



Capitolizing on Sports

Sports Scoop

An Inside Look

By Kevin Spiegel

Another year is about to unfold as Penn State's Capitol Campus enters another exciting year in sports. As this fall term begins, students and faculty will be on hand to witness some of Capitol's best athletes, both male and female.

During the fall term, soccer, bowling, cross country and basketball are the Big Four at Capitol.

For Penn State Bowling, it was a 9-9 record last year in the Eastern Pennsylvania-Maryland Intercollegiate Bowling Conference (EPM-IBC). Head Coach Betty Evans heads a team of guys that sport a very tough team. Last year's winner in Capitol's conference was none other than University Park who went on to place in the top 10 in the country. Last year's bowling team was composed of all guys, but if there is enough interest for girls, a team will be made up for them. Penn State Capitol bowls their home matches at the ABC East Lanes in Harrisburg.

Soccer was a popular sport at Capitol last year, although their record was 0-9-1. This year's team has only to go upward. Coach Rick Booser heads a strong team that is *welcoming girls if they wish to participate.*

Perhaps the most popular sport on campus last year was Capitol

Basketball. Coming off an 8-22 record last year, Coach Dan Phillips lost a lot of talent due to graduation but his returnees have talent that will be needed in their upcoming season. Hopeful players that will be returning are Jim Flatley, Greg Gaudi, Ed McDonald, John Portz, Sal Sebastani and Mike Smith. Athletic Director, Bud Smitley, informs me that incoming juniors such as Scott Smith, Pete Buis, Mark Kramer, Charles Stokes, Dale Titus and Tony Haller have all shown interest in basketball. So with new recruits such as those incoming juniors, Penn State Capitol should field another fine team.

This year for Cross Country runners is a special one. Coach Smitley is hoping to field some runners for a team. Both men and women are urged to join. The special event for cross-country runners is happening on Saturday, September 26 at 10:00 a.m. It's the Pepsi Challenge 10,000 meter (6.21 miles) run. The run is being sponsored by the Capitol baseball team and WSFM radio. The race will be run at The Capitol Campus. The male winner and the female winner will be sent to New York to compete in the National Pepsi Challenge race on October 3. A free t-shirt will be given out to all

competitors. A \$4.00 entry fee is needed, along with an official entry form. You may pick up your official entry form at the Multi-Purpose Building from Bud Smitley. Trophies will be awarded to the top male and female in the following categories: men/women 19 and under; men/women 20-29; men/women 30-39; men/women 40-49, and men/women 50 and up.

The local Pepsi Cola bottler is going to be on hand to pass out free refreshments to the racers. Students and faculty are needed to help the racers out. People to man the water stations, give out split times, keep times at the finish line and course marshalls are needed by Chairman, Bud Smitley.

Past winners of the Pepsi Challenge Road Race have been Craig Virgin and Bill Rogers. If students and/or faculty need more information on the race, they can contact Bud Smitley at 948-6266. So why not run around on Saturday morning instead of sleeping late. You might even enjoy yourself.

Also in Capitol sports is the intramural activities. Flag Football and Bowling are for the students and/or faculty. In Flag Football last year, it was the KamiKazes. The first football meeting is September 28 in the gym at 3:00 p.m.

Bowling was a popular intramural sport and sign up sheets can be picked up in the gym from Ruth Arehart.

For you fellow students who feel that they are overweight, maybe it's aerobic dancing you need. Classes are forming now. Contact Ruth in the gym.

In conjunction with Harrisburg Area Community College (HACC), Capitol Campus is once again able to do some indoor swimming at HACC. The student *must* bring their Penn State I.D. to be able to swim. The hours for your swimming pleasure are Mondays 12-4 p.m. and 6-9 p.m.; Tuesdays 2-4 p.m. and 6-9 p.m.; Wednesdays 12-4 p.m. and 6-9 p.m.; Thursdays 2-4 p.m.; Fridays 12-4 p.m. and 6-9 p.m.; Saturdays 2-5 p.m. and Sundays 12-4 p.m.

I hope you will attend some sporting events and show your support. Be Penn State proud!

Sports Trivia

Name the Relief Pitcher who made the most appearances in one season in the National League AND American League?

Answers:
Mike Marshall — Minnesota and Los Angeles!

