

High Quality Sports Program Offered

By Mike Camilli

If a list was made of schools with outstanding sports programs, it would include names like the University of Michigan, Nebraska, Oklahoma, Boston College, and, of course, Penn State. The Penn State that is included on this list, however, is the University Park Campus - the main Penn State. Not many people would put our campus on that list. But, Penn State-Harrisburg has a very high quality sports program for a college of its size.

There are opportunities here for athletes of every caliber. For the

serious athlete, the Capital College has seven intercollegiate teams, and for those who are just out to have a good time, there is a wide variety of intramural sports and general recreational activities.

As far as intercollegiate teams are concerned, Penn State at Harrisburg has teams in men's baseball, basketball, bowling, soccer, and tennis. There are women's teams in softball and volleyball. The teams at this campus usually fair well against other area teams. The baseball team, for example was fourth in its district last year and was in third the year before that. And,

the tennis team hasn't lost a district game in the last three years. They also were recently champions of the Keystone Athletic Conference, and they competed in the NAIA national championship.

For those people who enjoy sports at a lower level, Capitol Campus offers about 20 intramural sports programs every year. This gives everyone the opportunity to compete in a team sport. Intramural sports that are going on at this time include walley-ball (volley ball played in a racquet-ball court) and softball.

There are also many other

athletic events organized by the university. Examples include upcoming table tennis and racketball tournaments and a jog-walk-a-thon. And, there are many facilities available for general use. On campus, there are five tennis courts, three basketball courts, a baseball field, and two softball fields. In the Capital Union Building (CUB), there are four racketball courts, a basketball court with six baskets, and a weight training center. There are also showers and lockers available. For more information about any of these teams or programs stop by the Capitol Union Building

Greetings

By Thalia Cook

Happy health greetings from the Health Service of Penn State at Harrisburg. They are sent to you from Mrs. Kresge, R.N., the nurse on duty Monday through Friday 8 a.m. - 5 p.m. Sunny LaVelle, R.N. also sends her regards. She is on duty Sunday through Thursday 4:30 p.m. - 10 p.m.

If you have heard rumors about students being charged for medication, no need for alarm. As everywhere, the health service budget is tight and they have to charge students a minimal rate. They are only charging what the medication costs the university. An example is Benadryl, which on the average costs \$5.25 for 24 tablets, will only cost students \$0.25 for a strip of ten tablets. There are a few medications that have no charge. One of these is aspirin.

Remember the doctor has clinic hours only on Tuesday. This is FREE.

Day and evening C.P.R. classes will be offered beginning in October. There are changes in the C.P.R. procedure. Come see what they are.

Mrs. Kresge is hoping you feel free to stop in for a visit.

Keep watching for information on the Health Fair coming soon.

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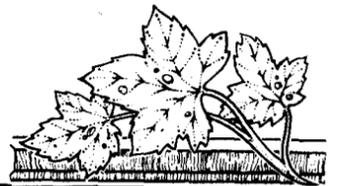
The Tremble Of An Iced Illusion

An extended hand retracted;
Saved from ever knowing
The tremble of an iced illusion,
The tears, the fear that comes
from showing.

A mystery reflected, trapped,
and, In my mind, falsely secure.
Hallucinations of Spring dance-
Innocent of their power to lure.

From my heart a reaching hand
Coiled around a Grecian urn:
In hopes to feel the seasons change-
To touch, and let the passions burn.

Julie Larson



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option, the criminal justice option in the Public Policy division also continually outdrew the other emphases. This, coupled with a survey of the criminal justice community revealed a distinct demand for a baccalaureate degree program, according to Ramirez, coordinator of the program. Ramirez said the focus will be on "preparing the student with marketable skills to enter one of three basic areas in criminal justice." These areas are law enforcement, corrections, and court related jobs.