

PSH contributes 132 pints to blood bank

By Michelle Sutton

Penn State Harrisburg contributed 132 pints of blood to the Central Pennsylvania Blood Bank Oct. 31.

Thirty potential donors, denied because of medical reasons, and seven faculty members, who donated, were not included in the 132-count total.

Each fall semester, York, Allentown, and Harrisburg campuses, compete in the annual Blood Feud.

The competition is not exactly based on total number of pints received, but on the percentage between number of full-time students divided by the number of accepted pints donated.

York campus came in first with a total of 96 pints received, Penn State Harrisburg came in second with 132, and Allentown campus took third with 41 pints.

University Park, which is not in direct competition, only received 101 pints. This is an unofficial tally according to one UP nurse.

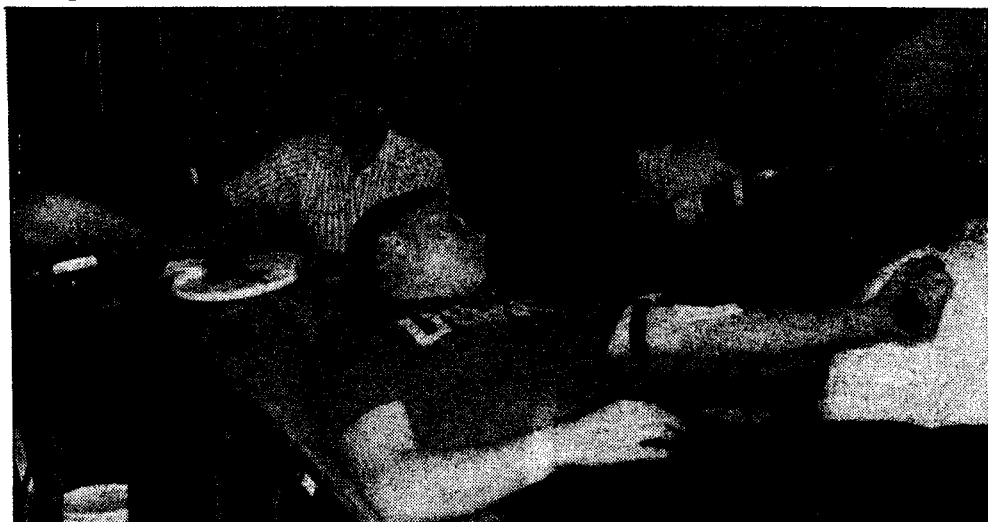
Joseph Kupec, XGI blood drive

chairperson, said the goal for the blood drive this year is to explain the benefits of donating blood. "If any student, faculty, or staff member of Penn State Harrisburg needs blood, he should contact either someone in the Student Activities office or in the XGI fraternity and tell them who needs the blood and what hospital they are located in."

Last year two Penn State Harrisburg students needed blood and this year, an XGI social member, requested to withdraw from the PSH account.

Kupec added that even "needle-fear" people donated. By giving blood you insure that your immediate family is covered if they ever need blood. "God forbid you need it, but it's there."

In addition to the food, soda, and cake offered after donation, the XGIs gave prizes to donors. The prizes, which were donated by local merchants, included a \$15 gift certificate from the Hair Salon, a case of motor oil, a \$25 Jamesway gift certificate, a \$5 gift certificate from Giant Food Store, and 10 personal pan pizzas from the local Pizza Hut.



Ouch!

Photo by Joe Kupec

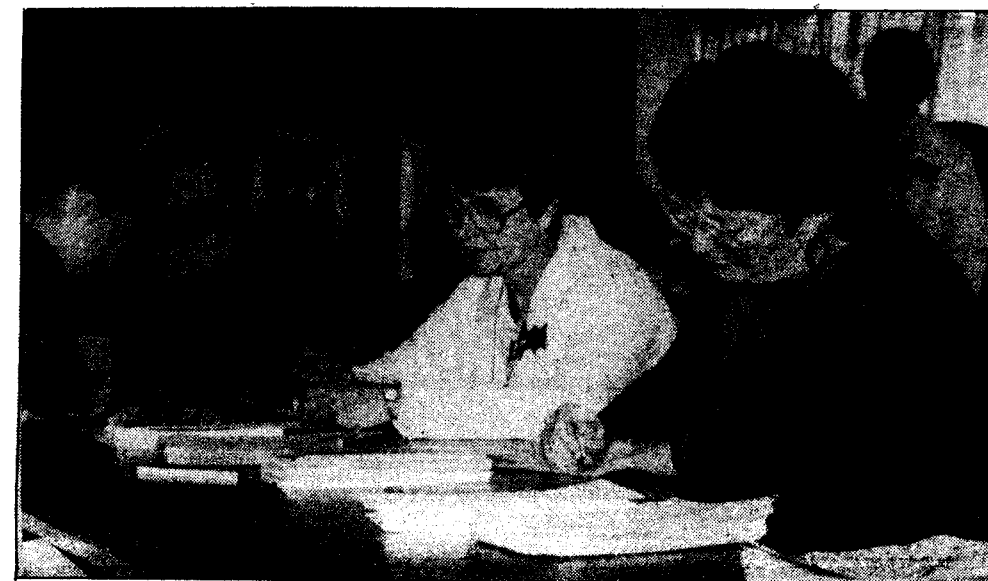


Photo by Joe Kupec

Dr. Ruth Leventhal, provost and dean, joins other brave souls to donate blood.

