Jennifer Walker

# Kamikazes take the softball title

Hilary Zeiders  
Capital Times Staff

Penn State Harrisburg students are able to show their athletic abilities as they participate in the intramural program.

Headed by athletic director, Duane Crider and his assistant, Ron Davis, the 1992 intramural season began on Sept. 9, as students teamed up to play softball.

"Everything is going pretty well," Davis said. "The program is well structured, which allows for the maximum amount of student involvement and participation."

This year, four teams competed for the intramural softball championship title: Structurally Sound led by captain Joe Marichak; The Kamikazes headed by captain Dan McCarty; Eric Wissner captained Icecold; and The Bad News Bears were led by Matt Wilson.

The Kamikazes captured the softball championship on October 6.

The program was structured in a double round-robin form, requiring the teams to play against each other twice.

A minor difference found in PSH intramural softball was the "one pitch per batter" rule which helped with time constraints.

"This made it harder and added more pressure," commented Davis.

However, it did not discourage players. Davis felt that they were out to have a good time and be competitive.

"I had a good time," said John Ruscavage, a senior accounting major, who played for the Bears.

"I liked the excitement," said Kirk Smith, a senior accounting major, who played for Icecold.

Smith commented that organizing his time was the hardest part of participating in the intramural program.

"Managing my time was essential," he said. "I did my homework before and after the games."

Leading the tournament before the Oct. 5 championship game was Structurally Sound. Competing for the title was the Kamikazes.

According to Davis, the championship game was very intense with close scoring throughout the game.

The Kamikazes pulled ahead when McCarty hit a grand slam at the top of the sixth inning. This homer led the team to their 14-12 win.

Currently, organization is under way for intramural flag football which begins on Oct. 13.

Entry deadline is Thursday, Oct. 8, and there is a \$1 entry fee per person.

There is a mandatory captains meeting on Monday, Oct. 12, at 8:30 p.m. in CUB, room 125. The captain or team representative must be present.

"During this meeting we will be covering the rules and guidelines of what is to be expected during the season," Davis said.

## PSH soccer suffers a tight loss

Goldey Beacon College soccer team sneaks a 3-2 win over Penn State Harrisburg during a home game played Tues., Sept. 29.



Photo by Jennifer Walker

# PSH knocks breath out of competition

Tim Brown  
Capital Times Staff

For the second year in a row Penn State Harrisburg has won the college championship in the Breath of Nature Karate Tournament.

It was the third year PSH played host to the tournament, which was sponsored by the Personal Defense Club in cooperation with The PSH Athletic Association.

The tournament, which was open to high school, karate school and college teams, drew around 150 competitors.

This is the only outdoor tournament in

this geographic region, according to Duane Crider, director of PSH recreation and athletics.

The three areas of competition were: KATA, dealing with forms; WEAPONS KATA, a simulation of attack forms; and SPARRING.

John Younger, a PSH student and assistant instructor of the club, took third place in the black-belt KATA competition.

Those interested in personal defense can attend free lessons every Monday and Wednesday night 9:30-10:30 at the Capital Union Building.



## Susquehanna Institute

Comprehensive Counseling, Psychological and Educational Services

Dr. Edward S. Beck, Director  
Dr. Ronald L. Bonner, Psychologist  
Dr. Diane Michalk Bonner, Psychologist  
Rosemarie Chernesky Holland, Counselor  
Patricia Rothermel, Marriage & Family Therapist  
Joseph R. Manduchi, Psychologist  
Dr. James K. Walters, Psychologist  
Michael Faulkner, Certified Massage Therapist

(717)545-5500

24 hours - 7 days

East Shore Medical Center  
2405 Linglestown Road  
Harrisburg, PA 17110

Massage  
Special  
\$5.00 off  
with this  
ad

Serving Penn State Harrisburg Students,  
Staff and Faculty Since 1972

Day, Evening & Weekend Appointments Available - Affordable Special Student Rates  
Most Insurance Plans Accepted - Nearly 50 Practice Specialties (for a free brochure, call or write)

Mazis, from page 9

Kentucky University just to find such a program.

His interests are as diverse as his professional accomplishments. He runs marathons, plays tennis, enjoys art and appreciates the view of Marietta he gets from the steeple of the 19th century Lutheran church he lives in. His personal life and professional life are one in the same.

The ring on his right hand sums up his life well. It says, in Sanskrit, "for the peace of the world." Mazis is dedicated to experiencing life, sharing what he learns and helping others on their journey through life. Whether it is through teaching, counseling or writing, his intention is to care.