

Getting Started in Heavy Metal

C.W. Heiser

So, you want to be a Heavy Metal Rock Star, is that right, Bunky? But you always thought it took a special breed of man to get up on stage and prance around in ripped tights and moussed hair. Thomas Edison said that success is two percent inspiration and 98 percent perspiration. Forget that. If you want to make it in Heavy Metal, it's 100 percent sweaty underarms. That's right, if you're a David Lee Roth wannabee just follow these easy instructions and Rock and Roll success will be yours.

The Band: The name of the band sets the tone for the presentation which follows. A good band name is like a fine wine--light and airy, and yet full-bodied. A good name would be like one of the following: Bad Gas, Painful Violent Death, or Steel Bitch.

(These names are available for use. All I ask in the way of remuneration is to get invited to the bitchin' backstage parties when the band is in town.)

Appearance: Appearance is very important; style is the name of the game. Try denim. Try leather. Try mixing denim and leather together. Try skintight denim and leather with lots of skin showing. And don't forget the tattoos. A matching set of 'toos is an excellent fashion statement. Remember, the more you look like a carnie ferris wheel operator, the better.

The Show: It is imperative that you have your act together. From the moment you step on stage with your axe, you want to own that stage. One way to do this would be with smoke and lights. Picture it: a smoky stage. From the swirling smog, blue lights appear, changing to yellow. Or get creative--have yellow lights first, changing to blue, or even RED. The possibilities are endless. And dress up the stage. A nice touch would be to tie scarves on the mike stand--that way when your lead vocalist covers his weak singing by whirling the pole the audience will be mesmerized by the pieces of brightly colored material.

Your First Song: The first single you release should address issues of social and spiritual importance. You should be out to change the world. Use the following suggested subjects as guidelines: Crotchless panties as a metaphor for love, the New York sewage system as a metaphor for love, or you might do a song considering women as malign, destructive beings, possessed by Satan.

The Video: The video is what sells the band. The following is a rough sketch of a shooting plot which you may adapt to your own purposes:

OPENING: MEDIUM CLOSE SHOT.

(With feeling, begin song, "You stole my love, you stupid slut.")

A roadie wearing a tee-shirt which reads, "Steel Bitch: The Burn in Hell Tour." (Fade to . . .)

LONG OPEN SHOT

The arena. A sea of arms waving to the music; beyond, the smoky stage. From the swirling smog, blue lights appear, changing to yellow. (Cut to . . .)

MEDIUM FOLLOWING SHOT.

Lead singer in denim and leather, whirling scarf-dressed mike stand, prancing across stage. (Cut to . . .)

MEDIUM SHOT.

A pretty young woman standing pensively by a hot new car. (This is where Heavy Metal stardom pays off. The young woman could be someone you picked up back stage. Or, if things are rough at home, use your regular girlfriend; she'll think it means you love her. You might be able to get 'em to give you the car, too.) (Cut to . . .)

LONG SHOT.

A horizon of buildings burning for no explicable reason. (Cut to . . .)

MEDIUM SHOT.

The guitarists in a tight line, kicking out to the music together.

REPEAT SEQUENCE UNTIL SONG ENDS

That's it. That's all you have to do to be a Heavy Metal Mega-Star.

Oh, and one more thing: Save me a babe, Dude.

Freshmen affected by high stress

from National On-Campus Report

An increase in smoking and a rise in feelings of depression may signal growing stress among freshmen, states the latest annual survey by the American Council on Education and UCLA's Higher Education Research Institute. *The American Freshman: National Norms for Fall 1988* says more than 10% of the respondents reported smoking frequently--up from 8.9% in 1987; and more than 10% said they were frequently depressed during the past year--up from 8.3% a year earlier. More freshmen also feel "overwhelmed by all I have to do."

Alexander Astin, professor at UCLA's Graduate School of Education and director of the survey, blames the increased stress on several factors, including expanded competition for admission into selective schools, and a rising interest in pursuing advanced

degrees. Degree aspirations have especially risen among women. Since 1970, the percentage of women planning to earn a doctorate increased from 6.5% to 11.4%.

There's another stress factor, too: student concern about paying for college. Only 15.6% of those surveyed received Pell Grants, down from 31.5% in 1980. Participation in other federal aid programs has also declined.

Freshmen are relying more on college grants and scholarships, and especially, family support. Of course, the growing number depending on family support (78.2%) may also reflect an increased number of non-traditional students, who often work. In fact, more than 70% of adult students work full time (see *How Americans in Transition Study for College Credit*, College Board, 1988).

Scholarship Available for Information Systems Majors

By Joe Kupec

The Central Pennsylvania Chapter of the Association for Systems Management has established a scholarship program at Penn State Harrisburg.

Intended for Information Systems Majors, the scholarship was created because this campus is the only one in the Penn State System with a student chapter of the Information Resources Management Association.

According to Dr. Medhi Khosrowpour, Chairman of the Information Systems program at Penn State Harrisburg, the central Pennsylvania chapter of the ASM approved the scholarship two weeks ago.

Applications for the \$200 dollar

scholarship are available now at room E-355.

Selection for the award is based on a nomination by the Information Systems Department Chairman and one faculty member.

Mark Andersen, President of the Central Pennsylvania ASM, said that the scholarship is one way that the professional organization can support students.

He hopes that it will also encourage student participation in professional organizations like the ASM and its student chapter IRMA.

"This represents about 10 percent of the Central Pennsylvania ASM Chapters budget," Kosrowpour said. "and it's a plus for our program."

Capital Times staff will be meeting on Monday,

March 13 at 2:00 p.m. in W-337.

Bring your story ideas!

FACULTY-STUDENTS-STAFF

Come Worship With Us On Campus
During This Lenten Season



Joint Lenten Service of the Word
on Wednesday and
Good Friday, 12:00 Noon.
BCAC Lounge.
Roman Catholic Mass every
Sunday, 7:00 p.m.
in the Dining Hall.

Sponsored by Middletown Interfaith
Council, LCM, CCM.

Services Led By-
Father Robert Panza, Roman Catholic Chaplain
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