

Cross country wins first meet

By Joe Michalsky

Capitol's cross country runners began their season with a victory Saturday in competition against Philadelphia Bible and Spring Garden.

After winning the Keystone Athletic Conference two years in a row, cross country coach Bud Smitley is optimistic about winning districts this year.

"I think this will be our best year," he said.

Starting its third season, the 1984 cross country team will face a "much more difficult schedule," according to Smitley.

This year's team includes eight seniors: team captain Joel Hager, Alan Newhart, Dan Miller, Brian Bachman, Greg Nissley, Rob Legath, Rich Bergins, John Kerecz and three juniors: Bob Jurinko, Joe Sleton and Mike Henry.

"We have a solid core of runners," said Smitley. "We have four guys -- Miller,

Hager, Bachman and Newhart -- competing for number one."

The scoring in cross country is different from most other sports. The first five members of each team count for scoring purposes with the next two displacing the other team. For example, suppose one team has seven runners crossing the finish line first. They have earned 15 points (1²3⁴5) with runners 6 and 7 displacing the opposition. The other team finishes 8, 9, 10, 11 and 12 for a total of 50 points. With the lowest score winning, a 15-50 score is a shutout.

Capitol's 15 - 45 victory over Philadelphia Bible Saturday came after five seniors crossed the finish line

first. Senior Alan Newhart finished first in the race, with Brian Bachman, Dan Miller, Greg Nissley and Rich Bergins finishing second through fifth, respectively.

Having sent out 65 - 75 invitations, Smitley hopes at least 20 will show up for the first junior college meet. Community campuses in the area have been invited to run the five-mile course here at Capitol on November 3 with about 100 runners expected to attend, according to Smitley.

The cross country team, along with all teams here at Capitol, is a member of the National Association of Intercollegiate Athletics and runs in district 19.

JVC has video competition

JVC corporation has opened its annual video competition to college students studying media and journalism. Tuition scholarships will be awarded to winners. Programs must be submitted by November 30. Additional information is available by calling (212) 244-5225.



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