

## Black belt wins medal

By Angelo Vecchio

A Capitol Campus student, who is also an instructor here, recently won a gold medal while competing in an international martial arts competition.

Daniel Krehling, a Business student, teaches a course in the martial arts every Tuesday and Thursday, from 9:00 to 11:00 p.m. in the Multi-Purpose Building gymnasium. The course is available to everyone, and it's free of charge.

Krehling, who holds a ninth-degree black belt in kung fu, competed recently in the Olympium, a huge stadium near Toronto, where the annual International Friendship Cup was held this year.

The competition attracted over 22,000 participants from 68 countries, but the 32-year-old Krehling was one of only six Americans who competed. Krehling, won the gold medal in the weapons portion of the event held on March 17.

"It was the largest competition I've ever seen. In spite of the vast number of individuals involved, it was organized extremely well," he

said. "As for my own performance, I was quite surprised. In fact, I may have even outperformed myself."

Krehling's "surprising" performance enabled him to walk off with the gold.

Krehling began studying the martial arts when he was just seven years old.

"I was small for my age. I took martial arts lessons for self-defense, and it also gave me a sense of discipline," he said. "I've been in this for 25 years and I can honestly say I've never stopped learning."

Krehling feels that the class he teaches here at Capitol could be a benefit to anyone who attends.

"Just come in on any given week and you could start right in with the group. Our lessons are set up to accommodate anybody--with or without experience," said Krehling. "It's great exercise, and could be very useful. We'd love to have a large class to work with," he added.

Krehling said he is not yet sure if classes will be offered during the summer but he will definitely have his classes operating for the fall.

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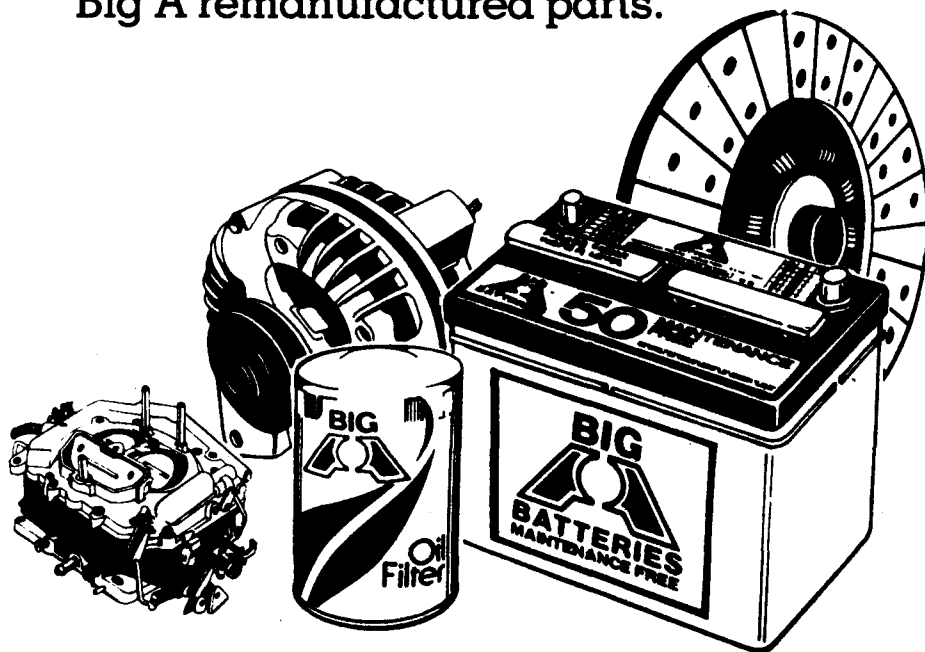
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