SAC announces semester's remaining seminars

By Levette Parish

"New Directions" is the theme of this semester's seminars sponsored by the Student Assistance Center.

According to Linda Meashey, academic assistance counselor of the center, "the programs are fun along with learning new things."

The programs were designed to help the student cope with normal problems involving students, such as, test anxiety, stress, and other factors that can affect a student's work abilities, she said.

Most of the topics that are covered during these sessions are "chosen by students."

If there is an interest in a topic and

many people inquire about the same topic, the Student Assistance Center staff will try to conduct a seminar that will answer questions and give insight concerning the topic, said Meashey.

The Student Assistance Center is located in W-117 of the Olmsted Building if there are any questions or concerns.

The staff in the Student Assistance Center is not only there to conduct seminars, but also to help students with graduate school preparation or just to listen when a student needs someone to talk to.

There are four counselors on board at all times to listen and give insight on problems and concerns.

Final Exam Schedule

TIME	DEC 12 MONDAY	DEC 13 TUESDAY	DEC 14 WEDNESDAY	DEC 15 THURSDAY	DEC 16 FRIDAY	DEC 17 SATURDAY
8:00am-10:30am	2	3	11	common/ conflict	1	common/ conflict
11:00am- 1:30pm	common/ conflict	14	5	6	13	common/ conflict
2:00pm- 4:30pm	12	7	8	4	10/15	
5:00pm- 7:30pm	16,17 MW 16A,17A M	16,17 TTH 16A,17A T	16A,17A W	16A,17A TH	9	
8:00pm-10:30pm	20,21 MW 18A,19A M	18,19 TTH 18A,19A T	18,19 MW 18A,19A W	20,21 TTH 18A,19A TH		

SCHEDULE OF PERIODS

MW (Day)		TTH (Day)		MW/TTH (Evening)		Saturday Only	
Per	Time	Per	Time	Per	Time	Per	Time
1	8:00 - 8:50am	11	8:00 - 9:15am	16	6:00 - 7:15pm	22	9:00 - 11:30am
2	9:00 - 9:50am	12	9:30 - 10:45am	16A	6:00 - 8:30pm	23	11:00 - 1:30pm
3	10:00 - 10:50am	13	11:00 - 12:15pm	17	6:30 - 7:45pm	24	12:00 - 2:30pm
4	11:00 - 11:50am	Break	12:15 - 2:00pm	17A	6:30 - 9:00pm		
5	12:00 - 12:50pm	14	2:00 - 3:15pm	18A	7:00 - 9:30pm		
6	1:00 - 1:50pm	15	3:30 - 4:45pm	18	7:25 - 8:40pm		
7	2:00 - 2:50pm			19A	7:30 - 10:00pm		
8	3:00 - 3:50pm			19	7:55 - 9:10pm		
9	4:00 - 4:50pm			20	8:05 - 9:20pm		
10	5:00 - 5:50pm			21	8:45 - 10:00pm		

Common Exams and Conflict Exams may be scheduled on Saturday, December 17, 1988.

Conflict Examinations occur when (a) two or more final examinations are scheduled at the same time, or (b) three or more examinations are scheduled on the same day. Students having Conflict Examinations must file a Conflict Examination Request Form in the Registrar's Office by Monday November 29, 1988.

Final examinations fulfill two important academic objectives: student integration of instructional material and end-of-semester evaluation of student achievement. However, valid means other than the final examination also accomplish these objectives (e.g., term paper, final project report, take-home examination, etc.). Course instructors determine which of these methods is most appropriate.

In addition, course instructors are expected to:

1. Offer a full schedule of instruction.
2. Schedule no examinations during the last week of classes. (Quizzes and narrowly limited tests may be given.)
3. Schedule final examinations during the established final examination period.
4. When a final examination is not required, require the submission of an alternative means no earlier than the first day of the final examination period.

Final exams must be taken as scheduled except for conflict situations.

All exceptions to the final examination schedule must be approved by the Registrar.

Fresh Start
Want to quit smoking?

Free Workshop

conducted by
American Cancer Society

Nov. 21, 22, 28, 30

3:30 to 4:30 p.m. in W-112 Olmsted

Sign up in room W-102 or call 948-6015

Facilitator: Dr. Sam Monosmith

Sponsored by Health Services

The next meeting of the Capital Times staff will be held Friday, Nov. 18 at 2 p.m. in W-337 Olmsted. Please try to attend. Articles will be assigned for the final issue.