

# PSH NEWS

## Successful dress made easy

*Karen M. Putt  
Capital Times Staff*

A seminar on how to "Dress for Success" was held February 1st by the Student Assistance Center. Lead by Janet Widoff, the program featured speakers Sandra McMinnis, a Business Administration instructor and Tina Robenolt, a professional image consultant.

According to Widoff, the workshop's goals were: "to give students information about what image they would like to present, to give new image goals to people already in the work force, and to teach students how to dress for success with limited resources."

The program began with McMinnis introducing four student models; Charles Wall, Christine Simmons, Carol Richter and Heath Flige, who were assisted by student Tim Sustak. Each student modeled clothes from their own wardrobe while holding up other items to create different outfits.

According to McMinnis, if you have the basics; a favorite suit or pair of pants and a blazer, you can interchange pieces and add accessories to create different looks from the same basic pieces.

"You don't need an extensive

wardrobe to create a number of looks," McMinnis said.

Robenolt, an image consultant from Harrisburg, worked with students on finding their best colors. According to Robenolt there are warm and cool colors. A warm color being any color with a yellow undertone," and cool colors being "any color with a blue undertone."

"People need to recognize their natural coloring. Colors that help bring out your natural coloring will project your best image," Robenolt said.

Robenolt also gave students tips for picking eye glass frames. Robenolt suggested taking someone along when picking frames to "get an honest second opinion."

"When picking frames it's important that you don't pick frames that make you look like you have a second set of eyebrows. Be aware of your face shape, you don't want frames that repeat the shape of your face."

Robenolt also said "it's very important to pick the right accessories. Picking the right shoes, belt, briefcase, overcoat and even makeup, can determine whether an image looks controlled and finished or not."

Nearly 30 students attended the hour long session in the Gallery Lounge.



In recognition of black history month, a panel discussion on the immigration of blacks to the United States will be in the BCAC Lounge on Mon. Feb. 18 from noon to 1 p.m.

The following Student Government Association positions are available. Applications are available in Room 212.

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