

Runners bring campus first championsh



Photo by Bud Smitley

By Robert Rejmaniak

For the first time in Capitol Campus history there is a first-place trophy in the Multi-Purpose Building's showcase thanks to the Cross-Country team.

"The team members have worked hard. They won because they wanted it," says Coach Bud Smitley. "There were no loafers on the team this year."

One other reason that could have attributed to the championship victory is Smitley's unique way of coaching. He runs a strict practice, but doesn't expect too much. "Our practices started at 3 p.m. and most of the time we were done by 4:30 p.m.," Smitley said. "We didn't run too long, but when we ran, we ran hard."

"I realize this is a tough campus academically," Smitley said. "The idea was not to turn the guys off to running by hav-

ing long, exhausting practices."

Perhaps both hard work and good coaching were responsible for the team's success, or maybe it was just a love for running. Either way, the Capitol Campus Cross-Country runners are champions in the truest sense of the word.

Team members included: Al Feiertag, Dave McNamara, Al Newhart, Kris Rubino, Greg Sloditskie, Jerry Trently, and Dave Wicks.



Capitol coach Bud Smitley acc... College's team. Alvernia hosted (championship meet on October 3

PENN STATE/CAPITOL CAMPUS RECREATION/ATHLETICS INTRAMURAL FLAG FOOTBALL STANDINGS

	WIN	LOSS	POINTS FOR	POINTS AGAINST	POINTS
November 2, 1982					
1. NO NAMES	6	0	14	12	
2. B-T-I EXPRESS	5	0	151	28	10
3. WEEKENDERS	5	1	139	54	10
4. WHITE DOGS	4	1	77	31	8
5. ZOO	4	2	74	16	8
6. GLOW WORMS	2	6	44	174	4
7. B-A-M's	1	4	30	85	2
8. MEAN MACHINE	2	5	53	100	2
9. S-T-I-M-F	0	5	6	52	0
10. BLASTERS	0	9	8	78	0

Intramural Schedule

Monday-November 8:

5:00 PM B-H-M's vs Mean Machine
6:30 PM B-T-I Express vs No Names
8:00 PM White Dogs vs Weekenders

Tuesday-November 9:

5:00 PM B-A-M's vs Weekenders
6:30 PM The Zoo vs S-T-I-M-F
8:00 PM White Dogs vs B-T-I Express

Wednesday-November 10:

5:15 PM B-A-M's vs White Dogs
6:30 PM Mean Machine vs S-T-I-M-F
8:00 PM The Zoo vs No Names

Alumni

By Marcia Rogers

You can't teach old dogs new tricks, but they won't roll over and play dead either.

The old dogs are the Alumni basketball team. They come back each year to teach the young pups what basketball is all about. The Annual Alumni Varsity grudge match will be held November 13.

"It's really a good natured game," says Jack Wilson. "It makes the friendly rivalry between past and present teams fun."

Wilson is one of the Alumni superstars returning this year.