Recreation/Athletics

BASKETBALL SCHEDULE (Men)

Mon	Nov. 16	7:30 pm	AT Alvernia College, Reading, PA
Weds.	Nov. 18	7:30 pm	AT College Misericordia, Dallas, PA
Sat.	Nov. 21	8:00 pm	AT CAPITOL (Lebanon Valley College)
Mon.	Nov. 23	8:00 pm	AT Phila. College of Pharmacy & Science, Philadelphia, PA
Tues.	Nov. 24	7:30 pm	AT CAPITOL (Lancaster Bible College)
Tues.	Dec. 1	8:00 pm	AT Lock Haven State College, Lock Haven, PA
Fri.	Dec. 4	8:00 pm	AT CAPITOL (Gallaudet College)
Sat.	Dec. 5	1:00 pm	AT Beaver College, Glenside, PA
Sat.	Dec. 12	8:00 pm	AT St. Mary's College, St. Mary's City, Maryland
Weds.	Jan. 6	7:30 pm	AT Messiah College, Grantham, PA
Mon.	Jan. 11	7:30 pm	AT CAPITOL (Beaver College)
Weds.	Jan. 13	7:30 pm	AT Shenandoah College, Winchester, Virginia
Sat.	Jan. 16	3:00 pm	AT CAPITOL (Cabrini College)
Thurs.	Jan. 21	8:00 pm	AT CAPITOL (York College of Penna.)
Mon.	Jan. 25	8:00 pm	AT CAPITOL (Phila. Pharmacy)
Weds.	Jan. 27	7:30 pm	AT CAPITOL (Wilmington College, Del.)
Fri.	Jan. 29	8:00 pm	AT N.J. Institute of Technology, Newark, N.J.
Sat.	Jan. 30	3:00 pm	AT CAPITOL (Southeastern University)
Mon.	Feb. 1	8:00 pm	AT CAPITOL (Spring Garden College)
Fri.	Feb. 5	8:00 pm	AT Eastern College, St. Davids, PA
Sat.	Feb. 6	2:00 pm	AT Cabrini College, Radnor, PA
Mon.	Feb. 8	7:30 pm	AT CAPITOL (Alvernia College)
Tues.	Feb. 9	7:30 pm	AT CAPITOL (Shenandoah College, Va.)
Sat.	Feb. 13	2:00 pm	AT CAPITOL (College Misericordia)
Mon.	Feb. 15	7:00 pm	AT CAPITOL (Valley Forge Christian College)
Weds.	Feb. 17	7:30 pm	AT CAPITOL (Juniata College)
Sat.	Feb. 20	5:00 pm	AT Southeastern University, Washington, D.C.
Fri. & Sat.	Feb. 26 & 27	TBA	KEYSTONE ATHLETIC CONFERENCE TOURNAMENT

Reuben M. Smitley - Athletic Director
Dan Phillips - Head Basketball Coach

BOWLING SCHEDULE

Oct. 3	1:00 pm	AT Capitol (Howard Building)
Oct. 10	1:00 pm	AT Gettysburg State
Oct. 11	1:00 pm	AT Lincoln University
Oct. 18	1:00 pm	AT University of Maryland
Oct. 24	1:00 pm	AT Capitol (Bloomsburg State)
Oct. 25	1:00 pm	AT Capitol (Pennsylvania State University)
Oct. 31	1:00 pm	AT Villanova University
Nov. 7	1:00 pm	AT Capitol (Temple University)
Nov. 14	1:00 pm	AT Capitol (George Washington University)
Nov. 21	1:00 pm	AT Drexel University
Nov. 22	1:00 pm	AT Temple University
Jan. 9	1:00 pm	AT Capitol (Gettysburg State)
Jan. 10	1:00 pm	AT Capitol (Drexel University)
Jan. 30	1:00 pm	AT Capitol (University of Maryland)
Feb. 6	1:00 pm	AT George Washington University
Feb. 7	1:00 pm	AT Howard University
Feb. 14	1:00 pm	AT Capitol (Lincoln University)
Feb. 21	1:00 pm	AT Capitol (Villanova University)
Feb. 27	1:00 pm	AT Bloomsburg State
Feb. 28	1:00 pm	AT Pennsylvania State University

SOCCKER SCHEDULE

Wed.	Sept. 30	3:30 pm	AT Mont Alto Campus, Mont Alto, PA
Sat.	Oct. 3	12:00 N	AT Northampton Community College, Bethlehem, PA
Tues.	Oct. 6	7:00 pm	AT Capitol (Eastern College)
Wed.	Oct. 7	7:00 pm	AT Capitol (PSU/York Campus)
Sat.	Oct. 10	2:00 pm	AT Southeastern University, Washington, D.C.
Wed.	Oct. 14	4:00 pm	AT Cabrini College, Radnor, PA
Sat.	Oct. 17	2:00 pm	AT Philadelphia College of Bible, Langhorne, PA
Thurs.	Oct. 22	7:00 pm	AT Capitol (Valley Forge Christian College)
Sat.	Oct. 24	1:00 pm	AT Capitol (Spring Garden College)
Mon.	Oct. 26	7:00 pm	AT Capitol (Lancaster Bible College)
Wed.	Oct. 28	7:00 pm	AT Capitol (Cabrini College)